



UBC Nursing - Annual Research Report (2019/20)

The UBC School of Nursing's annual Research Report is now available online. Celebrate the many research highlights of 2019/2020 including impressive work to pivot in response to COVID-19.

Read the Report



Surviving the Intensive Care Unit

50% of ICU survivors develop Post Intensive Care Syndrome (PICS). Close to 40% will be readmitted to the hospital within the first year after being discharged. UBC Nursing assistant professor Dr. Fuchsia Howard is the recipient of the Michael Smith Foundation for Health Research Scholar Award to investigate Critical Illness Survivorship. Working with Dr. Gregory Haljan, Dr. Howard is exploring patient-centred healthcare solutions that enhance the accessibility and quality of care and improve patient and family outcomes.

Watch Video



Lactation - A Foundational Strategy for Health Promotion

UBC Nursing associate professor <u>Dr. Suzanne Campbell</u> and co-authors explore prevalent issues including equitable health promotion, breastfeeding during natural disasters and the Babyfriendly Hospital Initiative in their new book, <u>Lactation - A Foundational Strategy for Health Promotion</u>. The book, due to be released in January 2021, aims to inform all healthcare professionals on lactation basics.

Watch Interview





52nd annual Marion Woodward Lecture

The 52nd Marion Woodward Lecture, Nursing Leadership in the English NHS: Influencing Diversity, COVID-19 and Me, featuring Yvonne Coghill was webcast on October 29, 2020 with the generous support of the Mr. and Mrs. P. A. Woodward's Foundation.

Watch the recording or take a look at Yvonne Coghill's <u>lecture slides</u>.

UBC Nursing Symposium

The UBC Nursing Symposium, Navigating the Tempest: Nursing Practice during COVID-19, brought together BC nursing experts Jennifer Baumbusch, Vini Bains, Natasha Prodan-Bhalla and Yvonne Coghill with moderator Naz Havaei to discuss the opportunities and challenges of responding to COVID-19 in British Columbia and beyond.

Watch Recording

Watch Recording





THE UNIVERSITY OF BRITISH COLU

CAG Recognition Award for Excellence in Student Mentoring

Congratulations to <u>Dr. Alison Phinney</u> on being selected as the 2020 recipient of the *CAG Recognition Award for Excellence in Student Mentoring: In Honour of Evelyn Shapiro*. Canadians and citizens worldwide have benefitted from her outstanding role as a mentor to students in the field of gerontology. The CAG Recognition Award for Excellence in Student Mentoring: In Honour of Evelyn was announced at the virtual CAG Annual Scientific & Educational Meeting on October 22-24, 2020.

UBC Hampton New Faculty Grants

Congratulations to UBC Nursing recipients of the <u>UBC Hampton New Faculty Grants</u>, which aim to enhance UBC researchers' success with SSHRC and other major social sciences and humanities funding competitions:

<u>Dr. Saima Hirani</u>: Helping others and mental wellbeing: Exploring potential of this social act among youth

<u>Dr. Kristen Haase</u>: Understanding shifting roles and relations amongst older adult cancer survivors during a global pandemic
 <u>Dr. Lydia Wytenbroek</u>: Perioperative Nursing at Women's College Hospital in Toronto, 1915-1975

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Sexual Health Champion 2020 award

SSHRC Connection Grant

BC's Options for Sexual Health has named UBC Congratulations to UBC School of Nursing School of Nursing professor and Director, Dr. Elizabeth Saewyc, as the 2020 Sexual Health Champion. The award recognizes Dr. Saewyc and her SARAVYC team's longstanding research, education, and advocacy, especially around adolescent health and LGBTQ2S+ sexual health

professor emerita Dr. Wendy Hall and her team for their successful SSHRC Connection grant (\$32.610) for the project. An Indiaenous Elderled App to Support Indigenous Parents' Twoeyed Seeing for Parenting.

WOMEN'S HEALTH RESEARCH INSTITUTE AT BC WOMEN'S





WHRI Graduate Research Award in Women's Health

UBC Nursing doctoral student **Ismalia De Sousa** is the 2020 recipient of the stipend award WHRI Graduate Research Award in Women's Health for her research project titled, *Towards equitable care: Iearning from young women's experiences*, which will explore young women stroke survivors' experiences in accessing care through the patient pathway, considering their intersectional experience. Her supervisor is <u>Dr. Sally Thorne</u>.

