



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Applied Science
School of Nursing

NURSING MATTERS



New Online Tool Supports Women in Violent Relationships

A new app, [myPlan Canada](#), could help guide women experiencing intimate partner violence to a position of better health and security. It is a free tool that offers users a personalized safety plan based on factors such as their location, their employment and family status and their proximity to their abuser.

“Very few women living in violent circumstances reach out to helplines, shelters or domestic violence programs for support,” says [Dr. Colleen Varcoe](#), a UBC Nursing professor and co-leader of the project.

“Our hope is that this app will enable more women to consider the options that are available to them, and to take action, if necessary, to protect themselves.”

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Recent Research Funding Recipients

Congratulations to the UBC Nursing faculty with recent funding successes who continue to conduct competitively funded research despite the many disruptions of the COVID-19 pandemic: The project, ***Evaluation of rapid redesign and resource deployment in Long-Term Care during COVID-19***, led by [Dr. Farinaz \(Naz\) Havaei](#) and team ([Dr. Maura MacPhee](#), [Dr. Alison Phinney](#), David Keselman) was one of ten projects funded by the MSFHR COVID-19 Research Response Funding.

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UBC School of Nursing assistant professor, [Dr. Lillian Hung](#), is collaborating with SFU's Dr. Woo Soo Kim on a recently funded NSERC Alliance grant, ***Development of a Portable Mechanical Ventilator using 3D Origami Tubes to Fight COVID-19***.

[READ MORE](#)

UBC Nursing clinical assistant professor, [Dr. Meaghan Thumath](#), is a recipient of the CIHR Canadian HIV Trials Network's 2020-2021 CTN Postdoctoral Fellowship Award for her project, ***Equity oriented interventions to improve substance use disorder treatment for marginalized women in Canada***.

[READ MORE](#)

UBC Assistant Professor of Teaching, [Dr. Cheryl Segaric](#), is the recipient of the UBC Scholarship of Teaching and Learning (SoTL) Seed Program for her project, ***The lived experience of new teachers' navigation across the landscape of practice in nursing education: A interpretive phenomenological study***.



Strategies to Relieve End-of-Life Suffering

COVID-19 is putting unique demands on palliative care services. Medical Assistance in Dying (MAiD) is less accessible due to concerns of infection, and palliative sedation is being used more to alleviate the end of life distress association with COVID-19.

UBC Nursing professor [Dr. Sally Thorne](#) and Dr. Barb Pesut are leading work capture these evolving trends as they unfold during this pandemic context.

[Read More](#)



Jim Mann receives UBC Honorary Degree

Congratulations to Jim Mann, a longtime patient research partner with [Dr. Alison Phinney](#) and [Dr. Lillian Hung](#), on being awarded an honorary Doctor of Laws degree from UBC.

Jim has dedicated himself to countering negative stereotypes and promoting an inclusive society in which persons with dementia can make an active and meaningful contribution.

[Read More](#)



APSC Rising Stars

Congratulations to 2020 APSC Rising Stars Nikko Asistio and Arlene Singh - graduates of the [MHLP Clinical Education](#) program. Nikko is a Clinical Operations Manager in Fraser Health Authority, overseeing two Urgent Primary Care Centres in the lower mainland. Arlene is a Clinical Planner for Virtual Health with Vancouver Coastal Health with 8 years of experience as an emergency nurse.

[Read More](#)



Gillian McKay, BSN'09

UBC ALUMNI STORIES:

Gillian McKay, BSN'09, currently works as a Humanitarian Health Advisor in London, U.K. following her first role as a Registered Nurse at VGH.

Gillian shares how the current COVID-19 pandemic is shaping her career and provides advice to the Class of 2020 on how to navigate uncertain times.

[Read More](#)



Adopting mid-course feedback in an online course

[Dr. Farinaz \(Naz\) Havaei](#) is an Assistant Professor at the School of Nursing at the University of British Columbia.

[Watch Video](#)

Archived COVID-19 webinars @UBC

Hear from UBC experts from Nursing and Psychology to discuss what nurses can teach us from supporting patients, and the science behind coping with stress.

