

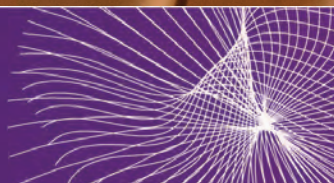
*touch*POINTS

NURSING NEWS | Spring/Summer 2022



THE UNIVERSITY OF BRITISH COLUMBIA
School of Nursing

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TOUCHPOINTS

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ON THE COVER:
Nursing Students at
Convocation (Matthew Bisset)

DIRECTOR'S MESSAGE



In our last issue, I took stock of my five years as Director of the School of Nursing at UBC-V. This issue, as I enter into my second term as Director, I have the opportunity to look ahead at the next five years, and what the goals will be. Of course, looking ahead is always tricky—at the beginning of my first term, I could see

the celebration of our Centenary, but I did not foresee a global pandemic, or even our new building!

This fall we will welcome a larger BSN cohort (25% larger!) and will be integrating a variety of new strategies, including more simulation education, to prepare them for the complex nursing practice they will be entering in two short years. We will also be welcoming a number of new faculty, (p. 4/5) and I foresee even more new faculty as our programs expand, and as we experience transitions among our senior faculty into active emeriti roles. Beyond the BSN, we are experiencing rapid expansion in our undergraduate elective courses, with full sections and large waitlists, even as we add new sections. I anticipate another increase in our NP program in the near future, the expansion of our PhD program with the new part-time option (p. 4), larger MHLPP cohorts in clinical education, a new post-graduate certificate in clinical informatics, and even a new nursing advanced practice degree as the province is planning the inclusion of nurse anesthetists into the anesthesia care teams as part of the provincial surgical strategy.

By summer 2024 we will be moving into our new Gateway Health building, which will house a team-based primary care teaching

clinic (p. 18), updated skills labs, and seven new simulation suites, including one outfitted as an OR. Not only will our nursing students continue to graduate with the skills required to step into nursing roles throughout the province, but the School will be well-positioned to keep pace with advances in health care technologies for the future. The Gateway building also has increased space for our world-class programs of nursing research, including a growing number of Canada Research Chairs, Michael Smith Scholars, and Clinician Science Professorships. UBC has also purchased a large property in Surrey, and is increasing health professions education opportunities in the Fraser Health region—and I expect our nursing programs will also be part of that expansion.

Throughout all of this expansion will integrate our commitments to equity and inclusion, Indigenous cultural safety and anti-racism, in teaching, research, and nursing practice, as we work to create the equitable health system of the future.

As the next five years unfold, we hope you will continue to enjoy our larger in-person events, such as the Nursing Gala (p. 19), the Marion Woodward Lecture (2022 version on October 20), and the Edge Festival. However, as we all became comfortable attending online events over the few years, we can surely expect to host more hybrid events, welcoming online guests to hybrid noon-hour Research Toolboxes and Nursing Rounds, webinars and lecture series. I hope you'll have many opportunities to engage with our faculty, staff and students and be inspired and excited by new knowledge, new ethical and inclusive practice, and new approaches to teaching nursing.

Elizabeth Saewyc, PhD, RN, FSAHM, FCAHS, FAAN, FCAN
Professor & Distinguished University Scholar
Director, School of Nursing

New Nursing Resources

Watch [Harm is Not Historical](#), with panelist Dr. Colleen Varcoe and others for the Applied Science Equity, Diversity, Inclusion + Indigeneity office. This is a thought-provoking virtual panel on Indigenous resilience, strength, and self-determination in health care, resource extraction, mining, and the environment.

[Flipping Stigma](#) is an online resource developed by people with dementia to challenge stigma and discrimination. Created by Dr. Alison Phinney with co-leads Dr. Deborah O'Connor and Jim Mann, the toolkit offers practical suggestions for how to respond to common experiences of stigma and discrimination faced by those with dementia.

The [Climate Change Toolkit](#) was created by Natania Abebe, a recent graduate of the Master of Public Health and Master of Science in Nursing dual degree program. Her toolkit includes a link to a film exploring Climate Change and Mental Health.

In the same category, Raluca Radu hosted a webinar on [Nurses and Climate Change: Solutions for Action](#) that discussed actions nurses can take to enact change in the climate crisis.

Dr. Margaret Moss delivers an important message in the Applied Science [Anti-Racism Speaker Series](#), describing how Indigenous patients suffer from obstacles created by prejudiced healthcare workers, and the lack of resources addressing the discrimination towards Indigenous patients.

Part-Time PhD

Senate Approves Part Time Program for Nursing



The School of Nursing proudly announces the part-time doctoral program, which was approved in December 2021. Dr. Elizabeth Saewyc, director of the School, is delighted that the program has been approved by Senate. "UBC has been a leader in doctoral education in nursing for over 30 years," she points out. "Now, we are offering a part-time PhD program in addition to our full-time program."

"We are implementing the part-time program to open up opportunities for those who prefer or need a different time frame for completing their doctoral studies."

- Dr. Susan Dahinten, PhD Program Coordinator

This is an important innovation, Dr. Saewyc notes. "The worldwide shortage of nurses is already a crisis. We need more nurses in the workforce, but we are in particular need of PhD-prepared nurse

educators and leaders to address the health challenges of today and tomorrow."