AAHN Doctoral Student Research Grant

Vacoubian is the recipient of the the American Association of Nursing HIstory's (AANH) Doctoral Student Research Grant. He is studying the history of North American humanitarian organizations and nurses involved in relief efforts during and in the aftermath of the Armenian Genocide. His supervisor is Dr. Geertje Boschma.

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PUBLICATIONS

* denotes UBC Nursing trainees

"Healing on Both Sides": Strengthening the Effectiveness of Prison-Indigenous Community Partnerships Through Reciprocity and Investment

International Indigenous Policy Journal

<u>Colleen Varcoe</u>, <u>Helen Brown</u>, <u>Kelsey Timler</u>*, Melissa Taylor, Elizabeth Straus*

воок

How to Nurse: Relational Inquiry in Action (2nd Edition)

Gweneth Hartrick Doane, Colleen Varcoe

Interrogating play as a strategy to foster child health equity and counteract racism and racialization

Journal of Occupational Science

Alison Gerlach* & Annette Browne

Mentoring Graduate Students to Become Effective Teaching

<u>Assistants: Developing and Implementing a Student-Centred Program</u> for Nursing

Quality Advancement in Nursing Education

Genevieve Breau*, <u>Suzanne Campbell</u>, Carla Hilario*, Catherine Goldie*, Jennifer Auxier*, Bernie Garrett, and Colleen Varcoe

<u>Simulation Research Rubric: Further Analysis of Published Simulation</u> Studies and Future Implications

Clinical Simulation In Nursing

B. Mariani, T. Horsley, M. Fey, D. Gloe, T. Atz, <u>Suzanne Campbell</u>, A.

Daniels, C. Westmoreland Miller

Exploring the Relational Intervention of Storytelling: A Qualitative Study of the Patient Stories Project in a Single ICU

Critical Care Explorations

Lara Gurney*, Maura MacPhee, A. Fuchsia Howard, Patricia Rodney
COVID-19 information-related digital literacy among online health

consumers in a low-income country

International Journal of Medical Informatics

Abdul-Fatawu Abdulai*, Al-Hashim Tiffere, Fuseini Adam, Moses Musah Kabanunye

<u>Using the Synergy Tool to Determine Regina Emergency Department Staffing Needs</u>

Canadian Journal of Nursing Leadership

Maura MacPhee, J. Wagner, S. Udod, L. Berry, G. Perchie, A. Conway

EDITORIAL: On privilege and fragility

Nursing Inquiry

Sally Thorne

Evaluating a Tool to Support the Integration of Gender in Programs to Promote Men's Health

American Journal of Men's Health

L. Struik, A. Abramowicz, B. Riley, <u>John Oliffe</u>, Joan Bottorff, Lisa Stockton <u>Bereaved mothers' engagement in drug policy reform: A multisite</u> <u>qualitative analysis</u>

International Journal of Drug Policy

Emily Jenkins, Allie Slemon*, H. Morris, E. Hyshka, P. Schulz, R. Haines-Saah

Overdose among mothers: The association between child removal and unintentional drug overdose in a longitudinal cohort of marginalised women in Canada

International Journal of Drug Policy

Meaghan Thumath, D. Humphreys, J. Barlow, Putu Duff, M. Braschel, B. Bingham, S. Pierre, K. Shannon

The Challenges of Implementing Family-Centered Care in NICU from the Perspectives of Physicians and Nurses

Journal of Pediatric Nursing

Jila Mirlashari, <u>Helen Brown</u>, F.K. Fomani, Julie de Salaberry, T.K. Zadeh, F. Khoshkhou

Improving the outcomes for cancer survivors in Canada: An interactive approach to competency development using the newly released CANO/ACIO Survivorship Manual

Canadian Oncology Nursing Journal

L. Watson, Leah Lambert*, K. Chapman, M. Fitch

MEDIA COVERAGE

'It's like a pressure cooker in the house:' Calls to helplines jump during pandemic

<u>Dr. Colleen Varcoe</u>, a violence researcher and nursing professor at UBC, says she is not surprised the number of reports to some police agencies have stayed the same or dipped during the pandemic because there have been even fewer opportunities for victims to seek help.

