



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Applied Science

School of Nursing

# NURSING MATTERS



## New Canada Research Chair at UBC School of Nursing announced

Congratulations to UBC Nursing associate professor [Dr. Emily Jenkins](#) on a 5-year Tier II CIHR Canada Research Chair (CRC) in *Population Health Approaches to Mental Health and Substance Use*.

Dr. Jenkin's CRC research program will build strengths-based approaches to mental health and substance use in partnership with youth and their communities.

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## 2022 NNPBC Awardees

Congratulations to the three UBC School of Nursing recipients of Nurses and Nurse Practitioners of BC (NNPBC) awards. Each has changed the face of nursing in this province through their commitment to the profession and major contributions to better health care in BC.

- [Dr. Elizabeth Saewyc](#), Excellence in Nursing Advocacy
- [Dr. Colleen Varcoe](#), Lifetime Achievement Award
- [Dr. Fairleth McCuaig](#), Excellence in Teaching Award

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## UBC Honorary Alumni Award

Congratulations to recipient of the alumni UBC 2022 Achievement Awards, UBC professor emerita, nurse, and midwife, [Elaine Carty](#) is a pioneer in women's health who helped introduce midwifery into the Canadian healthcare system.

[Watch Video](#)



## Outstanding Woman Researcher 2023

Congratulations to UBC Nursing assistant professor, [Dr. Saima Hirani](#), on being selected as the 2023 recipient of the Outstanding Woman Researcher in Mental Health Promotion from Venus International Women Awards.

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## Health System Impact Fellow: Bonnie Leung

Congratulations to UBC Nursing doctoral student **Bonnie Leung** on being awarded a CIHR Health System Impact Fellowship at BC Cancer for her project, [Improving access to diagnosis and care of cancer-related spinal cord injury for patients with language barriers.](#)



## Interview with Kerry Marshall

Featured as part of UBC Graduate Studies' "Meet our Students" series, get to know UBC Nursing doctoral trainee **Kerry Marshall** a little better with this recent Q&A.

She is conducting research on *Social Justice in Nursing Education* with support from her

[Dr. Leah Lambert](#) is her health system supervisor for this project, and her doctoral supervisors are [Dr. Sally Thorne](#) and [Dr. Kristen Haase](#)

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## CTLT: Health equity and climate change in the classroom

Join UBC Nursing faculty [Raluca Radu](#) and panelists on **December 12, 2022**, to discuss their experiences developing and implementing curriculum that combines themes of wellbeing and equity with the health and resilience of the natural ecosystems that sustain human life

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co-supervisors [Dr. Vicky Bungay](#) and [Dr. Lydia Wytenbroek](#).

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## CTLT: Changing Conversations One Debrief at a Time

On **December 15, 2022**, join UBC Nursing faculty [Carla Ferreira](#) and [Kymberley Bontinen](#) who will share insights into the advocacy/inquiry method of debriefing. Participants will have the opportunity to explore how this type of debriefing can facilitate reflection for growth and development.

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## Behind the Science: Promoting women's mental health through social interventions

UBC Women's Health Research Cluster featured [Dr. Saima Hirani](#) and her work on the "Behind the Science" blog.

Dr. Hirani shared her experiences on the development and testing of social support interventions for strengthening women's resilience and quality of life.

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## Nursing research fostered at BC Cancer

A first of its kind in Canada, BC Cancer's Nursing and Allied Health Research and Knowledge Translation (NAHRKT) department was launched in January 2021 with [Dr. Leah Lambert](#) as Executive Director and Senior Scientist.

Dr. Lambert is supporting nursing trainees such as [Jagbir Kaur](#), [Heather Kilgour](#), and Amber Bourgeois

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## 2023 Nursing Alumni Recognition Awards Nominations

Nominations for the 2023 Nursing Alumni Recognition Awards are now open! **Do you know deserving alumni who should be recognized?**

There are three different awards to choose from, and the deadline for submissions is **February 1, 2023**.

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## UBC Nursing's annual Research Report (2021/22) released

The UBC School of Nursing's annual research report is now available online. The report highlights the research activities and successes of UBC School of Nursing faculty, students, and staff over the 2021/2022 period.

[Read the Report](#)



## Celebrating diversity and fostering inclusion to improve the health of LGBTQ2S youth

CIHR featured [Dr. Elizabeth Saewyc's](#) research as an example of how the environment in which we grow up can



## Reframing masculinity: Connecting men to mental health supports that work

It has been called a silent epidemic. In Canada, men account for about 80% of all

have profound impacts on physical and mental health.

Dr. Saewyc, Executive Director of UBC's [Stigma and Resilience Among Vulnerable Youth Centre \(SARAVYC\)](#), and her research team are exploring how to create more supportive environments for LGBTQ2S (Lesbian, Gay, Bisexual, Transgender, Queer and Two-Spirit) youth.

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Capacity  
Research Unit

## Nurses' enactment of equity-promoting practices in the ED

The [Capacity Research Unit](#) presents a webinar with Dr. Allie Slemon on November 4, 2022.

Dr. Allie Slemon will present from her dissertation research on the significant and persistent inequities in the provision of health care, and the calls for nurses to respond to structural inequities by enacting values of equity and social justice

[Watch Recording](#)

suicides – and many are without the support and treatment they need.