Why a part-time program? Our doctoral program attracts students who are in different stages of life, career, and professional employment. Some are in leadership positions within the healthcare system or are already in faculty positions at another institution. Some applicants would like to continue in their current position or have personal circumstances that make it inconvenient or impossible for them to devote full-time attention to their program of study. The part-time program will allow students a slower, and more flexible pace of studies, and will prepare nurses for leadership roles within academic institutions, practice settings and policy arenas.

What is the difference between full-time and part-time doctoral studies? Part-time doctoral students are expected to complete their core course work over two years instead of one, and there will be an eight-year time limit for completing the program compared to six years for full-time students.

The part-time program will be available for students entering the program beginning in September 2022. Therefore, the application deadline for the part-time program (only) will be extended to March (details will be available in January). Check our Graduate Learning webpage.

For further information, contact Dr. Susan Dahinten, PhD Program Coordinator or Mr. Gino Kim, Manager, Student Services.

Introductions

Welcoming New Faculty Members

Abdul-Fatawu Abdulai, Assistant Professor



Dr. Abdul-Fatawu Abdulai was born and raised in Naaha, a small community in the upper west region of Ghana. He received his BSN from the university of Ghana in 2012, completing his Master of Science in Telemedicine and eHealth at UiT, The Arctic University of Norway in July 2017 and a PhD in Nursing at UBC in June 2022. Abdul-Fatawu's doctoral work was supervised by Dr. Leanne M. Currie and Dr. Fuchsia Howard. Currently, Abdul-Fatawu resides in Vancouver with his wife and their two kids.

Abdul-Fatawu's passion for nursing developed in his childhood, when he followed his mother to the local health centre and saw how the nurses performed their duties. He followed through on his childhood dream, becoming a nurse in 2022. Motivated by the excellence and quality of research that UBC Nursing stands for, Abdul-Fatawu has progressed from graduate student to faculty at the School of Nursing and continues to look forward to even better days. His advice to new nurses and researchers is, "always be empathetic, curious, and reflective of your assumptions and biases."

Nassim Adhami, Lecturer



In 2020, Dr. Nassim Adhami completed her Doctor of Philosophy in Nursing, where using an intersectionality lens she focused on patient experiences of utilizing cardiac rehabilitation programs. In 2020, Nassim commenced a 2 year postdoctoral research fellowship at UBC School of Nursing, developing her program of research focusing on innovative methods of improving transitions of care, between acute and community settings, for patients living with chronic disease and who require intermittent acute care services.

Currently, Nassim is completing a second two-year postdoctoral fellowship at UNBC, where she is further developing her research program. Nassim is passionate about health equity, rural-remote healthcare, transitions of care and person and family-centered care in the care of persons living with chronic disease. She provides her expertise in adult general medicine, cardiology and critical care., and practices part-time in an outpatient adult cardiology clinic in New Westminster.

Drew Clark, Assistant Professor



Dr. Drew Clark was born on the occupied homelands of the Abenaki, Algonquian-speaking peoples, in a region called Wabanahkik or “the land of the dawn” (Maine, United States). They received a PhD in Interdisciplinary Studies from The University of British Columbia in 2018, with their home department in the School of Nursing. They are a Certified Healthcare Ethics Consultant (HEC-C) with a specialty certificate in Pediatric Bioethics, and a Registered Clinical Counsellor (RCC) in British Columbia, Canada. Drew is also a credentialed music therapist in both Canada (MTA) and the United States (MT-BC).

The overarching goal of Drew’s work is to further social justice, human rights, Indigenous-specific rights and access to health care for marginalized and underserved populations. Drew is excited to be joining the School of Nursing, where they can share and further develop their work on relational, narrative, intersectional and rights-based ethics practices, in preparing clinicians and health care administrators to access new ethical challenges in a good way.

Rubee Dev, Assistant Professor



Dr. Rubee Dev was born and raised in Nepal, and received her BSN from the B.P. Koirala Institute of Health Sciences, Nepal in 2007. She went on to complete her Master’s of Public Health with a specialty in Maternal and Child Health at the University of Washington (UW), Seattle, USE in 2014 and her PhD in Nursing Science from UW in 2018. Rubee completed her postdoctoral fellowship at the Sun Yat-sen University Global Health Institute, Sun Yat-sen University, Guangzhou, China in 2020 and at the Faculty of Nursing, Edmonton, Canada in 2022.

Rubee will be joining the School as an Assistant Professor, researching sex and gender science. In her youth, Rubee’s sister would tell her that she had “healing hands” and encouraged her to go into health care. Seeing her elder sister take her last breath in front of her was thus a significant moment for Rubee—since then, she has followed her sister’s advice and pursued a career that could make a difference in people’s health and eventually their lives. Rubee considers nursing a profession that gives us the opportunity to touch people’s lives daily and make a significant impact.

Carla Ferreira, Associate Professor of Teaching



Carla Ferreira was born in the Philippines, and moved to Canada in 1995. She received her BN from the University of Calgary in 2003, and her MN from the University of Victoria in 2012. She is also a Certified Healthcare Simulation Educator® (CHSE®), and has been teaching undergraduate nursing students since 2007. Carla comes to Vancouver from Calgary, with her mother, partner, children and dog. Currently, she is in her second year as a PhD student at the University of Calgary, with a specialization in Medical Education.

