



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Applied Science  
School of Nursing

# NURSING MATTERS



## Strengthening pandemic preparedness in LTC and retirement homes



Canadian Institutes  
of Health Research    Instituts de recherche  
en santé du Canada

Canada

## Research Funding Awarded

The Government of Canada recently announced that University of British Columbia's [Dr. Farinaz Havaei](#) and Dr. Joanie Sims-Golds will lead an investigation to understand the impact and implementation of the “one high-risk site” staffing policies in long-term care homes (LTC). This was part of a larger announcement of \$1.8M in funding for implementation science research to understand the impact of efforts to keep LTC residents, their families and caregivers, and staff safe from COVID-19.

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## Dr. Leah Lambert pushes to improve the circle of care



Dr. Leah Lambert knows cancer care doesn't always follow a straight line. The registered nurse with a PhD in nursing is focused on improving the patient journey and is working to erase barriers as breast cancer patients transition through their cancer care from diagnosis through to follow-up care with their primary physicians. Working as part of an interdisciplinary team on research and health systems, she has helped outline improvements in care which has led to better patient outcomes and system performance. Her studies aim to determine how to effectively provide quality and efficient health services and illustrates how exceptional person-centred care is possible throughout the cancer journey.

In 2020, Dr. Lambert completed her PhD and began her postdoctoral fellowship with BC Cancer, highlighting the important work nurses provide in recognizing and responding to individual needs and circumstances—an example of BC Cancer's commitment to person-centred care.

With the next chapter still left to be written, Dr. Lambert pencils down her predictions for the future of research.

### What are your thoughts on the future of cancer care?

So many opportunities exist for nursing to make meaningful contributions in shaping cancer care from a health systems and policy perspective. To prepare for the challenges ahead, it is critical that we work collaboratively. Nurses have always played an important role in improving both experiential and clinical outcomes for people affected by cancer. Evidence indicates that patient safety throughout the cancer care system is significantly improved by the frequency with which patients have a positive connection with nurses. Nurses are attuned to patient wellbeing and can proactively intervene with information, support and assistance navigating health systems before concerns cause patient distress.

### Where have you seen the most significant progress in cancer research since the beginning of your career?

BC Cancer has been at the forefront of innovative research that has led to major advances not just in cancer treatment but across the full spectrum of a cancer journey. From genomic discoveries to improving end-of-life care, it is hard to single out just one area of significant progress. Even the smallest new learning can lead to exponential advancements; it's what we do with these learnings within our cancer system that will be critical to improving care and enacting change.

### What do you think is the most pressing problem facing cancer research now?

One of the most pressing challenges for cancer research is translating research discoveries into clinical practice. The transition from bench to bedside is critical to ensuring research advancements are directly relevant to the patients we work hard to support. Patients are at the heart of everything we do and we cannot lose sight of who is on the receiving end of these advancements in cancer research.

From a health systems perspective, optimizing health services and delivery of care using a multidisciplinary approach that is responsive to patient needs is critically important. Increasingly complex and personalized treatments pose a challenge in understanding what the long-term effects are for survivors. I believe this will continue to be a significant focus of future research efforts.

### What advice would you offer to young scientists?

Choose to engage in work that you are passionate about and is personally meaningful to you. Maintain a spirit of curiosity that will carry you through the inevitable challenges of conducting research within complex healthcare and academic environments. Establish relationships not only with those in your field, but also with people outside your inner circle. The future success of our healthcare system will depend on the strength of multidisciplinary teams and breaking down the historic silos.

# BC Cancer announces Dr. Leah Lambert's appointment to new role

BC Cancer named UBC Nursing alumna [Dr. Leah Lambert](#) as the *Executive Director and Senior Scientist of Nursing and Allied Health & Knowledge Translation* following her CIHR Health System Impact Post-Doctoral Fellowship embedded at [BC Cancer](#) (see [page 20](#)) supervised by Dr. Sally Thorne.

Dr. Lambert also holds a cross-appointment as a clinical assistant professor in the School of Nursing.

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## Graduate Student Award Highlights

### **Lara Nicole Gurney, Outstanding MSN Thesis Award (May 2020)**

Congratulations to Lara Nicole Gurney on receiving the Outstanding Thesis Graduate Award for her MSN thesis, [Patient Stories Project: A Solution-Based Approach To Decrease Burnout In Critical Care](#). Her supervisor was Dr. Maura MacPhee.

