

THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Applied Science School of Nursing

# NURSING MATTERS



## **2022 Marion Woodward Lecture**

The UBC School of Nursing is pleased to announce the <u>54th annual Marion Woodward</u> <u>Lecture</u> on **Thursday**, **October 20**, **2022**.

In western North America, we are living through fires, smoke, heat, and flooding, each of which impacts the physical and mental health of individuals, families, and communities. The Marion Woodward Lecture, <u>Climate, Health, and Healthcare: The</u> <u>World Needs Nurses Now</u>, and Symposium panel discussion will consider opportunities for nurses to engage with these challenging issues.

#### 12 - 1 PM: MARION WOODWARD LECTURE

• KEYNOTE SPEAKER: Elizabeth Schenk, PhD, RN, FAAN, Executive Director of Environmental Stewardship, Providence Health, USA; Assistant Professor, Washington State University College of Nursing

#### 1 - 2 PM: AFTERNOON SYMPOSIUM

• PANELISTS: Natania Abebe, Zachary Daly, Raluca Radu & Dr.Elizabeth Schenk

**REGISTRATION** is now open.

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# Primary Care Research Network led by UBC Nursing prof Dr. Sabrina Wong secures 5 years of funding

<u>Dr. Sabrina Wong</u> leads a team awarded \$10M from the <u>Canadian Institutes of Health</u> <u>Research (CIHR)</u> to build a research network aimed at transforming primary care. The new <u>Strategy for Patient-Oriented (SPOR) Primary Care Research Network (PCRN)</u> will build upon patient-oriented primary care innovations from the previous SPOR Primary and Integrated Health Care Innovations Network (2014-2022). This established interdisciplinary and intersectoral network of people will continue to collaborate on generating solution-focused innovations in primary care delivery.





# Natalie Chambers receives UBC President's Staff Award for Advancing Anti-Racism and Inclusive Excellence

Congratulations to UBC Nursing's <u>Natalie Chambers</u>, Manager of Clinical Practice Placement Unit, who has been awarded a 2022 President's Staff award for Advancing Anti-Racism and Inclusive Excellence. In her role as a manager as well as an active member of School's anti-racism committee, Natalie is a leader in building respectful and inclusive environments that reflect the diversity of students and nurses within the academic setting.

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### Dr. Margaret Moss named one of BC's most influential leaders

Business in Vancouver magazine named UBC School of Nursing's <u>Dr.Margaret</u> <u>Moss</u> as one of the 500 most influential leaders in British Columbia for 2022. Dr. Moss was also one of only two Indigenous women named to Forbes' 2021 inaugural 50 Over 50: Impact list. We look forward to reading her future memoir!



## Dr. Sabrina Wong named a CAHS Fellow

Congratulations to <u>Dr. Sabrina Wong</u> for being elected as one of the 71 new fellows receiving the<u>Canadian Academy</u> <u>of Health Sciences</u> (CAHS) honour. Canada-wide, she is one of four nurses named for this year. Dr. Wong was recognized for her contributions as a scholar and a leader in primary care research.

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### Dr. Fuchsia Howard awarded CIHR funding

Congratulations to UBC Nursing associate professor and co-PI <u>Dr.</u> <u>Fuchsia Howard</u> and team on their successful one-year CIHR Project grant -Priority Announcement: Patient-Oriented Research titled, *Clinical-biomarker predictors of outcome after endometriosis surgery*.



### Trevor Goodyear awarded CIHR funding

Congratulations to UBC Nursing doctoral trainee **Trevor Goodyear**and team (including <u>Dr. Emily Jenkins</u> and <u>Dr. John</u> <u>Oliffe</u>) on securing a CIHR Planning & Dissemination grant titled, *Establishing a research collaboration to improve health outcomes associated with homelessness among 2SLGBTQ+ youth across British Columbia*.

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### Online Resource to Challenge the Stigma of Dementia

UBC Nursing's <u>Dr. Alison Phinney</u>and team co-developed the Flipping Stigma Toolkit, which was recently featured on the WHO Global Dementia Observatory Knowledge Exchange Platform. This online toolkit was co-designed by people with dementia and features first-hand accounts of stigma, as well as resources and strategies aimed at addressing discrimination.



