

*touch*POINTS

SCHOOL OF NURSING NEWS | FALL/WINTER 2019

Advocating
for Our
Future



THE UNIVERSITY OF BRITISH COLUMBIA
School of Nursing

ONE HUNDRED YEARS
1919-2019

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TOUCHPOINTS

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DIRECTOR'S MESSAGE

During the second half of our Centenary year, additional events have commemorated our past and looked to our future. These included the inaugural Verna Huffman-Splane Public Health Nursing Lecture (pages 4 & 5) and the 51st annual Marion Woodward Lecture (pages 6 & 7). I am also pleased to note at this year's **Canadian Association of Schools of Nursing** council meeting in November, whose theme was 100 years of Baccalaureate Nursing Education, our UBC School of Nursing was honoured with CASN's first **Institutional Outstanding Achievement Award**, for "outstanding contribution of a CASN Member School that has had an important impact on the advancement of nursing education in Canada and on the profession."

We have more good news: we are capping a year of historic events with an historic announcement: The UBC Board of Governors has just voted to approve a new building designed to house the School of Nursing and other interprofessional partners, in an especially prominent site on campus! I hope you will take a moment to read the history of our spaces on page 18, and join us as we look toward a future of nursing education, research and practice we will be fully-equipped to meet.

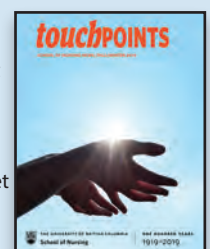
But we are not ready to stop celebrating, either! In fact, we are looking forward to expanding our celebration to all of BC, across Canada, and around the world, with the Nursing Now campaign, which continues throughout 2020, the International Year of the Nurse and the Midwife. We helped launch both Nursing Now BC and Nursing Now Canada this year, and we will be involved in a number of activities in the coming year to raise the profile of nurses and midwives.

Elizabeth Saewyc, PhD, RN, FSAHM, FCAHS, FAAN
Director and Professor



THE RESEARCH REPORT for 2018/19 is available digitally at bit.ly/SONResearch2018

ON THE COVER: Nurses must be the advocates for our planet and for our future. See pages 6/7 and 18 for the stories.



Public Health Nursing:

The cornerstone for global access to universal health coverage by 2030
2019 VERNA HUFFMAN SPLANE PUBLIC HEALTH NURSING LECTURE

The trust of the public is nursing's most precious resource.



~ Michael Villeneuve

The inaugural Verna Huffman Splane Public Health Nursing Lecture was held on September 18, 2019 in the Morris J. Wosk Centre for Dialogue in downtown Vancouver. Guest speaker Michael J. Villeneuve, RN, MSc and Chief Executive Officer of the Canadian Nurses Association, was a student, colleague, and close, personal friend of Verna Huffman Splane.

In a presentation filled with facts, figures, and highlights of the lives of notable PHNs, Villeneuve moved his audience through the history, current events, and the future of public health nursing in Canada and around the world. Enjoy these excerpts from the presentation along with photographs of guests from a successful evening that Dr Huffman Splane would have been proud to host.



Born in 1914, Dr Verna Huffman Splane became an internationally recognized nurse leader and historian. She was a faculty member at the School and an Honorary Professor at UBC. Her many accolades include the Jeanne Mance Award and membership in the Order of Canada. In her role as Principal Nursing Officer in the Canadian Department of National Health and Welfare from 1968 to 1972, she held the highest office of any nurse in the country. The book she co-wrote with her husband, Dr Richard Splane, "Chief Nursing Officer Positions in National Ministries of Health: Focal Points for Nursing Leadership," remains a landmark study. She died in 2015.

Nurses, who practice at the intersection of public policy and personal lives, are, therefore, ideally situated and morally obligated to include political advocacy and efforts to influence health public policy in their practice.

~ Adeline Falk-Rafael



In most professions it is taken for granted that better education improves performance but for some strange reason it has been a hard battle to prove this for nurses.

~ Anne-Marie Rafferty



Photos: Heather Swallow (headshot of M Villeneuve supplied by subject)

The history of public health nursing is one of going where no one else will go – sometimes literally paddling upstream.

~ Michael Villeneuve



I am not a public health nurse. But the issues on which I have been asked to speak with the federal government and media in the past 6 weeks include:

- Climate change and health
- Vaping
- Cannabis education
- Human trafficking
- Women's reproductive health
- Pharmacare
- The Trump government decision to allow import of Canadian drugs by Americans

~ Michael Villeneuve



Act from where you can make a difference.

~Wangari Muta Maathai



Embrace change. Sustain engagement in community development in its broadest sense. Add continuously to your unique educational skills...to shape a better world in your century.

~ Verna Huffman-Splane



The best way to predict the future is to co-create it

Nursing in the not-too-distant future - 2019 Marion Woodward Lecture



The keynote speaker for the 51st Marion Woodward Lecture was Dr Richard Booth, Associate Professor in the School of Nursing at Western University.



While Kuri, a companion-type robot, wandered about taking pictures of people's ankles, her* owner, Dr Booth, asked us to imagine embedding these simple robot bodies with a Google Home or Siri brain.



Mario Gregorio demonstrates Casper, the cuddly robotic seal employed to calm and brighten the spirits of the elderly and people with dementia.



This unit communicates patient preferences to their caregivers.

The next generations of robots will have more functional bodies and enhanced artificial intelligence. "Cobots" (collaborative robots) will be healthcare colleagues that fetch items, carry out simple routines, retain information, and relay communications between patients and health professionals.