### **Raluca Radu, Outstanding MSN SPAR Project Award (May 2020)**

Congratulations to [Raluca Radu](#) on receiving the Outstanding SPAR (Scholarly Practice Advancement Research) Project Award for her project, [Understanding Climate Change in Nursing Practice: An Educational Tool For Nurses](#). Her co-supervisors were Dr. Maura MacPhee and Dr. Sally Thorne.

### **Veena Mudaliar, Outstanding MSN Thesis Award (Nov 2020)**

Congratulations to Veena Mudaliar on receiving the Outstanding Thesis Graduate Award for her MSN thesis, [Exploring the Southern Dakelh First Nations youth's experiences of wellness](#). Her supervisor was Dr. Sabrina Wong.

### **Miranda Cavanagh, Outstanding MSN SPAR Project Award (Nov 2020)**

Congratulations to Miranda Cavanagh on receiving the Outstanding SPAR (Scholarly Practice Advancement Research) Project Award for her project, [Clinical Signs and Symptoms of Neonatal Sepsis in Low-and Middle-Income Countries: An Integrative Literature Review](#). Her supervisor was Dr. Manon Ranger.

### **Andrea Greene, MSN Golden Jubilee Scholarship**

This scholarship is awarded to the top student in the final year in the MSN Nursing Program. Andrea Greene completed her SPAR project, [Use of the](#)

[Canadian C-Spine Rule by Emergency Department Nurses](#), with supervisors Dr. Maura MacPhee and Dr. Sandra Lauck.

**Navdeep Kaur Dhillon, MN-NP Outstanding Culminating Project**

This award is given to a graduate of the MN-NP program in recognition of Outstanding Culminating Project in terms of originality, scope and relevance. Navdeep Dhillon completed her project, [Bridging Barriers to Cervical Cancer Screening in Transgender Men: A Scoping Review](#), with supervisor Dr. John Oliffe.

**Priya Bains, Outstanding MN-NP Graduate Award**

A scholarship awarded to the student with the highest academic achievement in the graduating class. Priya Bains completed her project, [Screening Older Adult Men for Abdominal Aortic Aneurysm: A Scoping Review](#), with supervisor Dr. John Oliffe.

**Shelley Canning, Outstanding Doctoral Dissertation Award**

This award is given to Dr. Shelley Canning in recognition of her doctoral dissertation, [Understanding the Experience of Emotional and Social Engagement for People with Advanced Dementia Living in Long-Term Care](#), that are outstanding in terms of originality, scope and relevance. Her supervisor was Dr. Alison Phinney.

[Read More](#)

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## SSHRC features Dr. Jennifer Baumbusch

The Social Sciences and Humanities Research Council (SSHRC) of Canada highlighted Dr. Jennifer Baumbusch's COVID-19 research on Instagram.

"To respond to families looking for advocacy help, our team of UBC researchers at the [@UniversityofBC](#) & partners at [@BCEdAccess](#) and [@InclusionBC](#) are co-leading a study on the impacts of the pandemic on inclusive education in British Columbia."

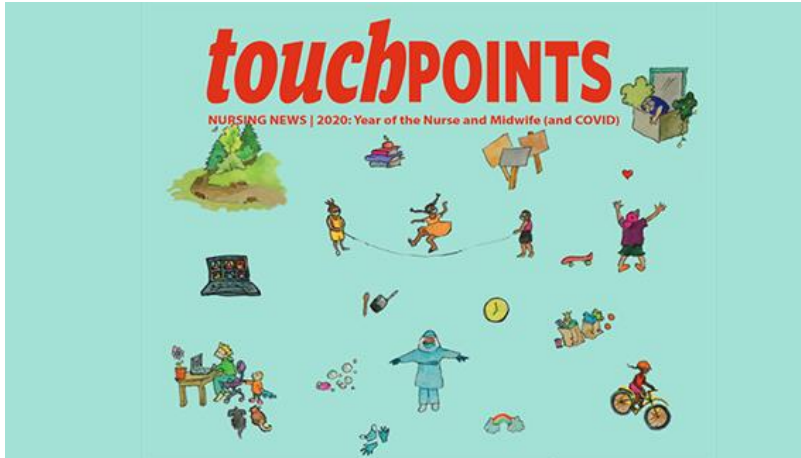
[Read More](#)



## Glennis Zilm - UBC Alumni Builder Award

**Glennis Zilm**, BSN Class of 1958, Honorary Professor of the UBC School of Nursing, and co-author (with Ethel Warbinek) of *Legacy: History of Nursing Education at the University of British Columbia 1919-1994* has been named a recipient of UBC's **2020 Alumni Builder Award**.