<u>Canadian Press</u> via <u>CP24</u>, <u>CTV</u>, <u>National Post</u>, <u>CityNews</u>, <u>Breakfast Television</u>, <u>Ottawa Citizen</u>, <u>The Province</u>, <u>Vancouver Courier</u>, <u>North Shore News</u>, <u>Burnaby Now</u>, <u>Richmond News</u>, <u>New West Record</u>, <u>Tri-City News</u>, <u>Times Colonist</u>, <u>Castanet</u>, <u>HuffPost</u>, <u>Global</u>

Addicted: How Edmonton could solve its meth problem

Media mentioned a study by UBC Nursing assistant professor <u>Dr. Emily Jenkins</u> that found children tended to tune out "just say no" style messaging. She said Canada's approach to preventing substance use in youth is piecemeal and still largely focused on abstinence-based messaging. Edmonton Journal, Edmonton Sun

Few Canadians accessing online mental health support: UBC A national survey by UBC faculty Dr. Emily Jenkins and Dr. Chris

Richardson shows only a few Canadians are making use of virtual resources that could help them cope with the mental health impacts of the COVID-19 pandemic.

<u>CityNews (Montreal)</u>, <u>CityNews (Winnipeg)</u>, <u>CityNews (Edmonton)</u>, <u>660</u> <u>News, Burnaby Now, Tri-City News, Squamish</u>

Chief, Pique, Castanet, Prince George Citizen, Prince George

Matters, Maple Ridge News, Abbotsford News, Terrace Standard, CKPG Today, CKNW Mornings with Simi (6:00 mark), News 1130, CTV

Opinion: COVID-19 shows that we can't care for ICU survivors

<u>Dr. Fuchsia Howard</u>, an assistant professor at UBC's School of Nursing and a Michael Smith Foundation for Health research scholar, and Dr. Greg Haljan, a clinical professor at UBC's faculty of medicine, discussed the long-term health problems intensive care survivors experience and the support needed to transition them back into the community.

Healthing

Canada falls short in post-ICU care for COVID-19 patients

UBC nursing professor <u>Dr. Fuchsia Howard</u> was interviewed about her research that examines patients who've spent time in ICU for a range of conditions, including COVID-19, and monitors how they do once they're released.

Yahoo (Canada), Yahoo (US), Yahoo (UK), Yahoo (India), Breakfast Television

B.C. workers still at risk: mental health group

Business in Vancouver highlighted a national survey conducted by UBC nursing researcher, <u>Dr. Emily Jenkins</u>, in partnership with CMHA, found that nearly 40 per cent of Canadians feel their mental health has deteriorated since the onset of COVID-19 in March.

Business in Vancouver

As clocks turn back on Sunday, it's a chance to catch up on your sleep, experts say

<u>Dr. Wendy Hall</u>, a professor emeritus at UBC's School of Nursing, says the switch back to standard time will only exacerbate sleep disruptions linked to the COVID-19 crisis.

Canadian Press via News 1130, Vancouver Courier, North Shore News, Burnaby Now, Richmond News, New West Record, Tri-City News, Times Colonist, Daily Courier, MSN

The push to make anti-racism a key medicare principle

<u>Dr. Annette Browne</u>, a professor at UBC's School of Nursing, spoke about systemic and interpersonal racism in health care. Adding anti-racism to its existing pillars would send a strong message to health-care providers,

educators and leaders at all levels that combating systemic racism is work they are professionally obligated to carry out.

The Tyee, Yahoo

Health of transgender youth improving but stigma, violence still a concern

Canada's transgender youth are more supported in their identities nowadays, with more trans teens finds a new survey led by UBC researchers. Although the picture has brightened overall, significant challenges remain, says study lead Dr. Elizabeth Saewyc. For example, 25 per cent of transgender youth surveyed said they did not feel safe in their own home. Seventy-four per cent said they avoided public washrooms for fear of discrimination.

UBC Media Release

Online supports for COVID-19 stress are there—but Canadians aren't accessing them

Many Canadians are not making use of virtual resources that could help them cope with the mental health impacts of the COVID-19 pandemic, according to the latest analysis of a national survey led by UBC researcher <u>Dr. Emily Jenkins</u>, in partnership with the Canadian Mental Health Association (CMHA).

UBC News

Learning from the perspectives of older adult patients stuck in hospital 'limbo'

Despite difficulties with communicating, ALC patients want and need to be heard. As part of her PhD, <u>Mariko Sakamoto</u> recently completed a study about older adult alternate level of care (ALC) patients with dementia. Her study aimed to gain their perspectives as patients stuck in this limbo-like situation.

VCHRI News

Cultural outreach to stop the spread

UBC Nursing professor <u>Dr. Sabrina Wong</u> highlights the need for better communication with diverse communities is needed especially as evidence shows that people of colour are disproportionately impacted by COVID-19. CTV

Paperclips, rubber bands, elastics: How do you mask with a turban?