Carla’s Lola (“grandmother” in Tagalog) was a nurse, and she once told Carla that no one in their family would ever follow in her footsteps because nursing was so hard. Carla decided to take this as a challenge—while Carla agrees that nursing is hard, she can’t think of doing anything else! Carla will join the School as an Associate Professor of Teaching. Her research interests are in Nursing Education, Simulation, Community/Public Health Nursing, Nursing Ethics particularly Public Health Nursing Ethics, and Scholarship of Teaching and Learning. Her advice to new nurses and researchers is, “hold each other in high regard and stay curious.”

Graduation Receptions for 2022

Celebrating Graduates of the BSN and Graduate Programs

In 2022 the School returned to celebrating graduation in person, with the convocation at Chan Centre followed by a reception and award presentation in the Jack Poole Hall at the Robert H. Lee Alumni Centre.



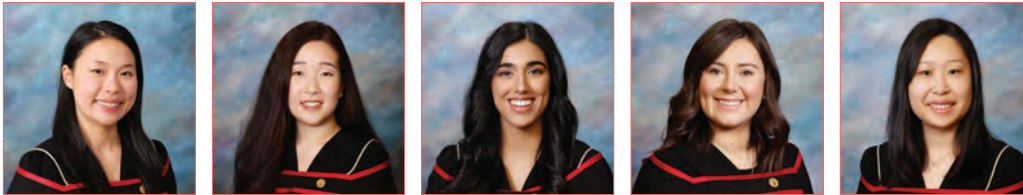
Student Awards

Spring 2022

Undergraduate Student Awards



Helen Balfour Prize | Andrea Olafson
Dell & Del Johnson Memorial Prize | Rachel O'Reilly
Meg Hickling Prize in Sexual Health | Ruqaiba Desmond and Sarah McLeod



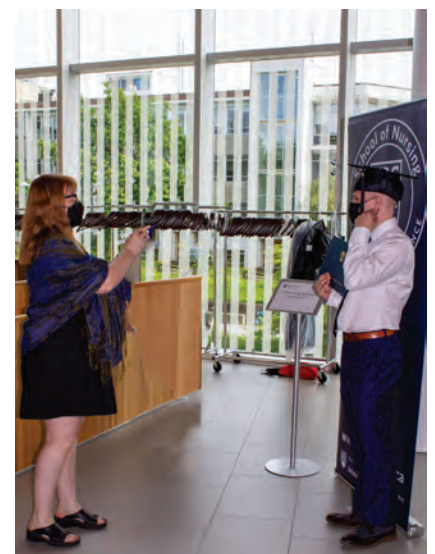
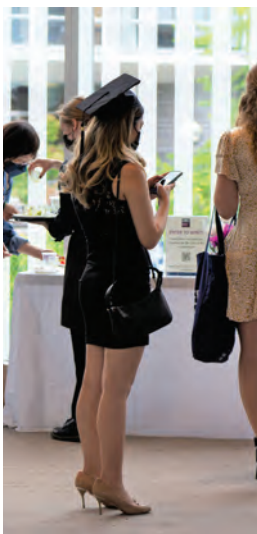
Undergraduate Nursing Society Award in Leadership | Wency Chan, Leah Shin, and Selyen Singh
Janet McDonald Rush Prize | Mara Buzgar and Keely Wu

Graduate Student Awards

Excellence in SPAR Project Award | Natania Abebe (MPHMSN) and Kaitlin Bloemberg (MSN)
Outstanding Academic Achievement Award for an MSN Graduating Student | Erin Devlin (MSN)
Excellence in Thesis Award | Krista Sferrazza (MSN)



Excellence in PhD Dissertation Award | Chantelle Recsky (PHD)
Master of Health Leadership and Policy Leadership Award | Chrystal Chan (MHLP) and Margaret Lin (MHLP)



Toward Diversity

Black History Month

In February, a team of nursing history students and their professor created a display in honour of Black History Month 2022. Dr. Lydia Wytenbroek, doctoral student Ismália De Sousa, and BSN students Tamasha Hussein, Kelly Nguyen, Ariel Tzu-Han Chiao, Brandon Moeller and Merielle Moffatt developed the display to highlight the work of Black nurses in Canada and the world.

The team worked with the Consortium of Nursing History Inquiry to create and present the display, which is set up in front of the administrative offices on the third floor of UBC hospital.

To make the display more accessible, the students presented a virtual walkthrough and created an online flipbook for all who were interested in learning more about and celebrating Black nurses in history. The display and accompanying flipbook take a deep dive into the significant contributions of Black nurses in Canada and across the world who have paved the way to better healthcare, and includes the stories of women like Mary Jane Seacole, Sylvia Stark, Nancy Elvina Alexander, and many others. Through these



stories, the research team encouraged self-reflection on the ways in which historical events and the professionalization of nursing have contributed to current health and social inequities.

