## Rajvinder Kaur Award for Excellence as BSN Preceptor 2021

Rajwinder is a Registered Nurse at Surrey Memorial Hospital who partners with the School of Nursing as a preceptor. Nursing students can be both excited and intimidated when entering into preceptorship, but Rajwinder puts them at ease, making the transition of applying theory to practice easy and smooth.

She is an exceptional preceptor who prioritizes nursing student learning and encourages critical thinking with a calm, patient demeanor. Rajwinder inspires self-assurance and supports preceptees to trust in their own capabilities, urging them to acquire knowledge and to practice what they've learned according to their own pace, assuring them that their speed and acuity will increase over time.

Quick with a complement, Rajwinder offers practical advice for areas of improvement while bolstering confidence in procedures that are performed well. Rajwinder is an excellent communicator, who demonstrates that not every question can be answered in the moment, but who is able to respond in a timely way by email or text message with thoughtful consideration, including sources and reference materials.

She clearly cares deeply about the welfare of her patients, advocating for their well-being and making concerns a priority for the team. Rajwinder models excellent communication skills with members of the healthcare team, working cooperatively and with professionalism with nurses and other staff members.

Her gift of making student nurses comfortable is predicated on the fact that she is always available to support and encourage them. Rajwinder's teaching style resonates with new nurses, who reflect on what she has taught them as they take their first steps into their careers, enabling them to rely confidently on the skills she helped them acquire and which continue to develop.

In all these ways, Rajwinder exemplifies the consummate preceptor, and we are pleased to offer this BSN Preceptor Award to recognize her generosity in sharing her time and experience with our student nurses.