New Toolkit Helps Tackle Climate Anxiety

UBC graduate student Natania Abebe, a registered nurse completing a dual master’s degree in public health and nursing, worked with other students and faculty experts at UBC to create the short film Climate Change and Mental Health, along with a toolkit for processing climate-related anxiety and stress.

UBC Nursing lecturer Raluca Radu, who teaches the course NURS 290 on the health impacts of climate change, is featured in the film discussing strategies and resources to cope with climate anxiety.
New report shows improvements in LGBTQ youth lives and health, but more work needed

UBC’s Stigma & Resilience Among Vulnerable Youth Centre (SARAVYC), led by UBC Nursing director and professor Dr. Elizabeth Saewyc, and the McCreary Centre Society released a new report that shows improvements in LGBTQ teens’ lives and health compared to 10 years ago.
UBC Nursing lecturer Raluca Radu elaborates on the widespread health impacts caused by forest fires in British Columbia. Ms. Radu discusses her case study that incorporates climate education with health education. Future health care providers need to have foundational knowledge of the health impacts of climate change.

**Climate and Health are Interrelated**

UBC School of Nursing's PhD student Kerry Marshall has been selected as a 2022-2023 Killam Doctoral Scholarship Awardee for her proposal, *Social justice in nursing education: A critical inquiry using discourse analysis.* Her supervisors are Dr. Vicky Bungay and Dr. Lydia Wytenbroek.
Congratulations to Dr. Jennifer Baumbusch and Kelsey Timler on receiving support for their community-university projects.
Dr. Baumbusch's project titled "Addressing community-identified needs in inclusive education for students with disabilities and complex learning needs during and following the COVID-19 pandemic" and Kelsey Timler's project "Food justice for women on parole: A participatory action community partnership" were accepted.

Congratulations to UBC Nursing adjunct Cheyenne Johnson on receiving the 2022 YWCA Women of Distinction Award.
Cheyenne is recognized for efforts in advancing measures to treat substance use addiction and harms. Cheyenne also helped establish the Addiction Nursing Fellowship to prepare nursing fellows to work clinically in the field of addiction.
The UBC School of Nursing's Anti-Racism Committee (ARC) and the Office of Nursing Research & Teaching Scholarship (ONRTS) invites applications to fund a project to visually represent an inclusive history of nursing: [Decolonizing and Inclusive Representations of the History of Nursing](#).

Deadline: **June 15, 2022**

UBC Health is hosting a [Health After 2020 Dialogue Sessions](#) series to respond to the broad effects of the COVID-19 pandemic.

Don't miss [Dr. Colleen Varcoe](#)'s session from April 27, 2022 on: *Exploring barriers and facilitators to health equity: A public dialogue to advance research agendas*

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Join the UBC School of Nursing for an online [Nursing Gala 2022](#) to celebrate the recipients of this year's awardees:

- ALUMNI AWARDS
- PRECEPTOR AWARDS

Date: **May 10, 2022**

UBC Health After 2020

Five Days in May is a provincial collaboration between BC Health Authorities that is designed to educate, inform, and inspire. Be sure to check out a few UBC Nursing speakers:
related to opioid prescribing for pain conditions.

- Dr. Lillian Hung - Strategies to Enhance Quality of Life Amongst Seniors
- Dr. Leah Lambert, Dr. Tara Horrill - Health and Healthcare Equity in the Cancer Care Sector

Team-based Care Clinic at UBC

The UBC Gateway Health Building will house a team-based primary care teaching clinic, expected to open in 2024. The clinic will enable students to be better equipped to carry the requisite knowledge, skills, and values into their future practice of collaborative, interprofessional, team-based patient care that will ultimately enhance patient and caregiver experience and improve the health of people in British Columbia.

Supporting Seniors Through Song

UBC Nursing's Assistant Professor Dr. Lillian Hung led a study with the Vancouver Coastal Health Research Institute to understand how music impacted senior care experience and delivery. The study took place in an adult mental health care unit where Dr. Hung used wireless silent disco headphones to help patients cope with challenges such as noise. Using music therapy for the patients also provided pain relief and assisted in regulating their emotions.
The mental health impact of the COVID-19 pandemic on Canadian critical care nurses
*Intensive and Critical Care Nursing*
Sarah Crowe, A. Fuchsia Howard, B. Vanderspink

*Stigmatizing and de-Stigmatizing Properties of Web Apps for Sexual Health-Related Conditions: A Scoping Review*
*International Journal of Sexual Health*
Abdul-Fatawu Abdulai*, A. Fuchsia Howard, Leanne M. Currie

*The Ethics of Financial Incentivization for Health Research Participation Among Sex Workers in a Canadian Context*
*Qualitative Health Research*
Vicky Bungay, A. Guta, Allie Slemon*, Colleen Varcoe, S. Comber

*Associations between Developing Sexuality and Mental Health in Heterosexual Adolescents: Evidence from Lower- and Middle-Income Countries—A Scoping Review*
*Adolescents*
N. S. Punjani, E. Papathanassoglou, K. Hegadoren, Saima Hirani, Z. Mumtaz, M. Jackson

*Fatalism, distrust, and breast cancer treatment refusal in Ghana*
*Canadian Oncology Nursing Journal*
W. J. Salisu, J. Mirlashari, K. Seylani, S. Varaei, Sally Thorne

*The evolving language of diversity*
*Nursing Inquiry*
Sally Thorne

*Internet access is a necessity: a latent class analysis of COVID-19 related challenges and the role of technology use among rural community residents*
MEDIA COVERAGE

New report shows improvements in LGBTQ youth lives and health, but more work needed

A new report by UBC’s Stigma and Resilience Among Vulnerable Youth Centre (SARAVYC), led by Dr. Elizabeth Saewyc, and the McCreary Centre Society reveals that most of B.C.’s LGBTQ teens experience safer environments and fewer health risks than previous generations, but more work is still needed to bridge the gap between them and their straight peers.


A toolkit for climate anxiety

UBC nursing and public health graduate student Natania Abebe discussed a toolkit she created with her colleagues to help people process climate-related anxiety and stress.

CBC On the Coast, CBC Radio West, ICI Radio-Canada, CBC All Points West, CTV News, Global News, UBC News

Building healthy relationship skills supports men’s mental health

Researchers at the UBC's Men’s Health Research Program, Dr. John L. Oliffe, Gabriela Gonzales Montaner and Mary Theresa Kelly, wrote about why making strength-based relationship skills resources a priority can have clear benefits for men’s well-being.

The Conversation via Coast Reporter, New Westminster Record, Richmond News, Yahoo

Culturally specific day programs improve seniors' mental health but more are needed, advocates say

UBC School of Nursing associate professor Dr. Jennifer Baumbusch gave comments on the need for more culturally specific day programs to improve seniors' mental health.

CBC
Survey suggests fewer Canadians feel empathetic amid ongoing COVID-19 pandemic
A survey conducted by the CMHA and UBC researchers showed that feelings of empathy have eroded over the course of the pandemic. UBC Nursing associate professor Dr. Emily Jenkins was quoted. 
Global, CTV, Y108, Edmonton Journal

For more research opportunities:

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