Representatives from the Emerging Media Lab explained the resources available to UBC researchers and educators in current technologies.



Guests were eager to try out displayed technologies such as the virtual and augmented reality units, to demonstrate their own devices used for both mobility and communication, and to generally enjoy the refreshments and company.

Photos: Heather Swallow

*Kuri's gender pronouns were assigned by the manufacturer

The Future is Now

A Digital Sampler for Patient-Centred Care

Keynote Speaker Dr Richard Booth of Western University, in his presentation at the Marion Woodward Lecture on November 14th, began with some background, taking his audience through the rapid changes in technology over the past 30 years. He showed how our perceptions of what is ordinary—our “baselines”—have been shifted step-by-step. Some people marvel at a telephone that takes pictures and tells us where we left our car, but for the next generation, asking a robot to turn on the coffee maker or unlock the front door is just another Tuesday. Humanity passively normalizes giant leaps in technology because the rate of change is so rapid we cannot keep pace. We either go with the flow or we become overwhelmed. Thus we are surrounded by technology that we rely on but do not understand and we place ourselves in danger of being mastered by it.

Booth's main thesis point is: “only by reconceptualizing our relationship with emerging technology, can we actively engage in the discourse related to how these forms of technology could or should be used to evolve the modern-day nursing role.” In Booth's opinion, nursing is not doing enough of that, and probably is not moving fast enough. Asked what their relationship to advanced technology is, one nurse's response was angry, stating that nothing takes the place of an experienced RN's instincts and thought processes. Meanwhile, Booth's questionnaires for nursing students reveal they live in a state of ambivalence. They fear being augmented or replaced but they acknowledge that “Some day we may be advocating for robots & technology.” If 19-year-olds haven't evolved their relationship with technology, Booth points out, where is the rest of our profession?

Booth offers these suggestions for staying relevant:

- Keep raising your baseline. Be aware when the world has changed but the systems haven't. Understand when trends evolve and be prepared to move with the times.
- Step up, leverage and become stewards of tech for the sake of patients and the profession. When technology provides benefits such as extra time with patients, be the ones to advocate for policies that protect those benefits.
- Consider what processes can be ethically shifted from nursing practice to automation, and allow those to happen. Reinforce and amplify the human element. That is the strength of the nursing profession.
- Be a change agent. Build a vision for future human-and-technology relationships. As part of the change, you will be well-positioned to co-create the future.

THE MARION WOODWARD LECTURE IS MADE POSSIBLE THROUGH THE GENEROUS SUPPORT OF THE MR. AND MRS. P. A. WOODWARD'S FOUNDATION.

The Afternoon Symposium offered a deep-dive into the subject matter covered by the Marion Woodward Lecture. These were the presenters for 2019:

The interstitial spaces between what is human and non-human: Artificial intelligence and robotic process automation in nursing



RICHARD BOOTH challenged participants to reflect on how the roles of current-day nurses may be changed through the use of technologies like artificial intelligence and robotic process automation.

Connecting Primary Care to Specialists: Remote Consultative Solutions



MARGOT WILSON presented two remote consultative models of care: **Rapid Access to Consultative Expertise – RACE**, an urgent telephone advice line to connect family physicians and nurse practitioners to a specialist within a few minutes. **Electronic Consultative Access to Specialist Expertise – eCASE** is a complimentary non-urgent email advice model.

My Voice and Choice in Long Term Care through Animated Design



JASJIT GILL presented two projects: **My Voice and Choice** is a partnership between Vancouver Coastal Health and Emily Carr University that explores methods of making patient voices heard. **Happy2Eat** uses iPads to facilitate better involvement of people in Long-term Care to shape their meal experiences.

Technology Enabling Patient- and Family-Centred Care in the New St. Paul's Hospital



MIRIAM STEWART followed the design of the new St. Paul's Hospital to demonstrate various interfaces between patients, care providers, and technology throughout the patient journey.

Technology in Healthcare: Expecting the Unexpected



CHANTELLE RECKSKY outlined the benefits and negative consequences of incorporating technologies into the delivery of care.

Virtual Reality: Pain Research and other Clinical Applications



BERNIE GARRETT explored current research using virtual reality (VR) as an adjunctive pain management tool, particularly for chronic cancer pain.

LINKS TO FULL VIDEOS ARE HERE: nursing.ubc.ca/2019MWLVideos

Photos supplied by subjects



Prescription for a Healthy Planet

Act Local Think Global

The human population is healthier than it has ever been before. We've seen rising life expectancy and lowering poverty and child mortality rates. But we have also exploited the planet at an unprecedented rate. Carbon dioxide emissions, ocean acidification, and energy use is rising, while fertile farmland, potable water sources, and tropical rainforests are diminishing.

So began a presentation by Verena Rossa-Roccor, a PhD student at UBC's School of Population and Public Health (SPPH). She was presenting at our October Nursing Rounds (a seminar series during the academic year featuring UBC Nursing faculty and students who share emerging research in nursing). Entitled *Act Local Think Global*, the session was organized by Raluca Radu, a Master's student at the School of Nursing and a fellow presenter. Kelsi Jessamine, a recent alumni who is also pursuing her Master of Science in Nursing, added to the discussion. Together the three researchers examined the juncture between nursing and a healthy environment.

INTRODUCTION TO PLANETARY HEALTH

Presenting first, Verena Rossa-Roccor provided a brief overview of concepts, offering Richard Horton and Selina Lo's definition: "Put simply, Planetary Health is the health of human civilization and the state of the natural systems on which it depends."

