

NURSING MATTERS





New Toolkit Helps Tackle Climate Anxiety

UBC graduate student <u>Natania Abebe</u>, a registered nurse completing a dual master's degree in public health and nursing, worked with other students and faculty experts at UBC to create the short film <u>Climate Change and Mental Health</u>, along with a <u>toolkit</u> for processing climate-related anxiety and stress.

UBC Nursing lecturer <u>Raluca Radu</u>, who teaches the course <u>NURS 290</u> on the health impacts of climate change, is featured in the film discussing strategies and resources to cope with climate anxiety.



New report shows improvements in LGBTQ youth lives and health, but more work needed

UBC's Stigma & Resilience Among Vulnerable Youth Centre (SARAVYC), led by UBC Nursing director and professor <u>Dr. Elizabeth Saewyc</u>, and the McCreary Centre Society released a <u>new report</u> that shows improvements in LGBTQ teens' lives and health compared to 10 years ago.



Climate and Health are Interrelated

UBC Nursing lecturer Raluca
Raduelaborates on the widespread
health impacts caused by forest fires in
British Columbia. Ms. Radu discusses
her case study that incorporates climate
education with health education. Future
health care providers need to have
foundational knowledge of the health
impacts of climate change.

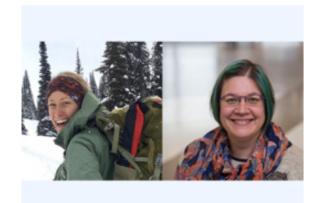
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Killam Scholar - Kerry Marshall

UBC School of Nursing's PhD student Kerry Marshall has been selected as a 2022-2023 Killam Doctoral Scholarship Awardee for her proposal, *Social justice in nursing education: A critical inquiry using discourse analysis*.

Her supervisors are <u>Dr. Vicky</u> <u>Bungay</u> and <u>Dr. Lydia Wytenbroek</u>.



CUES Projects 2021-22

Congratulations to <u>Dr. Jennifer</u>

<u>Baumbusch</u> and <u>Kelsey Timler</u> on receiving support for their community-university projects.

Dr. Baumbusch's project titled "Addressing community-identified needs in inclusive education for students with disabilities and complex learning needs during and following the COVID-19 pandemic" and Kelsey Timler's project "Food justice for women on parole: A participatory action community partnership" were accepted.

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Women of Distinction Awards - Cheyenne Johnson

Congratulations to UBC Nursing adjunct Cheyenne Johnson on receiving the 2022 YWCA Women of Distinction Award.

Cheyenne is recognized for efforts in advancing measures to treat substance use addiction and harms. Cheyenne also helped establish the Addiction Nursing Fellowship to prepare nursing fellows to work clinically in the field of addiction.



Call for Proposals

The UBC School of Nursing's Anti-Racism Committee (ARC) and the Office of Nursing Research & Teaching Scholarship (ONRTS) invites applications to fund a project to visually represent an inclusive history of

nursing: <u>Decolonizing and Inclusive</u>
<u>Representations of the History of</u>
<u>Nursing.</u>

Deadline: June 15, 2022

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UBC Nursing Gala

Join the UBC School of Nursing for an online Nursing Gala 2022 to celebrate the recipients of this year's awardees:

- ALUMNI AWARDS
- PRECEPTOR AWARDS

Date: May 10, 2022

Register for GALA



UBC Health After 2020

UBC Health is hosting a <u>Health After</u> 2020 <u>Dialogue Sessions</u> series to respond to the broad effects of the COVID-19 pandemic.

Don't miss <u>Dr. Colleen Varcoe's</u>session from April 27, 2022 on: *Exploring barriers* and facilitators to health equity: A public dialogue to advance research agendas



Every Tuesday this May, join us to learn about how health research is driving innovation and improvement in BC!



5 Days in May

Five Days in May is a provincial collaboration between BC Health Authorities that is designed to educate, inform, and inspire. Be sure to check out a few UBC Nursing speakers:

related to opioid prescribing for pain conditions.

Watch Now

- <u>Dr. Lillian Hung</u> Strategies to Enhance Quality of Life Amongst Seniors
- <u>Dr. Leah Lambert</u>, <u>Dr. Tara</u>
 <u>Horrill</u> Health and Healthcare
 Equity in the Cancer Care Sector

Learn More



Team-based Care Clinic at UBC

The UBC Gateway Health Building will house a team-based primary care teaching clinic, expected to open in 2024. The clinic will enable students to be better equipped to carry the requisite knowledge, skills, and values into their future practice of collaborative, interprofessional, team-based patient care that will ultimately enhance patient and caregiver experience and improve the health of people in British Columbia.