Flip through the Black History Month flipbook here:

<https://bit.ly/BHMFlipbook>

The History of Filipino Nurses in Canada



In April, Dr. Lydia Wytenbroek and students in NURS 586A (Nursing & Health Care in Historical Perspectives) organized a panel on the History of Filipino Nurses in Canada, supported by the Faculty of Applied Science's Equity, Diversity and Inclusion unit.

Three panelists led the discussion, which, as an online class, was open to any interested party. The invited panelists included Dr. Charlene Ronquillo (Nursing), Dr. Jon Malek (History), and Dr. Valerie Damasco (Education).

After an hour-long panel presentation, an additional half-hour question period took place for the students and anyone else who wished to listen and share.

Pride Month

The School celebrated Pride Month in June with a three-part webinar series hosted by the Stigma and Resilience Among Vulnerable Youth Centre (SARAVYC). The brown bag brunch events were held June 14, 22 and 28. SARAVYC researchers presented briefly on topics including South Asian coming out experiences, Girl2Girl teen pregnancy intervention, and trans and non-binary protective factors.



SARAVYC.ubc.ca

Indigenous Nurses Day and Indigenous History Month



Charlotte Edith Anderson Monture (b.1890) was denied access to a nursing education in Canada at the turn of the 20th century because she was an Indigenous person. Of Mohawk descent, Edith was born and raised on the Six Nations reserve in Ohsweken (near Brantford, ON). She graduated from nursing school in the United States and commenced a career in nursing practice that spanned generations and borders. She provided healthcare to families on the Six Nations reserve, served in World War I, and advocated for Indigenous health and welfare throughout her lengthy life. Ms. Edith Monture died in 1996.

This year, according to the Nurse and Nurse Practitioners of BC (NNPBC), Indigenous nurse leaders collectively chose April 10, the birthday of this remarkable woman, as the date to celebrate **Indigenous Nurses Day** in BC. The decision offsets the traditional International Nursing Week, observed around May 12, which is Florence Nightingale's birthday. Separating these dates uplifts the

contributions to healthcare of Indigenous nurses globally, and is an important step toward telling and hearing new stories.

June is **National Indigenous History Month**, a time to focus and reflect on and to appreciate and acknowledge the rich history, contributions, and diversity of First Nations, Inuit, and Métis Peoples. The School's Anti-Racism and Indigenous Cultural Safety committees (ARC and ICS) have collected many resources for further exploration on the topic of racism in healthcare and more. You are invited to access this growing collection at any time.

RESOURCES

- **INDIGENOUS CULTURAL SAFETY COMMITTEE RESOURCES**
These include links to *The Racist Lady with the Lamp* by Natalie Stake-Doucet and a video developed by NNPBC celebrating Indigenous Nursing Day 2022 featuring many of BC's nurse leaders and UBC Nursing alumni: nursing.ubc.ca/ICS-Resources
- **ANTI-RACISM COMMITTEE RESOURCES** Find many scholarly works and collections such as *The History of Racism in North America* with readings on the history of colonization in Canada: nursing.ubc.ca/ARC-Resources
- **2021 MARION WOODWARD LECTURE AND PANEL**
Dr. Denise Wilson of New Zealand was last year's Keynote Speaker delivering *Transforming the rhetoric, racism and realities for Indigenous peoples: Disrupting nurses' thinking and practice*: nursing.ubc.ca/MWL2021

How to Build Better Health Technology

UBC researchers share lessons learned from innovative origami-inspired ventilator project

One of the many challenges faced by hospitals during the COVID-19 pandemic has been a shortage of ventilators. Health care facilities in low- and middle-income countries have struggled to procure the life-saving machines, which can cost tens of thousands of dollars each.

Last year, an interdisciplinary team led by UBC Nursing professor and Canada Research Chair in Senior Care Dr. Lillian Hung set out to help make ventilators more accessible. What they created is an effective, affordable ventilation device that costs only \$100 to produce and weighs in at just six kilograms—ideal for use in remote care settings and patient transports like ambulances.

The patent-pending technology can be made using a 3D printer, cutting production costs dramatically. It may also last longer than traditional ventilators do, thanks to an innovative origami pattern-inspired airbag design that minimizes wear-and-tear from repeated compressions.

In a recent issue of *Health and Technology*, the team—made up of nurses, engineers, doctors and others—described what they learned from their product development experience. We spoke with lead author and project coordinator Margaret Lin, a registered nurse and research assistant in Dr. Hung's Innovation in Dementia and Aging (IDEA) Lab, about their work.

Why did you decide to write about your ventilator project experience?

Little is known about how frontline health care professionals and engineers can collaborate to develop better health care technology. By sharing the tips and lessons we learned during the course of our project, we wanted to show how critical it is to collaborate with colleagues from various disciplines—and especially frontline clinicians—during the product development process.

How did you connect the clinicians and engineers who worked on your project?

Our clinical collaborator, Ingrid Hakanson—a respiratory therapist at Vancouver General Hospital—helped recruit frontline clinicians to attend focus groups for our project. In these groups, the clinicians watched Dr. Woo Soo Kim and Tae-Ho Kim from the Additive Manufacturing Laboratory at Simon Fraser University demonstrate their prototype design of the 3D-printed ventilator.