"Depression and anxiety are wrapped up in a lot of stigma, which can deter men from opening up about the challenges they're facing and asking for help," says [Dr. John Oliffe](#), the founder and lead researcher of the [Men's Health Research Program](#) at the University of British Columbia

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## Ethics for Educational Nursing Research

This practical online workshop held on November 16, 2022 aims to help those conducting nursing educational research to navigate UBC's Behaviour Ethics Research Board (BREB) processes including:

- Differences between quality improvement vs research
- Supports – templates, samples, checklists, staff

The [presentation slides](#) are also available.



## RESEARCH TO IMPACT

Skills, practices and tools for Knowledge Exchange and Mobilization

### UBC Knowledge Exchange & Mobilization Course

Register for Research to Impact: Skills, practices and tools for knowledge exchange and mobilization (KxM) — an eight-week training program for those hoping to enhance their capacity to do public scholarship.

Zoom sessions (with KxM experts):

- Fridays, Feb 3 - April 6

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### KT 101: Starting a Lab Twitter Account

Entering the realm of social media can seem daunting, but with a little guidance, engaging with the public can be very rewarding. UBC Nursing assistant professor, CRC in Senior Care, and CHÉOS Scientist, [Dr. Lillian Hung's](#) leads the [IDEA Lab](#), which has a very active Twitter account engaging researchers, clinicians, students, and more.

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## PUBLICATIONS

*\* denotes UBC Nursing trainees & alumni*

[Reaching out to those we teach about: a qualitative appreciative inquiry of older persons' experience as mentors in a bachelor of nursing programme during the Covid-19 pandemic](#)

*International Practice Development Journal*

[Frances Affleck](#), [Lillian Hung](#), and [Alison Phinney](#)

[Autonomy and \(In\)Capacity to Consent in Adolescent Substance Use Treatment and Care](#)



*Journal of Adolescent Health*

[Trevor Goodyear\\*](#), [Emily Jenkins](#), R. Knight 3, K.-O. Sedgemore, M. White, T. Culham, D. Fast **[Taking Practical Steps: A Feminist Participatory Approach to Cocreating a Trauma- and Violence-Informed Physical Activity Program for Women](#)**

*Violence Against Women*

Francine Darroch\*, [Colleen Varcoe](#), Gabriela Gonzalez Montaner, J. Webb, M. Paquette

**[Culture Change in Long-Term Care-Post COVID-19: Adapting to a New Reality Using Established Ideas and Systems](#)**

*Canadian Journal on Aging*

I. Iyamu, L. Plottel, M.E. Snow, W.Zhang, [Farinaz Havaei](#), J. Puyat, R. Sawatzky, A. Salmon

**[History and Future Directions of the “Sylvia” Think Tank](#)**

*UBC cIRcle - Open Collections*

[Joan Anderson](#), Heather McDonald\*, [Patricia Rodney](#), [Ranjit Dhari](#), Brenda Sawatzky-Girling

[The “Sylvia” Think Tank (STT) is comprised of a self-funded, diverse, intergenerational and interdisciplinary group of academics, health care and social service practitioners, and community leaders involved in social justice-related advocacy work.]

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## MEDIA COVERAGE

**Teen marijuana poisonings have skyrocketed. How to keep your child safe**

UBC Nursing associate professor [Dr. Emily Jenkins](#) suggested ways for parents to talk to children about cannabis.

[TIME magazine](#) via [Yahoo](#)

**I Don’t Want to Die Without Finding Housing for My Daughter**

UBC Nursing post-doctoral fellow, [Dr. Sandra Marquis](#), shares personal and research perspectives on aging parents and their adult children with intellectual and developmental disabilities advocating for scarce subsidized rentals.

[The Tyee](#)

**Daylight saving time 2022: Here’s when to turn your clocks back this month**

UBC Nursing professor emeritus [Dr. Wendy Hall](#) noted the drawbacks of falling back to Standard Time in the fall.

[Global](#) via [Country 105FM](#), [CJOY 1406FM](#), Postmedia via [Vancouver Sun](#), [The Province](#)

**As clocks turn back this weekend, most people want an end to time change**

UBC nursing professor emeritus [Dr. Wendy Hall](#) discussed the benefits and drawbacks of time change.

[Global](#), [CHEK](#)

### **How students are preparing for a climate-changed future**

Helping people take action can lessen climate anxiety by combating paralysis, says [Raluca Radu](#), UBC School of Nursing Lecturer, who teaches a second-year course on the [Health Impacts of Climate Change](#).

[UBC News](#)

### **Doctors slam Canada's 'perverted' new law that allows people to be euthanized if they are suffering from mental health problems**

UBC Nursing professor [Dr. Sally Thorne](#) gave comments on Canada's law on medically assisted dying.

[Daily Mail](#)

### **Dealing with a breakup? UBC study looks at healthy ways to cope**

A study by UBC nursing professor [Dr. John Oliffe](#) (Men's Health Research Program) explained how men can find healthy ways to recover from a partner-initiated breakup.

[City News \(Vancouver\)](#), [Daily Hive](#), [City News \(Calgary\)](#)

### **The stories men tell themselves after getting dumped**

When a partner breaks up with them, men often try to make sense of it by telling themselves stories about how it happened. Some of these stories are more helpful than others in helping the men move forward, suggests [new research](#) by UBC men's health researcher and Canada Research Chair professor [Dr. John Oliffe](#).

[UBC News](#)

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