[Watch Video](#)

PUBLICATIONS

* denotes trainees

Population segments as a tool for health care performance reporting: an exploratory study in the Canadian province of British Columbia

BMC Family Practice

J. Langton, [Sabrina Wong](#), F. Burge, A. Choi, N. Ghaseminejad-Tafreshi, S. Johnston, A. Katz, R. Lavergne, D. Mooney, S. Peterson, K. McGrail

The impact of workplace violence on medical-surgical nurses' health outcome: A moderated mediation model of work environment conditions and burnout using secondary data

International Journal of Nursing Studies

[Farinaz Havaei](#), OL Olvera Astivia, [Maura MacPhee](#)

Overcoming adversity: a grounded theory of health management among middle-aged and older gay men

Sociology of Health & Illness

Ingrid Handlovsky*, [Vicky Bungay](#), Joy Johnson, [John Oliffe](#)

Rethinking Carper's personal knowing for 21st century nursing

Nursing Philosophy

[Sally Thorne](#)

Human rights and nursing codes of ethics in Canada 1953–2017

Nursing Ethics

Dawn Tisdale, Paisly Symenuk*

Facing the unknown: uncertain fertility in young adult survivors of childhood cancer

Journal of Cancer Survivorship

Kelly Newton*, [A. Fuchsia Howard](#), [Sally Thorne](#), M.T. Kelly, K. Goddard

A provincial study of nurses' psychological health and safety in British Columbia, Canada

Final Report

[Farinaz Havaei](#), [Maura MacPhee](#), C.B. McLeod, A. Ma, A. Gear, C. Sorensen

MEDIA COVERAGE

Indigenous people don't feel safe accessing health care. Here's what has to change

[Dr. Colleen Varcoe](#), a UBC School of Nursing professor, discussed how the current dynamics faced by Indigenous people trying to access health care create a perfect storm for the enactment of discrimination and racism.

[The Tyee](#)

Healthcare racism probe must go to systemic roots

According to a study led by UBC professor [Dr. Annette Browne](#), which found, "Indigenous peoples experience individual and systemic discrimination when seeking health care despite efforts within the health care sector to promote cultural sensitivity and cultural safety."

[Victoria News](#), [Maple Ridge News](#), [Coast Mountain News](#), [Rocky Mountain News](#)

Indigenous people within the healthcare system

UBC Nursing professor [Dr. Colleen Varcoe](#) was interviewed about challenges and discrimination Indigenous people face within the healthcare system, and what to do to have their needs met.

[APTN First Talk](#)

Indigenous nurses work to help patients feel safe

"I always knew that I wanted to do something that would help people," says Métis nurse [Jessy Dame](#), who is finishing his master's degree in nursing at UBC.

[CBC](#)

COVID-19 survey highlights growing suicide and mental health risks across various groups

COVID-19 has significantly increased the suicide risk for Canadians with preexisting mental health challenges and experiences of marginalization, reveals a new survey led by [Dr. Emily Jenkins](#).

[UBC News](#)

Survey reveals link between COVID-19 stress and mental illness worries

New research led by UBC Nursing assistant professor [Dr. Emily Jenkins](#) and the Canadian Mental Health Association showed that COVID-19 has increased the suicide risk for Canadians with pre-existing mental health challenges and experiences of marginalization.

[Global](#), [MSN](#), [Yahoo](#), [Vancouver is Awesome](#), Agence France Presse via [France 24](#), [Yahoo \(Australia\)](#), [India Today](#), [RTL](#)

Parents with children under 18 reporting troubling tolls to their mental health: survey

News 1130 highlighted a new nationwide survey led by UBC Nursing assistant professor [Dr. Emily Jenkins](#) and the Canadian Mental Health Association, that showed the COVID-19 pandemic has caused intense

stress and disruption for all Canadians. It found 1 in 10 of these parents had thoughts or feelings of suicide during the pandemic.

[News 1130](#), [CityNews](#)

Pandemic's mental health toll is hammering marginalized people

A new report released today by UBC researcher [Dr. Emily Jenkins](#) and the Canadian Mental Health Association found that 39 per cent of people in Canada say their mental health has declined due to COVID-19.

[CTV](#)

Nurses working in acute care report high levels of stress

The BC Nurses Union has commissioned another study on psychological health and safety, which is looking at nurses' mental health before and after the pandemic. The study is being led by [Dr. Farinaz \(Naz\) Havaei](#) in the UBC School of Nursing.

[Vancouver Sun](#)

Study shows high levels of burnout, PTSD, injury among B.C. nurses pre-pandemic

A UBC study, conducted by [Dr. Farinaz \(Naz\) Havaei](#), was commissioned by the BC Nurses Union. The study found high levels of burnout, PTSD, and workplace injury plagued nurses working in acute care, long-term care, and community care settings.