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Supporting Seniors Through Song

UBC Nursing's Assistant Professor Dr.
Lillian Hung led a study with the
Vancouver Coastal Health Research
Institute to understand how music
impacted senior care experience and
delivery. The study took place in an adult
mental health care unit where Dr. Hung
used wireless silent disco headphones to
help patients cope with challenges such as
noise. Using music therapy for the patients
also provided pain relief and assisted in
regulating their emotions.

PUBLICATIONS

* denotes UBC Nursing trainees & alumni

The mental health impact of the COVID-19 pandemic on Canadian critical care nurses

Intensive and Critical Care Nursing

Sarah Crowe, A. Fuchsia Howard, B. Vanderspank

Stigmatizing and de-Stigmatizing Properties of Web Apps for Sexual Health-Related Conditions: A Scoping Review

International Journal of Sexual Health

Abdul-Fatawu Abdulai*, A. Fuchsia Howard, Leanne M. Currie

<u>The Ethics of Financial Incentivization for Health Research Participation Among Sex</u> <u>Workers in a Canadian Context</u>

Qualitative Health Research

Vicky Bungay, A. Guta, Allie Slemon*, Colleen Varcoe, S. Comber

<u>Associations between Developing Sexuality and Mental Health in Heterosexual</u> <u>Adolescents: Evidence from Lower- and Middle-Income Countries—A Scoping</u> <u>Review</u>

Adolescents

N. S. Punjani, E. Papathanassoglou, K. Hegadoren, Saima Hirani, Z. Mumtaz, M. Jackson

Fatalism, distrust, and breast cancer treatment refusal in Ghana

Canadian Oncology Nursing Journal

W. J. Salisu, J. Mirlashari, K. Seylani, S. Varaei, Sally Thorne

The evolving language of diversity

Nursing Inquiry

Sally Thorne

Internet access is a necessity: a latent class analysis of COVID-19 related challenges and the role of technology use among rural community residents

S. Dow-Fleisner, C. Seaton, E. Li, K. Plamondon, N. Oelke, D. Kurtz, C. Jones, <u>Leanne Currie</u>, B. Pesut, K. Hasan, K. Rush

MEDIA COVERAGE

New report shows improvements in LGBTQ youth lives and health, but more work needed

A new report by UBC's Stigma and Resilience Among Vulnerable Youth Centre (SARAVYC), led by <u>Dr. Elizabeth Saewyc</u>, and the McCreary Centre Society reveals that most of B.C.'s LGBTQ teens experience safer environments and fewer health risks than previous generations, but more work is still needed to bridge the gap between them and their straight peers.

<u>UBC News, CBC On The Coast, Glacier Media via Vancouver is Awesome, North Shore News, New Westminster Record, Powell River Peak, Delta Optimist, Alaska Highway News, Black Press Media via Penticton Western News, Fernie Free Press, Parksville Qualicum Beach News, Trail Times, Lake Cowichan Gazette, Saanich News</u>

A toolkit for climate anxiety

UBC nursing and public health graduate student **Natania Abebe** discussed a toolkit she created with her colleagues to help people process climate-related anxiety and stress. <u>CBC On the Coast, CBC Radio West, ICI Radio-Canada, CBC All Points West, CTV News, Global News, UBC News</u>

Building healthy relationship skills supports men's mental health

Researchers at the UBC's Men's Health Research Program, <u>Dr. John L. Oliffe</u>, <u>Gabriela Gonzales Montaner</u> and Mary Theresa Kelly, wrote about why making strength-based relationship skills resources a priority can have clear benefits for men's well-being. <u>The Conversation</u> via <u>Coast Reporter</u>, <u>New Westminster Record</u>, <u>Richmond News</u>, <u>Yahoo</u>

Culturally specific day programs improve seniors' mental health but more are needed, advocates say

UBC School of Nursing associate professor <u>Dr. Jennifer Baumbusch</u> gave comments on the need for more culturally specific day programs to improve seniors' mental health. CBC

Survey suggests fewer Canadians feel empathetic amid ongoing COVID-19 pandemic

A survey conducted by the CMHA and UBC researchers showed that feelings of empathy have eroded over the course of the pandemic. UBC Nursing associate professor <u>Dr. Emily Jenkins</u> was quoted.

Global, CTV, Y108, Edmonton Journal

For more research opportunities:

RESEARCH FUNDING

EXTERNAL EVENTS

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