Then Dr. Hung and I asked the participating frontline health care professionals—including nurses, respiratory therapists and physicians working in intensive care or urgent care settings at Vancouver General Hospital—a few questions. We asked them:

What has the experience been like when caring for ventilated patients during the COVID-19 pandemic using existing ventilators?

What is your opinion about the new portable ventilator prototype design?

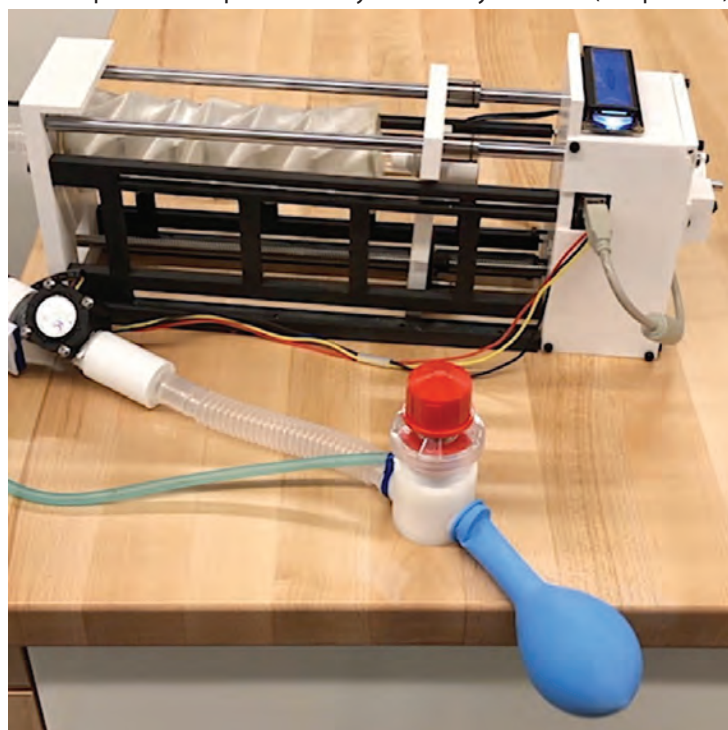
What can be done to improve this ventilator design?

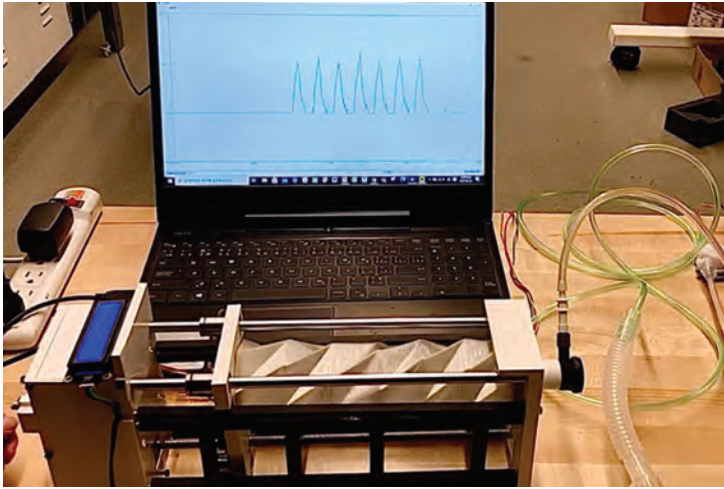
After the focus group, the engineering team integrated the feedback into the development of the ventilator.

What did you find?

Through the focus group discussions, we came up with five practical tips for the successful co-development of health care technology. By "successful", I basically mean technology that is well-adapted to the environment where it's used and that meets the needs of both patients and clinicians.

These tips can be represented by the acronym **AGILE** (see pullout).





What sets your work apart from that of other groups?

We brought together frontline clinicians, engineers, industry partners and nurse researchers to co-design health care technology for patient care. Our transdisciplinary partnership sets our work apart from traditional health technology designs, and we hope it inspires more meaningful involvement of health care clinicians in the design of health technologies.



Margaret Lin, MHLP Student



Dr. Lillian Hung, Assistant Professor

Full Study

Also read [Margaret's Rising Star interview](#)

AGILE

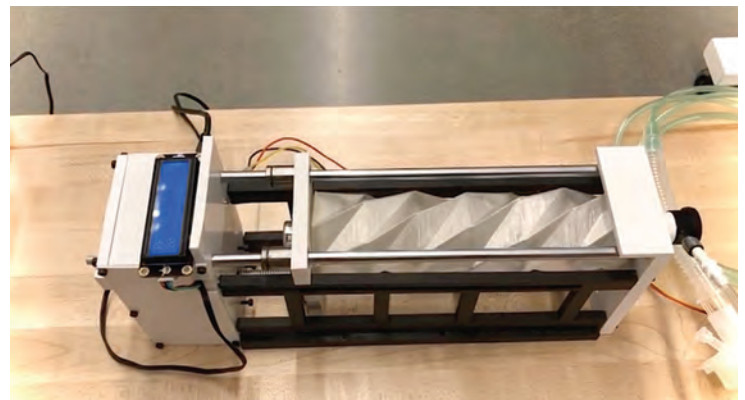
Analyse users' needs first: We were able to avoid unfavourable outcomes by first discussing ventilator safety standards and concepts, among other things, with clinicians.