She introduced the term *Anthropocene*: a new geological time (like "Jurassic") that recognizes, for the first time ever, human activity as a geological force. She also outlined Kate Raworth's concept of *Doughnut Economics*: where the goal is to operate within a framework of economic checks and balances so that everyone can profit, including the planet itself.

REFLECTIONS FROM THE BC COALITION INSTITUTE: A NURSING PERSPECTIVE

Raluca Radu attended the BC Coalition Institute workshop, part of the Canadian Coalition for Global Health Research. Her intent was to learn what is meant by "Global Health" and how to shift her

research to align with the recommendations put forth. She took away four key points:

- An inextricable link exists between environment and human health
- Indigenous sovereignty could save the planet
- Education is instrumental
- Inter- and trans-disciplinary collaboration is essential

Radu noted how reframing ancient tenets helps to focus on the intersection of nursing with planetary health. *Healthcare Without Harm (2019)* frames that connection this way:

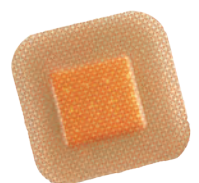
Given its mission to protect and promote health, the health sector has a responsibility to implement the Hippocratic Oath to "first, do no harm" as it relates to its own climate footprint, while influencing other sectors to do the same.

Radu offered a number of resources for continuing the study of the role of nursing in environmental health and put forward several professional and individual recommendations, including taking leadership roles in adaptation efforts. "Because nurses are well-positioned to identify vulnerable populations, they are also best-positioned to develop and implement emergency plans."

ONE HEALTH COMMUNITY CLINICS

Kelsi Jessamine's work with Community Veterinary Outreach informs her research and has been featured in previous issues of *Touchpoints*. The basis of Jessamine's presentation on environmental health is that it is not a separate entity from animal health and human health. She advocates for a multi-sectoral, interdisciplinary approach where each of the three fields works collaboratively to address potential risk at the human-animal-environmental interface. The object is to design policies, programs, and research that address issues in each sector in order to achieve the best outcomes for all.

The full Nursing Rounds presentation is on our Youtube Channel. bit.ly/SoNGlobalHealth



Faculty On the Global Scene

Dr Sabrina Wong and Dr Elizabeth Saewyc Share Their Expertise



Sabrina Wong

UBC School of Nursing faculty have long been well-recognized and much sought after as national and international experts consulting on a range of topics in health. In 2019, two of our faculty in particular have contributed to the work of high-profile global organisations.

Dr Sabrina Wong is representing Canada on the OECD **Patient-Reported Indicators Surveys** (PaRIS) Initiative. The **Organization for Economic Co-operation and Development** (OECD), which includes 36 countries, has been mandated to develop comparable cross-country indicators for patient-reported outcome measures (PROMs) for different health conditions, and measures for assessing patients' experiences of care (PREMs). This survey will be administered in primary care practices to those who have multiple chronic conditions — in Canada and the other OECD countries.

Dr Wong co-leads the Strategy for Patient-Oriented Research's **Primary and Integrated Health Care Innovation Network** (PIHCIN) whose research focuses on supporting better patient outcomes in primary and integrated care, with particular attention to people with or at risk of complex disease. PIHCIN encourages the development and broader application of evidence-informed service delivery models that are horizontally and vertically integrated into health care system practice and policy. The PIHCIN is a network of networks across Canada, consisting of 38 project grants (total >\$20M).

Beyond indicators that measure what health care services are provided, patient-reported indicators capture outcomes that matter to patients and their families, including whether treatment reduced their pain, or helped them live more independently. People also report on their experiences, such as whether the treatment was well-explained, and if they felt involved in decisions about their care. The OECD PaRIS initiative is working to ensure comparable measures across OECD countries' health systems, to provide international benchmarking. Dr Wong brings her expertise in measuring patient-oriented outcomes and experiences to this leadership role.



Elizabeth Saewyc stands among colleagues at the World Health Organization's School Health Services Guidelines Development Group Meeting Geneva 14 May 019

Another UBC Nursing faculty member who is regularly invited to consult internationally is Dr Elizabeth Saewyc. Over the past 18 months, she has been tapped by the World Health Organization for three different expert roles. In January of this year, Dr Saewyc chaired the first day of the WHO-UNICEF Global Consultation Meeting on Redesigning Child and Adolescent Health Programming in the era of Sustainable Development Goals (SDGs). She is also chairing a WHO Guidelines Development Group on School Health Services, a 2-year project to evaluate existing evidence and provide guidance to high-, low-, and middle-income countries on establishing effective school health services as part of WHO's Health Promoting Schools initiative. As part of this working group, WHO also involved UBC's Stigma and Resilience Among Vulnerable Youth Centre (SARAVYC), which is led by Dr Saewyc, to help program and launch a survey in 6 languages among school health experts across the world over the summer.

Dr Saewyc's third role is serving as one of 17 experts on the newly launched Global Action for Measurement of Adolescent health (GAMA) Advisory Group. GAMA was established to advise WHO and UN partners on harmonizing and prioritizing adolescent health indicators. These measures will help governments around the world more effectively track progress in improving adolescent health, and reduce the burden of reporting for low-income countries through coordinated efforts.

On these issues and many more, UBC nursing expertise in patient care, health services, and health measurement is providing leadership on important global initiatives in health policy and health monitoring.

History Repeating

UBC Nursing Receives a Timely – and Iconic – Gift

Named after the Italian city in which she was born, Florence Nightingale entered the world almost 200 years ago. To celebrate this British social reformer, trailblazing statistician and founder of modern nursing—but also the millions of midwives, registered nurses and nurse practitioners who represent half of the workforce of many countries today—the World Health Organization has declared 2020 the “Year of the Nurse and Midwife.”