[News 1130](#)

Time-out room to 'yell or cry' created for frontline workers at Vancouver hospital

Media interviewed UBC nursing alumni [Lara Gurney](#) and Lori Quinn about ways to reduce fatigue and burnout among healthcare staff.

[CTV](#), [Daily Hive](#)

This B.C. hospital just got a 'time-out' room and staff use it to scream and cry

UBC nursing alumni [Lara Gurney](#) and Lori Quinn were interviewed about their project, the "wobble room," a time-out space at Vancouver General Hospital that is open to healthcare staff to unwind, to vent or to connect as needed, at any time of day.

[Narcity](#)

Men can click their way to better health

Men who regularly used a free web resource made significantly more health changes than men who did not, finds study lead author [Dr. John Oliffe](#), a nursing professor who leads the men's health program at UBC.

[UBC News](#)

The help men can get online could save their lives

Men are among the most reluctant to seek medical care, but a new study co-led by [Dr. John Oliffe](#) finds that online resources can boost their overall health even if they don't see a doctor regularly.

[The Tyee](#), [National Observer](#), [Free Press](#), [Surrey Now-Leader](#), [Abbotsford News](#), [Chilliwack Progress](#), [Victoria News](#), [Kelowna Capital News](#), CKNW Jill Bennet Show

Elder Abuse Awareness

CKNW's Maureen McGrath talks with [Dr. Jennifer Baumbusch](#) about elder abuse just before World Elder Abuse Awareness Day.

[The Sunday Night Health Show](#) (June 14 episode)

What does defunding police mean for sexual assault victims?

Global quoted UBC nursing professor [Dr. Elizabeth Saewyc](#) about high levels of violence or discrimination towards trans and non-binary youth in Canada and the scarcity of data.

[Global News](#), [MSN](#)

London co-developed app helps abused women create safety

plan UBC nursing professor [Dr. Colleen Varcoe](#) co-developed a new app to assist women in violent relationships with assessing risks and planning the next steps to get to safety.

[Blackburn News](#), CKNW

Funding Deadlines

July 15, 2020: [New Frontiers in Research Fund: Transformation LOI](#)

July 16, 2020: [Banting Postdoctoral Fellowship](#)

July 17, 2020: [2020 MSFHR Health Professional-Investigator Award](#)

July 17, 2020: [Grand Challenges Canada Global Mental Health](#)

July 21, 2020: [CIHR: SPOR SUPPORT Unit Phase II](#)

July 25, 2020: [Laura Bassi Scholarship](#)

July 31, 2020: [PWIAS: Systems Approach to Social Change](#)

July 31, 2020: [WorkSafeBC – Changing nature of work and the work environment research](#)

July 31, 2020: [Downtown Eastside \(DTES\) Grants Program](#)

Aug. 5, 2020: [CIHR Team Grant LOI: Food Security & Climate Change in the Canadian North](#)

Aug. 18, 2020: [New Frontiers in Research Fund – Exploration NOI](#)

Sept. 15, 2020: [SSHRC PEG – COVID-19 Special Initiative](#)

Sept. 16, 2020: [Community-University Engagement Support \(CUES\) Fund](#)

Sept. 28, 2020: [MSFHR Convening & Collaborating \(C2\)](#)

Sept. 28, 2020: [MSFHR Reach](#)

Open Funding Calls

- [MITACS COVID-19 Accelerate Program](#)
- [sparc bc Homelessness Community Action Grant](#)
- [UBC SoTL Dissemination Fund](#)
- [Vancouver Foundation Systems Change – Develop Grant](#)
- [Vancouver Foundation – PAR Convene Grants](#)
- [PWIAS Theme Development Workshops](#)
- [MITACS Accelerate Graduate Internships](#)
- [MITACS Accelerate Graduate Fellowship](#)
- [Cdn Cancer Society – Community Grants Program](#)
- [PWIAS COVID-19 Rapid Publication Working Groups](#)

Call for Abstracts

JMIR Nursing: ["Theme Issue 2020: Nursing Informatics and COVID-19"](#)

Oct. 15, 2020: [SSHRC Insight Grant](#)

Dec. 1, 2020: [Sigma Small Grants](#)

Dec. 1, 2020: [Sigma / Canadian Nurses Foundation Grants](#)

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