Gain insights into the complex context of health care: The diverse group of professionals we spoke to provided us with valuable insights into things like patient populations, infection control requirements and hospital operation processes.

Involve users early and frequently: By soliciting clinicians' feedback early and throughout the development process, we likely saved money, time and effort and created a more effective and user-friendly ventilator.

Lead with a prototype: Having a prototype helped the clinicians visualize the product and brainstorm solutions. They provided invaluable suggestions about size, compression speed, material, structure and other aspects of the product. (Creating the prototype with them would have been even better.)

Educate and support: To maximize the effectiveness of the tips above, academic institutions and health care organizations need to support the teaching and practice of multidisciplinary collaboration, empathic design and other ways of connecting product developers and end-users.



Helen Shore Endowment

A Legacy for the School Supports the Nursing History Consortium



Following the announcement at the Nursing Gala on May 10, 2022, the Nursing History Consortium gratefully acknowledges that the Helen Shore Nursing History Endowment has been established for the support of scholarship in the history of nursing. The Consortium will be applying part of the interest of this \$2M endowment to our continuing work, which Professor Emerita Helen Shore has been instrumental in spearheading.

Professor Emerita Helen Shore was an alumna (BSN '61, MA in education '71), a faculty member from 1965 to 1990, and a longstanding friend of the School of Nursing.

Dr. Geertje Boschma and Dr. Lydia Wytenbroek are the steering committee co-leads for the Consortium for Nursing History Inquiry (the Consortium). In a recent conversation with Touchpoints they detailed the work of the Consortium and expressed a deep appreciation for Helen Shore's vision and generosity which will help to expand this work.

Q: Helen Shore has provided quite a legacy for the School. Can you elaborate on the relationship between the Consortium and your benefactor?

A: As an alumna and faculty member, Helen's dedication to the school has spanned decades. Her interest in nursing history may have originated in her family's ties to Florence Nightingale, who was related on her father's side. But it extends beyond her family's memoirs, which she detailed in *From Shore to Shore*, and is demonstrated in several prior gifts she made over the years. The first of those made it possible for us to develop the Consortium itself, and she remained a member throughout her life. In our centenary year, Helen's generosity made it possible for us to hold our symposium at Green College, and now with the portion of this endowment that will come to the Consortium, we have every reason to be grateful for Helen's keen interest in nursing history.

Q: What is the Consortium's mandate?

A: Its overall aim is to bring together students, faculty and members of the community to expand knowledge of the history of nursing. The Consortium serves as a resource for students, faculty, and members of the UBC-V School of Nursing's wider community to explore and examine nursing and health care's past.

Q: What sort of activities is the Consortium involved in?

A: It links with other groups and stakeholders interested in nursing and health history, develops resources, and organizes an annual symposium, lectures, and activities.

Q: What does Helen's endowment mean to the Consortium?

A: It ensures a vibrant future for the Consortium, and allows continuous support for nursing history scholarship. The fund will also support some new initiatives that take up the goals of the Consortium.

Q: When will you be able to start using these funds for nursing scholarship?

A: It has already begun with new initiatives in supporting students to contribute back and funding our work with students who are interested in nursing history.

Six students are currently working on nursing history master theses, dissertations, and SPAR [Scholarly Practice Advancement Research] projects. We have worked with students to initiate a book club project that started with a focus on books about the history of racism in healthcare. Now, a new group of students is taking over the book club and the topic in a given year can change depending on student interest. We are excited to see how that initiative will continue to evolve.

Q: And what about engagement with the wider community?

A: We interact with groups both locally and nationally. The BC History of Nursing Society regularly collaborates with us on events, projects and other community involvement opportunities,

As a member of our faculty for 25 years, Helen Shore was actively involved in curriculum development for both the undergraduate and graduate programs.

Even after her retirement, Helen remained dedicated to the School: she helped establish an internal research award in public health nursing, and contributed funding for nursing history scholarship. In 2013, Helen's support was integral in the launch of the Consortium for Nursing History. Helen then remained actively engaged as the Consortium's patron.

In recent years, Helen created an estate gift, the "Helen Shore Nursing History Endowment".

In addition to supporting the work of the Consortium for Nursing History Inquiry, these funds will support nursing history initiatives at the School, through scholarly work and research in nursing and health history, community engagement activities, promoting history in nursing programs, preservation of primary and digital sources in nursing history, and connecting with other nursing history units, scholars and groups to exchange nursing history scholarship.

and one of the book club's founders, Selyen Singh, presented the club's student paper at the Agnes Dillon Randolph International Nursing History Conference, which took place in Charlottesville, Virginia.

We also have a web presence in the form of a History of Nursing Blog (blogs.ubc.ca/nursinghistory), which we hope many will find to be a useful resource.

Helen Shore's generosity has made all this possible. Her support for the Consortium and the School is an expression of her extraordinary vision. We are extremely grateful for Helen's gifts and her ongoing legacy which is sure to support us well going forward.



Clockwise from left, Nan Martin, Geertje Boschma and Sheila Rankin-Zerr visit with Helen Shore at the History Symposium held in 2013.