It is fitting, then, that Helen Shore, Associate Professor Emerita and long-time, loyal UBC supporter, has gifted memorabilia related to Nightingale to the School of Nursing. Donations from Helen include both an encased model and framed etching of the social reformer. In fact, Helen (BSN 1961, MA 1971) happens to be a distant relative, and in her memoir *Shore to Shore*, she points out that Florence’s father was born a Shore but later changed his surname to Nightingale.

The school is grateful for this generous gift, which symbolizes the legacy of nursing at UBC. The model and etching are proudly displayed in the Director’s office and the School’s main office. The year 2019 also marks the School’s centenary: 100 years ago, the university offered the first baccalaureate degree in nursing in the entire Commonwealth of Nations.



Photo: Martin Dee

Helen Shore, an alumna and associate professor emeriti, engages with Dean of Applied Science James Olson while Elizabeth Saewyc, Director of the School of Nursing, pins the Centenary Medal of Distinction at the Nursing Gala in May.



Dr Saewyc poses with the Florence Nightingale model and etching that has been gifted to the School of Nursing by Helen Shore, a long-time supporter of UBC.

Nursing Now

In the International Year of the Nurse



Above and below: Participants at the Graduate Nurses Symposium in May 2019 launch the Nursing Now BC campaign in a partnership between UBC, UVic and NNPBC.

Nursing Now is a global campaign run under the joint auspices of The World Health Organization (WHO) and the International Council of Nurses (ICN). WHO has declared the year 2020 as the **International Year of the Nurse and the Midwife** during which the contributions of nurses and midwives will be recognized and celebrated around the world.

In preparation for the coming recognition of nursing and midwifery, the UBC School of Nursing helped launch both **Nursing Now BC** in May and **Nursing Now Canada** in June, and is fully involved in planning a number of actions to raise the visibility of nursing and midwifery throughout 2020. There will be plenty of opportunity to get involved.

For example, in June of 2019, the ICN launched the **Nightingale Challenge for 2020**, which coincides with the **200th birthday of Florence Nightingale**. The challenge asks health employers around the world to provide “leadership and development training for a group of young nurses and midwives during 2020,” with the objective to reach over 20,000 young nurses and midwives. The goal of this challenge along with the Year of the Nurse and the Midwife is to inspire the next generation to reach their full potential, invest in the nursing and midwife profession, and turn the dream of universal health care into reality. The year 2020 will be a global catalyst to a new, innovative future advocating for more resources, development, and opportunity for all.

KALEENA IPEMA



Nursing Now is an important social movement gaining global momentum in the lead up to 2020 and we are committed to playing our part in BC and Canada.

MORE INFORMATION

who.int/hrh/news/2018/nursing_now_campaign/en/
nursingnow.org/2020-the-year-of-the-nurse-and-the-midwife/

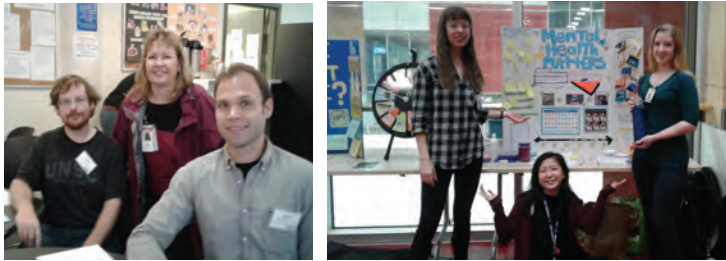
Students In Community

Focus on Wellness Initiatives

Over the course of the term students in the primary health care clinical settings engaged with many community partners in delivering Focus on Wellness Initiatives. A few of these were The Louis Brier Flu Campaign, Hillcrest Community Centre Health Fair, Mental Health Awareness: Beyond the Blues, Union Gospel Mission Foot Soak & Blood Pressure Clinic, and a health information session for residents and staff at Atira Women's Resource Society. Students had several opportunities to conduct assessments and develop a health teaching plan for women's support networks and youth attending community centres' youth nights.

On November 14, World Diabetes Day, students from nursing and other health disciplines worked together using the Canrisk tool to conduct assessments and provide diabetes awareness teaching.

MAIRI MALLET AND FRANCES AFFLECK



Photos provided by the authors



Partnership with the North Shore Multi-Cultural Society

During the fall of 2019 the North Shore Multi-Cultural Society (NSMS) welcomed a partnership with the UBC School of Nursing. Nursing students prepared and provided health promotion/wellness information sessions to a Chinese Immigrant Women's audience. The goals of the presentations were to inform the attendees about: Mental Health in Canada—acceptance versus stigma and mental health medical services; the Canadian Medical System—patient protection laws and how to navigate the system; and Medical Terminology—definitions of English medical words and how to use them when seeking medical care. The NSMS contributed each information session topic and the UBC nursing students developed and delivered the information over three two-hour sessions throughout the month of October. Following each of the sessions, the attendees completed an evaluation form, the results of which reflected enhanced awareness of the topics presented. In addition, the students led the attendees through a number of mindfulness and self-calming strategies as an overarching resource to enhance participants' capacity for self-calming.

The sessions were well-attended and the attendees offered many positive anecdotal feedback comments. This partnership proved to be rich and symbiotic in nature and the UBC School of Nursing welcomes the opportunity to work in partnership with the North Shore Multi-Cultural Society in the future.