## UBC Nursing alumna awarded Fellowship

The UBC Nursing doctoral alumna <u>Dr.</u> <u>Mariko Sakamoto</u> was awarded an Alzheimer Society postdoctoral fellowship for her work, *Dementia Friendly Communities: Including the Perspectives and Experiences of People with Dementia who Live Alone*.

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### 2022 Spring/Summer Touchpoints

Highlights include:

- UBC Nursing announces part-time doctoral program
- Five new faculty members
- The Helen Shore Nursing History
  Endowment
- The Nursing Gala award winners
- A ventilator with an innovative origami-inspired airbag
- An update on the Class of '61
- UBC Gateway Building is on schedule to open in the summer of 2024
- And more!



# SOUL SPEAKS OUT

### Artists in prison share art: exhibit in DTES

In the spring of 2020, a team led by UBC Nursing associate professor <u>Dr. Helen</u> <u>Brown</u> and interdisciplinary studies PhD trainee Kelsey Timler started providing <u>art</u> <u>& reciprocity kits</u> to people in prison.

Two years later, with 756 kits distributed and hundreds of pieces of art created and shared with the project team, the program's impact was showcased as an art exhibit entitled *Locked Up - The Soul Speaks Out*, held at Vancouver's Gallery Gachet from July 23 to August 19, 2022.

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#### Read Full Issue



Studying the implementation of virtual care during the COVID-19 pandemic with patient partners and stakeholders



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Dr. Lillian Hung

### **KT Connects**

Missed the KT Connects session on *Studying the implementation of virtual care during the COVID-19 pandemic with patient partners and stakeholders* with <u>Dr.</u> <u>Lillian Hung</u>and Nazia Ahmed?

You can <u>watch the recording</u> (and the webinar slides) on the MSHRBC website.

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## UBC Library RefWorks subscription ends September 2022

The UBC Library subscription to the RefWorks citation management software will end as of **September 30, 2022**.



THE UNIVERSITY OF BRITISH COLUMBIA School of Nursing

## Save the Date -GSNA Research Symposium

The Graduate Student in Nursing Association (GSNA) is thrilled to invite you all to our annual Research Symposium. The symposium will be held on**November 2nd, 2022.** 

The deadline for abstract submission and attendance details will be announced shortly.

All users of the Legacy or ProQuest RefWorks will have to transfer their references to another citation management tool before that date.

The <u>RefWorks Transition guide</u>provides instructions for migrating references to Zotero and Mendeley, or you can book a consultation

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## PUBLICATIONS

\* denotes UBC Nursing trainees & alumni <u>Understanding the Role of Prosocial Behavior in Youth Mental Health: Findings</u> <u>from a Scoping Review</u> Adolescents Saima Hirani, <u>Emmanuela Ojukwu</u>, Nilanga Aki Bandara

Psychosocial interventions and mental health in patients with cardiovascular diseases living in low and middle-income countries: A systematic review protocol

PLoS One

Saima Hirani, A. Gowani, S. Sajjad, M. Kennedy, C.M. Norris

Exploring the conceptualization, operationalization, implementation, and measurement of outreach in community settings with hard-to-reach and hidden populations: A scoping review Social Science and Medicine

Sunny Jiao\*, Allie Slemon\*, A.Guta., Vicky Bungay

Older adults experiences of using recreational cannabis for medicinal purposes following legalization International Journal of Drug Policy Jennifer Baumbusch, Isabel Sloan Yip

#### Seeing Red: A Grounded Theory Study of Women's Anger after Childbirth

*Qualitative Health Research* Christine Ou\*, <u>Wendy Hall</u>, <u>Paddy Rodney</u>, Robyn Stremler

#### <u>Re-Envisioning an Early Years System of Care towards Equity in Canada: A</u> <u>Critical, Rapid Review</u>

Intl Journal of Environmental Research and Public Health Alison Gerlach\*, Alysha McFadden\*

Enhancing nurses' capacity to provide concurrent mental health and substance use disorder care: A quasi-experimental intervention study

Nurse Education Today Emily Jenkins, Leanne Currie, Saima Hirani, Emma Garrod\*, Trevor Goodyear\*, Liza McGuinness, Anita David, Kofi Bonnie