UBC Nursing History Symposium

SAVE THE DATE

NOVEMBER 15, 2022 | TIME TBD

Public Health Nursing History: In historical and current perspectives.

A team of nursing scholars will review the interesting history of public health, including an opportunity to review Helen Shore's career.

2022 Marion Woodward Lecture

SAVE THE DATE

**OCTOBER 20, 2022 | 12 - 2 PM
ONLINE AND IN PERSON**

Climate, Health, and Healthcare: The World Needs Nurses Now

Guest Speaker: Elizabeth Schenk, PhD, RN, FAAN, Exec. Director of Environmental Stewardship, Providence Health; Assistant Professor, Washington State University College of Nursing

A Second Family

Tales of the Class of '61



50th Anniversary of Vancouver General Hospital Graduates (2010)

A hundred years-worth of alumni have graduated from the School of Nursing and each class is special in its own way: beginning with the Class of 1923 as the first in the Commonwealth to receive a nursing degree from a university, through the Class of '58 for their dedication to supporting nursing education, to the extraordinary Classes of 2020, '21, and '22—all confronted and prevailed over the pandemic experience. But the strong bond and dedication to one another that is embodied in the Class of '61 is unmatched and has endured unfaithfully for over more than sixty years. Here is their story.

The Class of '61 was the last of what was informally called the “sandwich” program: one year of Liberal Arts and Science, first year Nursing at UBC, the two-and-a-half years immersed in the Vancouver General Hospital (VGH) three-year program, living in residence, receiving diplomas and writing RN exams, then a fourth year of nursing courses at UBC and classes with Post-RN students (Helen Shore was in that group). This was followed by a month each of Public Health, Clinical Teaching (the first year students) and Administration (some in Port Alberni, staying at the Green Door Motel and welcomed by the RCMP!). Then a major “research” project was submitted in October for November graduation. Under the leadership of Miss Evelyn Mallory, Director, the BScN program was converted to a four-year BScN program to begin with the class following ours. With that, the relationship with VGH was severed and remained so for many years. Miss Mallory taught a class in fourth year that emphasized professionalism and advocacy including how to ask for better salaries, executed later with success by at least one.

The 48 members of the Class of '61 quickly formed close bonds beginning in the Liberal Arts year and these bonds were strengthened during First-Year Nursing. We were engaged in interesting classes, complex assignments and exams. Faculty lab demonstrations took place (some hilarious), followed by graded practice on Mrs. Chase (us wearing uniform). A continuous bridge game was set up in the common room. We were serious about becoming good nurses but had fun and the faculty had fun with us too.

We also participated in campus life. Needling Nurses vs Cooker-Crusher Home Economics were the teams in the annual Tea-Cup football game that raised funds for the Crippled Children's Hospital with Engineering cheerleaders and an Agriculture first aid team. Our match in 1959 raised \$1000. Miss Mallory always commented on the number of casts, wrapped ankles and bandages that appeared after practices for this match. Jane (Spratt) was Homecoming Queen that year. We all helped make costumes for the group who performed a dance routine for the Engineers' ball in 1957, choreographed by classmate and dancer Fran. May and June were hospital practicums supervised by fourth-year students.

During our time at VGH, we were bused to UBC for “summer school;” an intense six weeks, with a heavy workload of expanded knowledge and difficult case studies. Led by Jill, we learned ukulele, composed, and sang songs on the bus rides to and from UBC. One group, accompanied by ukuleles, presented their case report as a song, “Mr. Louis Adams having a Thoracentesis”. We developed a repertoire of songs composed for several occasions and still sing them, for example, at the 50th Anniversary of graduating from VGH (picture opposite), at reunions, and one was recently specially revised for a memorial.

Most of the class was engaged by the time we graduated, and married soon after and children began to arrive. We dispersed to various locations. Jan, who “was a mother, homemaker, part



Clockwise, Carol, Mary Lou, and Jill & Joyce in lab

time clinical instructor in two programs at UBC and a master's student—a part-time person” developed an annual newsletter, phoning for updated addresses, births and other news and then composed a newsletter on a typewriter, made copies, and sent via Canada Post announcing the date and location of the annual pot-luck luncheons. A well-attended two-day series of events for the 10th anniversary in various Vancouver homes included a picnic with husbands and children.



Dancers Eileen and Fran

In 1977, Signe began 24 years of annual newsletters with news and plans for reunions the coming year, all sent individually via snail mail. In 2001, when Signe's husband was very ill, Colleen retired and offered to help. A few years later, as computers were more common, we began using email with newsletter attachments. More frequent communication and consultation (such as for this overview) is now possible. While we were quickly a group of friends, classmates have asked that it be emphasized in this overview, that these annual news updates have helped to keep us connected and able to share joys and tough times, provide support, and help plan to attend reunions. There are closer friendship groups within the large group but when together, we are one group including husbands of more than 60 years.