SUE FOSTER

Above: Term 4 Clinical Group/North Shore Multi-Cultural Society Team

Left from top to bottom: Students present at World Diabetes Day, Youth Night, Atira Women's Resource Society, Influenza display, World Diabetes Day Team, North Shore Clinical Placement, UGM Foot Soak & BP clinic, Feel Good Friday Youth Night, and a Mental health display at the community centre

Leah Lambert, PhD, RN

Photo: Mike McGhee



We are proud to acknowledge that Dr Leah Lambert was awarded a **CIHR-MSFHR-BC Cancer Agency** co-funded **Health System Impact Fellowship** in September 2019 for her postdoctoral project *Interpreting and addressing barriers impeding effective care transitions for women diagnosed with breast cancer in British Columbia*. Dr Lambert will also be teaching NURS 504: Research and Evidence-based Practice at UBC in January 2020. Below, she shares her thoughts on her research and career.

“
Seeing your research results have real-world application is fun and very rewarding!
”

In August 2019, I completed a PhD in Nursing at UBC, where I studied adherence to adjuvant endocrine therapy after breast cancer. In my current role as a CIHR-MSFHR Postdoctoral Fellow at BC Cancer, my program of work is focused on identifying and mitigating barriers impeding effective care transitions for women diagnosed with breast cancer. My aim is to determine how to most effectively provide quality and efficient health services and deliver excellent person-centered care across the cancer care trajectory.

Prior to becoming a nurse, I worked in finance for several years. After my BSN I developed an interest in research, envisioning how I could apply both my nursing disciplinary knowledge and business background. To do this, I knew I would need a Master's degree. Entering nursing with a fair amount of life experience and a previous career prepared me well for the MSN coursework, and a year into the MSN I fast-tracked to the PhD program. I chose to study at UBC because it is an internationally recognized and rigorous training program designed to equip trainees with the competencies and skills to prepare for leadership roles in a broad array of settings including academia, government, and health systems.

During my first couple of months at BC Cancer, I was invited to participate in the development of a business case for a clinical program. That was a full circle moment for me, because this program is a model of care that I advocated for in my dissertation. Being embedded in the operations and organization culture at BC Cancer has been a game changer in partnering with key stakeholders including patients, health care providers, health system leaders and policy decision-makers. Applying my research findings to support the need for this program was a unique knowledge transition opportunity. And of course, seeing your research results have real-world application is fun and very rewarding!

The way I approach many aspects of life has forever been changed by my doctoral training. I was very privileged to have conducted my doctoral research with a multidisciplinary team including Drs Lynda Balneaves, Fuchsia Howard, Stephen Chia, and Carolyn Gotay. As well, I studied under internationally-known nursing scholars such as Drs Sally Thorne, Paddy Rodney, and Colleen Varcoe. I also appreciated that the PhD program at UBC included core curricula related to the philosophy of science and evidence, leadership in knowledge application and translation, and extensive training in quantitative and qualitative methodologies and statistical analyses.

Graduate school is not always a straightforward path. My advice for new graduate students would be that finishing your degree, whether it be a PhD or MSN, has more to do with persistence than anything else. Pursue your passion. The academic and health system environments can be challenging, so maintaining interest and curiosity will help you persist past obstacles you will inevitably encounter along the way. Find your people. Working with “good” people that you respect and trust makes work truly enjoyable.

**LEAH LAMBERT
WITH KALEENA IPEMA**

Read the complete interview at: nursing.ubc.ca/alumni/amazing-alumni-stories

Recent Graduate Alumni

We congratulate the following students who met the requirements to obtain their advanced degree for graduation on 26 November 2019.

Audrey Barnwell, MSN
Kimberly Brownjohn, MSN
Natalie Chambers, MSN
Connie Clark, MSN
Esther Clark, MSN
Jeffrey Danielson, MSN
Sajidah Hakik, MSN
Megan Human, MSN
Sandeep Kainth, MSN
Holly Kerr, MSN
Neda Khoshnood Rashti, MSN
Leah Lambert, PHD
Anna Lee, MSN
Beljinder Mattu, MSN
Suzanne Miller, MSN
Jatinder Nijjar, MSN
Stephanie Powell, MPH MSN
Natalie Tabakman, MSN

Jennifer Kryworuchko

In Memoriam

The School of Nursing community — and UBC more broadly — are deeply saddened to share the news that our dear colleague, Associate Professor Jennifer Kryworuchko, passed away Friday, October 25. Despite undergoing treatment for cancer for the last several years, Jennifer’s passing was, for many of us, unexpected. Comforted and supported by her family including husband, Marko Kryworuchko, and children, Kalyna, Maksym, Jakob and Hannah, Jennifer died peacefully. Those of us who knew and worked with Jennifer feel a great loss: we admired her passionate dedication to nursing practice, her joy in educating nursing students, and her scholarship to improve nursing care, especially in the context of shared decision-making between patients and health professionals.

Jennifer was born and raised in Ottawa, and forged a rich history and career in nursing, receiving her BScN degree, Graduate Diploma in Health Services and Policy Research, and PhD from

the University of Ottawa. She was licensed as a registered nurse in Ontario, Saskatchewan, and British Columbia, and held certification in Critical Care Nursing through the Canadian Nurses Association. She served in the Canadian Forces, Department of National Defense for eight years, and worked as a nurse in the Ottawa Hospital Intensive Care Unit. As an Assistant Professor at the University of Saskatchewan, she served as Interim Graduate Chair, managing major revisions of the Master of Science, Nurse Practitioner, and PhD programs, before joining UBC as an Associate Professor in 2015. Jennifer worked with us in the UBC School of Nursing for almost five years, all too short a time, and she was a deeply valued member of our community, generously sharing her expertise with students and colleagues. Our thoughts are with her family at this time.