[Read More](#)



Canadian  
Nurses  
Foundation



## CNF Student Scholarships

## TouchPoints Magazine

The 2020 issue of the UBC School of Nursing's TouchPoints magazine was recently released. It features profiles on nursing research, faculty and student achievements, program updates, and more.

[Read Issue](#)

Congratulations to UBC Nurse Practitioner trainees who were awarded with Canadian Nurses Foundation scholarships:

- **Kalina Repin:** <https://cnf-fiic.ca/kalina-repin/>
- **Simrin Sangha:** <https://cnf-fiic.ca/simrin-sangha/>
- **Emily Warren:** <https://cnf-fiic.ca/emily-warren/>

## PUBLICATIONS

*\* denotes UBC Nursing trainees*

### [Involuntary stabilization care of youth who overdose: a call for evidence- and ethics-informed substance use policy](#)

*Canadian Journal of Public Health*

**Trevor Goodyear\***, S. Robinson, [Emily Jenkins](#), M. Gagnon, K. Mitchell & R. Knight

### [Health-related expectations of the chronically critically ill: a multi-perspective qualitative study](#)

*BMC Palliative Care*

[A. Fuchsia Howard](#), [Sarah Crowe](#), L. Choroszewski, J. Kovatch, A. Jansen Haynes, J. Ford, S. Beck, G. Haljan

**[Community lives of adolescents across multiple special needs: Discrimination, community belonging, trusted people, leisure activities, and friends](#)**

*Journal of Community Psychology*

[Jennifer Lloyd](#), [Jennifer Baumbusch](#), Danjie Zou

**[The effect of COVID-19 pandemic on the mental health of Canadian critical care nurses providing patient care during the early phase pandemic: A mixed method study](#)**

*Intensive & Critical Care Nursing*

[Sarah Crowe](#), [A. Fuchsia Howard](#), B. Vanderspank-Wright, P. Gillis, F. McLeod, C. Penner, G. Haljan

**[Coping during COVID-19: a mixed methods study of older cancer survivors](#)**

*Supportive Care in Cancer*

J. Galica, Z. Liu, D. Kain, S. Merchant, C. Booth, R. Koven, M. Brundage & [Kristen Haase](#)

**[Information and Communication Technologies in Commercial Sex Work: A Double-Edged Sword for Occupational Health and Safety](#)**

*Social Sciences*

**Sunny Jiao\***, [Vicky Bungay](#), [Emily Jenkins](#)

**[Associations between periods of COVID-19 quarantine and mental health in Canada](#)**

*Psychiatry Research*

**Zachary Daly\***, **Allie Slemon\***, C. Richardson, T. Salway, [Corey McAuliffe\\*](#), A. Gadermann, K. Thomson, [Saima Hirani](#), [Emily Jenkins](#)

**[Examining the impacts of the COVID-19 pandemic on family mental health in Canada: findings from a national cross-sectional study](#)**

*BMJ Open*

A. Gadermann, K. Thomson, C. Richardson, M. Gagné, [Corey McAuliffe\\*](#), [Saima Hirani](#), [Emily Jenkins](#)

**[Involuntary stabilization care of youth who overdose: a call for evidence- and ethics-informed substance use policy](#)**

*Canadian Journal Public Health*

**Trevor Goodyear\***, [Samantha Robinson](#), [Emily Jenkins](#), M. Gagnon, [Keren Mitchell](#), R. Knight

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# MEDIA COVERAGE

## **9 nursery ideas that set your baby up for sleep success**

[Dr. Wendy Hall](#), a sleep specialist and professor emerita in UBC's School of Nursing, spoke about how using a night light and white noise can affect babies' sleep.

[Today's Parent](#), [Today's Parent](#)

## **UBC study highlights need for more effective staffing in care homes**

Even the best-managed long-term care homes will need to step up to get through the second wave of the pandemic, suggests a new study led by UBC Nursing assistant professor [Dr. Farinaz Havaei](#).

[UBC News Release](#)

## **What it will take to keep nursing home residents safe from COVID-19**

UBC Nursing assistant professor [Dr. Farinaz Havaei](#) says staffing is probably one of the root causes of devastating outbreaks of COVID-19 in long-term care homes across Canada.