<u>Dr. Sabrina Wong</u> is a UBC Nursing professor and co-chair of the Centre for Health Services and Policy Research. She told CTV News with case numbers rising and no sign of a vaccine anytime soon, it's time to make sure diverse communities have the information they need and in a way that speaks to them.

CTV News

Health experts urge Ottawa to amend Canada Health Act to include anti-racism pillar

Anti-systemic racism initiative garners more than 1300 signatures. Health experts, including UBC Nursing's <u>Dr. Annette Browne</u>, urge Ottawa to amend Canada Health Act to include anti-racism pillar.

Globe & Mail

Funding & Award Deadlines

Nov. 20, 2020: Open Educational Resources (OER) Implementation grants

Nov. 25, 2020: LOI: Brain Health – Lifestyle Approaches and Microbiome

Nov. 30, 2020: <u>Transdisciplinary</u> <u>Understanding and Training on</u> <u>Research - Primary Health Care</u> (TUTOR-PHC)

Nov. 30, 2020: <u>UBC Health</u> <u>Innovation Funding Investment</u> (HIFI) Awards

Dec. 1, 2020: CIHR Postdoctoral Fellowship (Internal deadline: Nov.24)

Dec. 1, 2020: <u>Canada Graduate</u> <u>Scholarships – Master's award</u> Dec. 1, 2020: <u>Mitacs Globalink</u> Research Award Thematic Call

Dec. 1, 2020: Sigma Small Grants
Dec. 1, 2020: Sigma / Canadian

Nurses Foundation Grants

Dec. 2, 2020: Canadian Cancer Society Award Nominations

Dec. 3, 2020: Killam Postdoctoral

Fellow Research Prize

Dec. 12, 2020: CIHR Operating

Grant: ECIs in Maternal,

Reproductive, Child & Youth Health Dec. 15, 2020: SSHRC Partnership

Engage Grants

Dec. 17, 2020: SSHRC Knowledge Synthesis Grants (Mobility & Public Transit)

Dec. 18, 2020: <u>UBC Climate</u>

Education Grants

Jan. 15, 2021: WorkSafeBC
Trauma-related mental disorders'

External Events

Nov. 18, 2020: BC Rural Health

Research Exchange

Nov. 19-20, 2020: Competence Network Health Workforce Conference

Nov. 26, 2020: VCHRI Integrating Medical Devices to Streamline Health Care

Nov. 24, 2020: Impact of the COVID-19 pandemic on drug supply and utilization: Same but different

Dec. 3-5, 2020: <u>Indigenous Health</u>

Conference

Jan. 18-29, 2021: Virtual Dementia

June 16-18, 2021: <u>IPONS</u>

<u>Conference 2020 - Personhood in</u> healthcare

Aug. 21-22, 2021: Nursing

Informatics International Congress Aug. 29 – Sept. 1, 2021: 11th ICN

NP/APN Nursing Network

Conference

association with cardiovascular disease

Feb. 1, 2020: SSHRC Connection

Grant

Feb. 1, 2021: SSHRC Research
Data Management Capacity

Building Initiative

Feb. 2, 2021: SSHRC Insight

Development Grants

Feb. 10, 2020: SSHRC Partnership

Grants - Stage 1

Mar. 3, 2021: CIHR Project

Grant (Registration)

May 1, 2021: SSHRC Research
Data Management Capacity
Building Initiative

Open Funding Calls

- <u>Canadian Digital Technology</u>
 <u>Supercluster: Cycle 4 accepting</u>
 projects now
- <u>UBC Open Access Fund for</u>
 <u>Humanities and Social Sciences</u>
 <u>Research</u> (*invoices Sept.1, 2020 or later*)
- <u>UBC Scholarly Publication</u>
 <u>Fund</u> (pre-tenure faculty have priority)
- PWIAS: Systems Approach to Social Change
- MITACS COVID-19 Accelerate
 Program
- sparc bc Homelessness
 Community Action Grant
- UBC SoTL Dissemination Fund
- Vancouver Foundation Systems
 Change Develop Grant
- <u>Vancouver Foundation PAR</u>
 Convene Grants
- PWIAS Theme Development Workshops
- MITACS Accelerate Graduate
 Internships
- MITACS Accelerate Graduate
 Fellowship
- PWIAS COVID-19 Rapid
 Publication Working Groups

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