## EQUIP emergency: can interventions to reduce racism, discrimination and stigma in EDs improve outcomes?

BMC Health Services Research <u>Colleen Varcoe</u>, <u>Annette Browne</u>, N. Perrin, E. Wilson, <u>Vicky Bungay</u>, <u>David Byres</u>, N. Wathen, Cheyanne Stones, Catherine Liao\*, <u>Elder Roberta Price</u>

#### Creeping toward the policy table

Nursing Inquiry Sally Thorne

#### Reflections on the Complexity of Normalcy in Nursing and Health Care

Advances in Nursing Science C. Handberg, L. Seibæk, <u>Sally Thorne</u>, K. Beedholm

## Primary care practice characteristics associated with team functioning in primary care settings in Canada: A practice-based cross-sectional survey

*Journal of Interprofessional Care* Innocent Ndateba\*, <u>Sabrina Wong</u>, Jonathan Beaumier, F.Burge, R. Martin-Misener, W. Hogg, W. Wodchis, K. McGrail, S. Johnston

## Complex skills are required for new primary health care researchers: a training program responds

*BMC Medical Education* A.L. Terry, M. Stewart, R. Ashcroft, J.B. Brown, F. Burge, J. Haggerty, C. McWilliam, L. Meredith, G.J.Reid, R. Thomas, <u>Sabrina Wong</u>, TUTOR-PHC Program Investigators/Mentors

Facilitators and barriers to using virtual reality and augmented reality and its impact on social engagement in aged care settings: a scoping review protocol *BMJ Open* 

Flora To-Miles\*, Jim Mann, Lillian Hung

Perceptions and Experiences of Pakistani-Descent Female Adolescents Living in Canada, on Developing Sexuality and Self-Identity

Sexes

Neelam Saleem Punjani\*\*, K. Hegadoren, <u>Saima Hirani</u>, Z. Mumtaz, M. Jackson, E. Papathanassoglou

## **MEDIA COVERAGE**

#### Is Canada's health-care system in crisis?

UBC Nursing professor and director <u>Dr. Elizabeth Saewyc</u> discussed why Canada has been facing shortages of nurses. CBC Cross Country Checkup (1:00:30 mark)

# 'That constant witnessing of human suffering, it takes a toll': Behind B.C.'s nursing shortage

UBC Nursing professor and director <u>Dr. Elizabeth Saewyc</u> said it's a real concern when the health care system is so strained that we cannot actually meet the health-care needs of British Columbians.

Postmedia via Vancouver Sun, Times Colonist, Ottawa Citizen, The Province

#### Sustained high heat has B.C. official urging public to 'preserve the ambulances'

UBC Nursing professor <u>Dr. Jennifer Baumbusch</u> gave comments on the need to provide support for those most vulnerable to extreme temperatures. <u>CTV</u> via <u>Funny 1040AM</u>

# How B.C. paramedics treat heat illness just changed — so why isn't the public being told?

UBC Nursing professor <u>Dr. Jennifer Baumbusch</u> discussed how full-body cold water immersion can help someone experiencing severe heat illness.

Glacier Media via <u>Vancouver is Awesome</u>, <u>Delta Optimist</u>, <u>North Shore News</u>, <u>Coast</u> <u>Reporter</u>, <u>New Westminster Record</u>, <u>Powell River Peak</u>

#### B.C. Housing admits cooling devices at some housing sites deactivated

"Last year was an absolute tragedy and it worries me that more hasn't been done," said <u>Dr. Jennifer Baumbusch</u>, a UBC Nursing professor and expert in elder care. "We haven't seen the shift at the systematic level that we really need. We need to make significant structural changes and unless we do that we are going to see the same tragedies over-and-over again." Postmedia via <u>Vancouver Sun</u>, <u>The Province</u>

## Officials remind British Columbians to take precautions as temperatures expected to rise

UBC Nursing professor <u>Dr. Jennifer Baumbusch</u> gave comments on what government can do to help people deal with extreme heat. Global News

#### Expert advice to get some sleep during this B.C. heatwave

UBC Nursing professor emeritus <u>Dr. Wendy Hall</u> gave tips to getting some sleep during a heat wave.