[CBC](#)

## **When feeling lonely and unhappy veers into depression: challenges of these pandemic holidays**

UBC Nursing assistant professor [Dr. Emily Jenkins](#) spoke about the impact of COVID-19 on mental health and seeking out mental health support. The article also mentioned her survey that found more suicidal ideation by Canadians during the pandemic.

[CBC](#)

## **COVID-19: UBC study looks at what one long-term care home did right**

UBC Nursing assistant professor [Dr. Farinaz Havaei](#) was interviewed about her study that evaluated the management practices of a large B.C. long-term care facility that successfully kept COVID-19 at bay at the start of the pandemic.

[Vancouver Sun](#), [The Province](#), [Times Colonist](#), [Powell River Peak](#)

## **Long-term care study shows how Vancouver home proactively dealt with pandemic**

A new study led by UBC Nursing assistant professor [Dr. Farinaz Havaei](#), evaluated the management practices of a large B.C. long-term care facility that successfully kept COVID-19 at bay at the start of the pandemic.

[News 1130](#), Glacier Media via [Vancouver Courier](#), [North Shore News](#), [Burnaby Now](#), [Richmond News](#), [New West Record](#), [Tri-City News](#), [Delta Optimist](#), [Prince George Matters](#)

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## Funding Deadlines

**EXTENDED Jan. 22, 2021:** [BC NEIHR Indigenous Graduate & PostDoc Fellowships](#)

**Jan. 22, 2021:** [UBC Work/Learn student wage subsidy](#)

**Jan. 29, 2021:** [UBC Partnership Recognition Fund](#)

**Jan. 29, 2021:** [WorkSafeBC Research Training Awards](#)

**Jan. 31, 2021:** [UBC Sustainability Scholars Program](#)

- [Developing a Community Driven, Collaborative Continuum of Care for Mental Health and Substance Use Services](#)
- [Investigating culturally safe ways to gather data about violence against Indigenous peoples](#)

**Feb. 1, 2021:** [SSHRC Connection Grant](#)

[SSHRC Connection Grants — Joint Initiative for Digital Citizen Research \(i.e. online disinformation\)](#)

**Feb. 1, 2021:** [SSHRC Research Data Management Capacity Building Initiative](#)

**Feb. 2, 2021:** [SSHRC Insight Development Grants](#)

**Feb. 8, 2021:** [MSFHR Scholar Award-LOI \(Internal deadline: March 15\)](#)

**Feb. 8, 2021:** [MSFHR Research Trainee award-LOI \(Internal deadline: March 21\)](#)

**Feb. 10, 2021:** [SSHRC Partnership Grants - Stage 1](#)

**Feb. 12, 2021:** [MSFHR Research Trainee award \(see internal deadline\)](#)

**Feb. 12, 2021:** [WorkSafeBC Innovation at Work](#)

**Feb. 18, 2021:** [CIHR Health System Impact Fellowship \(see internal deadline\)](#)

**Feb. 28, 2021:** [COVID-19 Child, Youth & Family Mental Health Impact Grant](#)

## External Events

**Jan. 18-29, 2021:** [Virtual Dementia Lab](#)

**Jan. 18-29, 2021:** [Digital tools for workflow and project management](#)

**Jan. 29, 2021:** [MSFHR KT Connects: Engagement with Rural Communities - Moving from stakeholders to partners in KTE](#)

**Feb. 1, 2021:** [NVivo part 1: getting started with NVivo](#)

**Feb. 22, 2021:** [NVivo part 2: classification and datasets](#)

**Mar. 8-9, 2021:** [UBC CHSPR - Working Together While Staying Apart: Care Integration in a Brave New World](#)

**Mar. 30, 2021:** [CASN Virtual Nursing Doctoral Education Forum](#)

**May 17-June 4:** [2021 Congress of the Humanities and Social Sciences](#)

**June 16-18, 2021:** [IPONS Conference 2020 - Personhood in healthcare](#)

**Aug. 21-22, 2021:** [Nursing Informatics International Congress](#)

**Aug. 29 – Sept. 1, 2021:** [11th ICN NP/APN Nursing Network Conference](#)

**Mar. 4, 2021:** [CIHR Project Grant \(see \*internal deadline\*\)](#)

**April 12, 2021:** [UBC Nursing – Internal Research Grant](#)

**April 21, 2021 (Registration):** [CIHR Training Grant: Health Research Training Platform](#)

**May 1, 2021:** [SSHRC Research Data Management Capacity Building Initiative](#)

**June 22, 2021 (Registration):** [CIHR Team Grant: Indigenous Gender and Wellness Team Grant](#)

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