Jennifer’s family would welcome and appreciate charitable donations to the UBC School of Nursing in her memory.

bit.ly/JenKMemorial

“

Just Do It! Just really go for it. Don't make excuses. There are always barriers—you just have to figure out a way to have impact. It matters to the world that we each focus on something a little different and commit to it.

- Jennifer Kryworuchko

”



KUDOS



Jennifer Kryworuchko, who graduated from Algonquin College in 1996, received an award from her alma mater in September. The **Alumni of Distinction in Health Sciences 2019** award honours the extraordinary contributions graduates make to the community while achieving career success.



Annette Browne has been inducted as a **Fellow of the Canadian Academy of Health Sciences**. The fellowship recognizes a record of substantial accomplishment in academic health science, including demonstrated leadership and creativity and a commitment to advance the discipline. It is the highest honour in Canadian health sciences. At right she attends the ceremony in Ottawa on September 19, 2019 with Drs Sally Thorne and Elizabeth Saewyc.



Maura MacPhee is a new inductee to the **Fellows of the Canadian Nurse Educator Institute**. This honour recognizes at the national level, the calibre of Maura's work and the contributions she has made to nursing education in Canada over her career.



Emily Jenkins is the recipient of the **Nurse and Nurse Practitioners of BC Excellence in Advancing Nursing Knowledge and Research Award** for demonstrating excellence in nursing research. Emily's program of research aims to enhance mental health outcomes and reduce substance use harms and is distinguished by its "upstream" focus. Her active engagement with communities, clinicians and the public contributes to her impact in improving mental health and substance use outcomes for Canadians, across the full spectrum of need.



Ranjit Dhari received the **Nurse and Nurse Practitioners of BC Excellence in Nursing Education Award** for demonstrating excellence in nursing education at the UBC School of Nursing. Ranjit is an educational innovator particularly with regard to, among other things, her work on the new NURS 180: Stress and Strategies to Promote Well Being open to all undergrads. Committed to rigorous evaluation of evidence-based curriculum design, she has launched a study to evaluate the impact of the curriculum on students' stress management.



Paisly Symenuk received the **Nurse and Nurse Practitioners of BC Excellence in Nursing Advocacy Award**. Her work has focused on how student and new graduate nurses are represented, exposed to, and mentored in global health governance and international nursing policy. Paisly's dedication to supporting student and new graduates in global health is first and foremost grounded in the belief that meaningful participation is vital to the future of nursing and health around the world.



Ian Li is an alum of the Master of Health Leadership and Policy program who has been awarded a **City of Vancouver Greenest City Leadership Award 2019**, Individual category. The award was given for creating "Anjel"—an app that helps seniors living on a fixed income eat healthier. This project has a number of benefits that cut across multiple Awards of Excellence categories including Accessible City, Healthy City, and Greenest City Leadership, by making fresh food more physically and financially accessible for seniors, cultivating connections among residents, and reducing waste.

Photos: Shobhit Sahu (Jennifer, Maura, Emily); Clare Kiernan (Ian, Ranjit, Annette)

The Class of 1958

Emergency Award

Over the years many of our graduating classes have demonstrated that nursing students develop intimate bonds strong enough to withstand the test of time. For a prime example, look no further than the Class of 1958. The common thread that tightly binds this class is the story of many a student nurse: struggling to make ends meet while pursuing a dream. Together, the Class of 1958 learned to balance life and education as they acquired the skill sets for the practice of nursing. As students, they spent most of their waking hours together, studying, eating, practicing their skills on one another, and rooming together. As lifelong friends, they have supported one another through decades of career-building, family-producing, empty-nesting, and retirement.

Several members of this dynamic group became university nursing professors who were well-positioned to witness the financial challenges of nursing students, similar to the challenges they had experienced themselves while students. At their 50th reunion in 2008 (pictured below), the group was motivated to honour their milestone anniversary by creating an endowment to provide emergency financial aid to current and future generations of nursing students. Since its establishment, this fund has assisted

50th Reunion (2008)



with tuition, textbooks, groceries, and even rent. In some cases, the student's education would have halted without the support from this fund, which the School of Nursing administers.

The gift is a needs-based award, so it is not necessarily awarded every year, and recipient names are always kept confidential. For those reasons, the fund may not appear in the list of awards we publish in our Spring/Summer issue. However, we take this time to recognize a pioneering group that established an atypical, special fund born out of typical nursing skills: to recognize the trials of others; to find solutions for those problems; and to be present, available, and ready when needed.

Members of the Class of 1958 continue to contribute regularly and generously to this endowment. To join these inspirational women in supplementing this fund for future students in need, to choose another fund, or even to initiate your own, please contact Darya Sawycky in UBC's Gift & Estate Planning office by phone at 604.827.2973 or by email at darya.sawycky@ubc.ca, or click on the GIVE button on the main page of our website.

60th Reunion (2018)



The
Class in
1958



Amazing Class of 1969

50 years later

We are the "A" students (Class of '69), not necessarily a reflection of our grades, but the designation the School of Nursing gave to the program "streams" in 1965-9. Most of the four-year general program "A" students met in September 1965. We were a group of 35 young, fresh-faced hopefuls who ran between classes of nursing fundamentals, nursing skills labs, chemistry, zoology, math, microbiology, sociology, and psychology.

