

A portrait of Lynne Palmer, a woman with short, wavy white hair, smiling warmly. She is wearing a dark blue top. The background is a light, neutral color.

Lynne Palmer

Alumni Award of Recognition

Lynne Palmer has worked forty years in maternal/child nursing in BC, 38 of those years exploring how nursing care could improve health outcomes of women who are experiencing complications with their pregnancy. Of equal importance with her leadership ability is her drive to share knowledge and to empower nurses to interpret, translate, and build on evidence to inform their practice.

Demonstrating the breadth of her expertise, which is matched only by her curiosity, Lynne may be seen on any given day at the bedside conducting a baby pause with a patient and her nurse, providing clinical expertise in a huddle at a nursing station, leading a regional discussion with clinical nurse educators or physicians on evidence to support practice changes, interacting with provincial partners to analyze literature or data, or developing guidelines and protocols to improve care.

In her first role at Fraser Health, as Antepartum Care Coordinator, Lynne was tasked with implementing the *Antepartum Care at Home* program. The move to provide in-home care was a new concept for practitioners in Fraser Health, but Lynne assuaged any doubts, guiding her core group of obstetric nursing professionals in planning, implementing, and evaluating the program, and consequently developing in her team additional competencies to practice confidently and autonomously in the community.

In 2005, as a newly-fledged advanced practice nurse, she took on the role of Clinical Nurse Specialist and began transforming and improving care for the high-risk obstetrical population, with a host innovations.

A lifelong learner, Lynne constantly seeks out learning opportunities both for herself and others, modelling and nurturing a curiosity, passion, and commitment that is reflected in the many nurses she has inspired to advance their professional nursing careers.

There can be no doubt that the region's healthcare and nursing workforce has been greatly enhanced by the tireless enthusiasm of our 2021 Alumni Recognition Awardee, Lynne Palmer.