Daily Hive

#### L'allaitement: un facteur de protection contre la dépression postpartum

L'accompagnement par une bénévole en allaitement et les ateliers prénataux représentent aussi un système de soutien efficace. Ces ressources peuvent fournir des conseils personnalisés aux parents sur le déroulement de l'allaitement et des défis possibles qui s'y rattachent. "Le travail de sensibilisation ne devrait pas commencer seulement à partir du moment où le bébé naît," souligne <u>Dr. Emmanuella Ojukwu</u>, professeure adjointe de sciences infirmières à l'UBC. Mouvement allaitement du Québec

#### Artists in prison share works in Locked Up, at Gallery Gachet to August 19

Hundreds of pieces of artwork created by individuals incarcerated in federal prisons are now part of an ongoing exhibit in the DTES. Project leads, UBC nursing professor <u>Dr.</u> <u>Helen Brown</u> and interdisciplinary studies PhD candidate <u>Kelsey Timler</u>, were mentioned. <u>Create a Stir</u>

#### Artwork from prisons gives glimpse into lives of incarcerated people

After almost two years of waiting, a UBC team led by <u>Dr. Helen Brown</u> and doctoral trainee <u>Kelsey Timler</u> has received hundreds of pieces of artwork created by individuals incarcerated in federal prisons across BC and the Yukon. 'When you're in an 8×10 cell you're in your head a lot. When you can have a bit of an escape, it can pull you out of deep depression,' says one creator in the ART & Justice exhibit. <u>IndigNews</u>

#### Artists in prison share art: exhibit in DTES opens July 23

This month, the impact of a project that distributed 756 "art and reciprocity kits" to several prisons across B.C. and the Yukon will be showcased as an art exhibit in the Downtown Eastside.

#### UBC News

# 'We are still not prepared': B.C. care home advocates call for action amid recommendations

A report co-led by nursing professor <u>Dr. Farinaz Havaei</u> found that the province needs to improve long-term care safe staffing guidelines and family involvement in pandemic-strategy decisions.

Black Press via Langley Advance Times, Abbotsford News, Victoria News, Surrey Now-Leader, Nanaimo News Bulletin, Chilliwack Progress, Comox Valley Record, Peace Arch News

# New pet therapy program at B.C. Children's Hospital aims to help stressed-out health care workers

Media mentioned a study led by UBC Nursing assistant professor<u>Dr. Farinaz</u> <u>Havaei</u> which showed the link between nurses' poor mental health and poor quality of care in hospitals, long-term care homes and health centres. Postmedia via <u>Vancouver Sun</u>, <u>The Province</u>

#### Breaking up is hard to do – but many men find healthy ways to cope

The popular stereotype that men don't want support during a breakup, separation or divorce is simply not true, according to a <u>new paper</u>. UBC Nursing professor and Canada Research Chair in men's health promotion,<u>Dr. John Oliffe</u>, and co-author <u>Mary T.</u> <u>Kelly</u> say men can be resourceful and resilient as they work their way through painful relationship change.

UBC News, Earth.com, CHQR Afternoons with Rob Breakenridge

#### Actually, men seek out emotional support after a breakup too

Healthing reported on UBC research led by <u>Dr. John Oliffe</u> which showed that men also sought out help following a breakup or divorce. <u>Healthing</u>

#### New UBC study debunks stereotypes of how men cope post-breakup

UBC Nursing professor and men's health research program director <u>Dr. John</u> <u>Oliffe</u> discussed the group's research which found that men can be resourceful and resilient as they work their way through a break-up.

Glacier Media via <u>Burnaby Now</u>, <u>North Shore News</u>, <u>Prince George Citizen</u>, <u>Coast</u> <u>Reporter</u>, <u>Pique Newsmagazine</u>, <u>Delta Optimist</u>, <u>Dawson Creek Mirror</u>, <u>Alaska Highway</u> <u>News</u>, <u>Squamish Chief</u>

#### Dr. John Oliffe Helps Dads Know How to Improve Their Health

Canada Research Chair for Men's Health Promotion and UBC Nursing professor <u>Dr.</u> John Oliffe talks about the importance of applying what you know and learn to make better choices.

The Dad Central Show

#### BC hospital introduces pet therapy to help stressed nurses

UBC Nursing assistant professor <u>Dr. Farinaz Havaei</u> recently conducted a survey to see how the pandemic has been affecting the mental health of the nurses. The survey found that when nurses reported high emotional exhaustion, their ratings of quality and safety of patient care delivery dropped eightfold.

Scrubs Magazine

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