That first year, in the Wesbrook building, we paid strict attention in our Anatomy and Physiology classes with Margaret Campbell and we learned how to make a bed, bathe each other, and put on an abdominal scultetus binder. Bed bathing allowed us to categorize the bruises we had sustained winning football in the Teacup against Home Ec!

After eight gruelling on-campus months, they let us loose on actual patients at St. Paul's. That first "real" injection, catheterization, and patient death – though terrifying and sad – brought the vocation to life. We knew we had made the right choice.

Then began two and a half years of living in residences at St. Paul's, VGH and Riverview, and together in apartments scraping through on very little money. We shared, we carpoled, we were best friends, and we played pranks on each other to relieve the tensions of exam times. The memories of these pranks were hilariously relived at our reunion this year. It was the days of Engineering stunts, Lady Godiva rides and skulking around the



Top L-R: Sharon Sundberg, Carol Delacruz (Chapala), Wendy Wales (Latta), Heather Craig (MacRae), Rona Black (Krauss), Joy Page

Bottom L-R: Patti Bessell (Minniss), Jill Sanford (Sorenson), Jennifer Warnyca (Johnston), Joan Morris (Rankin), Laurie Pettman (Fay)

Missing: Vicky Begg, Fearon Blair (Whitney), Franca Bertoncin, Wendy Davies, Fae Gerbrandt (Thomas), Marietta Fulcher (Brown), Trish Hooper (Power), Helen Purnell (Blues), Trudi Ruiterman (Wong), Susan Shoultz (Thompson),

Deceased: Gail Clark, Gloria Cridland, Margaret Hemsworth (Hempstock), Sherry Soball

campus late at night to locate our "detained" classmate in the bowels of the Engineering building.

We focused on graduating despite the entreaties of the Students for a Democratic Society that were disrupting universities here and in the US. It was a time of unrest and great change, and we thrived on being part of it.

We thank our outstanding instructors like Julie Olson, Helen Niskala, Polly Capelle, Mary Richmond, Margaret Campbell, Margaret Neylan, Helen Olson, Silvia Homes, Helen Cawston and of course Beth McCann. They taught us what it is to be a nurse and how to do it.

Here are some of the things we did during our careers:

- Provided direct care in all areas of clinical nursing - especially public health
- Taught at all levels within hospital, college and university nursing programs, other health programs, and health care agencies across North America
- Delivered such programs as street nurses for "hippies" on 4th Avenue and the Downtown East side, Nobody's Perfect Parenting Program, Alberta Infection Control Programs, Comprehensive Abortion and Reproductive Education, Breastfeeding, Fetal Alcohol Syndrome and others
- Became Administrators, Clinical Resource Nurses, Consultants and Researchers
- Engaged in further study and volunteer work

From May 2 – 7, 2019, we held our 50-year reunion celebration. It was a wonderful opportunity to reconnect. We spoke and listened deeply, with curiosity, caring and humour. We missed those absent. Of the 35 women who started with us in 1969, 25 graduated and 15 attended our event.

We visited UBC SON with Dr. Elizabeth Saewyc and lunched at the old Faculty Club, took a cruise up Indian Arm and a two-day visit to Whistler. Although 54 years have passed, we still know each other, and the endearing personality quirks remain even though our appearances may have changed!

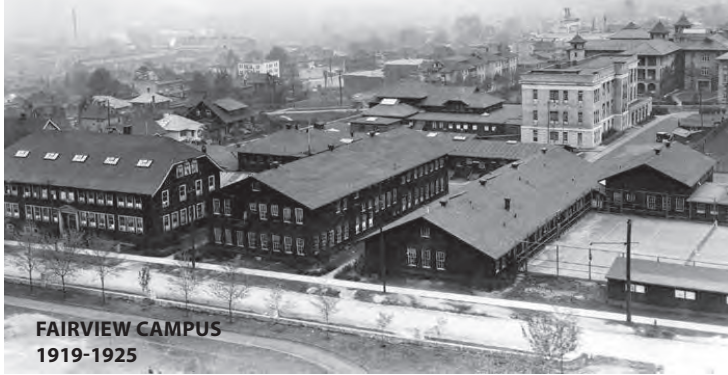
One of our class was honored to represent all alumni at the graduation ceremony at the Chan Centre on May 30, 2019 – 50 years to the day of our own commencement (May 30, 1969). It was a true privilege to pass the torch to the nursing and nurse practitioner grads.

EXCERPTED FROM MATERIAL PROVIDED BY JOY PAGE
Read the full story: bit.ly/UBCBSN1969

Building Nursing

100 Years and Counting

When the School of Nursing opened in 1919, students at the fledgling University of British Columbia crowded into temporary wooden buildings they called “The Fairview Shacks” - now the site of Vancouver General Hospital.



The Great War had stalled development of the UBC campus but the lack of progress following Armistice led the students to signal their discontent to the BC government, campaigning to have construction continued at Point Grey with a parade we remember as The Great Trek.



The Science Building on the Point Grey campus was completed in 1925 and nursing students moved in with other science students. Above, the original main library is visible on the left.



By 1946, another war had ended and post-war enrolment had increased. Overcrowding forced the nursing students into “The Orchard Huts” or simply “The Huts”—the recently abandoned campus army barracks.

The Huts remained in use as classrooms and then as administration buildings throughout the fifties and sixties. For many years, faculty shuffled between The Huts and classroom space in the Wesbrook Building.



Finally, the School of Nursing classrooms and administration space came back together to take up residence in the (then) state-of-the-art Koerner Pavilion Acute Care Unit, where it has remained “temporarily” since 1981.



It is fitting that 2019—the centenary of the School of Nursing—would be the year UBC took a critical step towards the realization of our new building, an innovative space designed specifically for nursing research and education. Having received Board of Governors Approval, we now enter the next phase of our history. Our proposed new home, in partnership with the School of Kinesiology, UBC Health, and Integrated Student Health, will be located at the NW corner of University Boulevard and Wesbrook Mall, on the prominent Gateway site.

DONATE

support.ubc.ca/projects/building-nursing-100-years-and-counting/

Photographs: UBC’s Online Library
Cites provided at nursing.ubc.ca/TouchpointsX

SAVE THE DATE
APRIL 2, 2020
EDGE ARTS FESTIVAL

APRIL 20, 2020
NURSING ARTIFACTS AND NURSES' UNIFORMS:
Preserving Nurses' Cultural History
The BCHNS 30th Anniversary
nursing.ubc.ca/HistorySymposium2020

SAVE THE DATE
MAY 1, 2020
GSNA SYMPOSIUM

SAVE THE DATE
MAY 6, 2020
NURSING GALA
Robert H. Lee Alumni Centre

PLANNING A REUNION?
To plan your reunion, please contact Alumni Relations by email at alumni@apsc.ubc.ca or telephone at 604.822.9454.

We are so delighted to announce the new Graduate Student Nursing Association (GSNA) Executive! We know they will confidently carry the torch forward in an enthusiastic way with the aim of enriching students' graduate experiences while at UBC School of Nursing. Here are the new GSNA Executives:

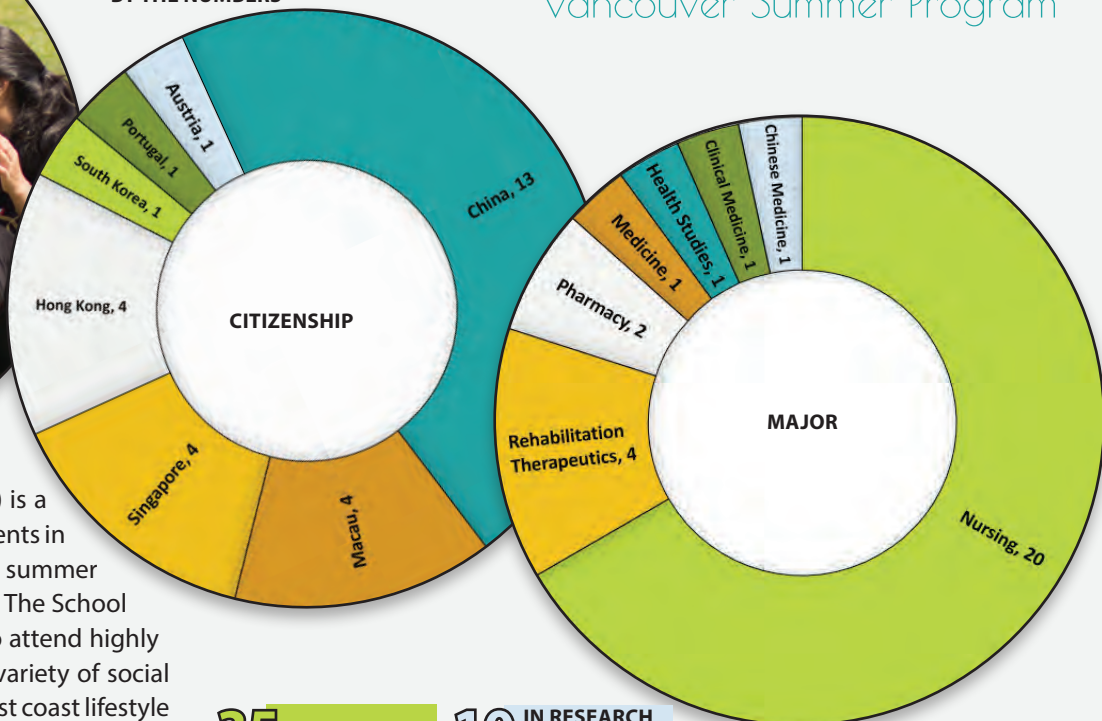
- William Harding (PhD student) - President
- Caroline Frankfurter (MSN student) - Vice-President
- Marta Sadkowski (NP student) - Communications Officer
- Greg Gracey (MSN student) - Events Officer
- Tracy Leung (MSN student) - Administrative Officer

As the outgoing president, I would like to express my gratitude to all the outgoing GSNA executives and volunteers who have dedicated their time with passion and enthusiasm to a myriad of activities that promoted networking and camaraderie whether through our Annual Research Symposium or various social events we hosted for the student body. They merit the utmost recognition for all their efforts.

RALUCA RADU - RN, BSCN, MASTERS STUDENT STUDENTS IN NURSING ASSOCIATION



VSP 2019
BY THE NUMBERS



A Taste of Canada
Vancouver Summer Program

The Vancouver Summer Program (VSP) is a four-week course for international students in any discipline. 2019 marked the second summer working within the university initiative. The School offered participants the opportunity to attend highly interactive classes, they engaged in a variety of social activities, and experienced Canada's west coast lifestyle while living in residence on campus through July and August. The program for 2020 is in the planning stage.

35 REGISTERED **10 IN RESEARCH METHODS**
30 ATTENDED **20 IN SENIORS' HEALTH**

nursing.ubc.ca/summerprogram



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