As our children grew up, we were freer to take a “day off” so the 1996 luncheon was on Pender Island where three members had homes. Every five years, a two-day reunion has occurred beginning on weekends; but as we and husbands retired, the free ferry days became the days chosen! Our 20th reunion was in Banff, 30th in Vancouver, 40th at Whistler, the 45th at Laurel Point Inn in Victoria, the 50th was in Penticton, with a three-bus wine tour and various activities. At that time, over one dinner, some seated close by listened to a hilarious comparison of hearing aids between engineers, doctors and lawyers. The 55th was again at the Laurel Point Inn, where we were warmly welcomed with, “we are delighted to have such a friendly and generous group of friends return.”

Over the decades, our nursing careers were very diverse and spread around various regions of the world. We began as often the only BScN nurse on a staff and not always welcomed with expectations of competence. We have lived the transition to that entry to practice requirement from various vantage points.

All were pioneers in the various phases of the development of university-based nursing education programs and leaders in changes in health care delivery such as family planning and genetic counselling. Others were missionaries, administrators, and leaders in various aspects of Public Health and hospital nursing practice. Several books were written and papers published. Our practice and lives were in Jamaica, USA, India, Saudi Arabia, Scotland, England, Nigeria, and Australia, and in both urban and remote areas of Canada including the far north. Many completed graduate degrees, becoming clinical specialists, nurse practitioners, and academics. After nursing for some years, two became psychologists, another a landscape gardener, and one developed a wellness centre. More details of our careers will be filed with the nursing history faculty members.

Sadly, from the original class, we have lost touch with four and nine have died. We have annually contributed as a class to Nursing and have established a Memorial Fund with funds gathered at these reunions. The COVID-19 pandemic required cancelling the planned 2020 lunch, but we have kept in touch through email and telephone. Later in June, 20 of us, now in our 80's, (and some husbands) are looking forward to our first get-together in two years: a luncheon, now catered in a condo complex party room. Classmates are coming from the lower mainland, Vancouver Island, California, BC Interior and near Edmonton. It is a class reunion, but it is also “a second family” to us. Conversation is brisk and laughter frequent.

We thank our Alma Mater for sending hearty congratulations on the combined 60th and 61st reunion.



SUBMITTED BY M. COLLEEN STAINTON, BSCN, MSCN, PHD (NURSING)



Dr. Jennifer Baumbusch | Received **Community-University Engagement Support (CUES)** for a project titled "Addressing community-identified needs in inclusive education for students with disabilities and complex learning needs during and following the COVID-19 pandemic."



Dr. Suzanne H. Campbell | **American Journal of Nursing** named the publication *Lactation: A Foundational Strategy for Health Promotion* among the **most valuable 2021 texts on History and Public Policy**.



Dr. Leanne Currie | with alumnus **Dr. Charlene Ronquillo** and doctoral trainee **Lorraine Block** received the **UBC Health Innovation Funding Investment (HIFI) Award** for *Pre-processing community nursing and allied health data for equity-informed artificial intelligence for interdisciplinary wound care*.



Dr. Lillian Hung | Appointed **Canada Research Chair (Tier II) in Senior Care**, which aims to improve the care of older adults and revitalize the workforce in Long-Term Care (LTC) homes and hospitals.



Dr. Emily Jenkins | and team received support through the **Mental Health Promotion-Innovation Fund** (Public Health Agency of Canada) for *Agenda Gap: Youth-led policy advocacy to promote adolescent mental health and advance health equity across socioecological domains*



Dr. Margaret Moss | Named to a **National Academy of Medicine** study committee: *Review of Federal Policies that Contribute to Racial and Ethnic Health Inequities*.



Dr. Emmanuela Ojukwu | and team are recipients of a **UBC HIFI Award** for *Empowering individuals who are postpartum with education, self-monitoring for complications, and research through a mobile application*.



Dr. Elizabeth Saewyc | Following a successful first term at the School of Nursing Vancouver, appointed for a second term as **Director, UBC School of Nursing**.



Ms. Elsie Tan | represents a team of faculty members who were successful in their **Large Teaching and Learning Enhancement Fund (TLEF)** proposal. Congrats **Dr. Elisabeth Bailey, Dr. Geertje Boschma, Dr. Suzanne Campbell, Dr. Bernie Garrett, Dr. Naz Havaei, Dr. Saima Hirani, Ms. Cathryn Jackson, Dr. Maura MacPhee, Ms. Debbie Mann, and Ms. Julie Tipping**.



Dr. Sabrina Wong and Dr. Fuchsia Howard | have received **CIHR Project Grants**. Sabrina is co-lead to identify strategies for successful implementation of primary healthcare teams; Fuchsia's grant is on patient oriented research for clinical biomarker predictors of outcome after endometriosis surgery.

In Touch

Achievements and Lives Well-Lived

UBC Nursing doctoral trainee **Chloe Crosschild** was featured in a federal announcement on January 12, 2022 as a notable recipient from the 3-year Canada Graduate Scholarships Doctoral scholarship program. The announcement was part of Innovation, Science & Economic Development (ISED) Canada's news release: [Government of Canada backs more than 5,500 trailblazing Canadian researchers.](#)

ISMÁLIA DE SOUSA has won the **CAHN Vicky Bach Prize** for the best student paper delivered in English at the **Canadian Association for the History of Nursing** conference in June. Ismália Co-presented her paper with supervisor Dr. Lydia Wytenbroek, entitled "Black Nurses' Visibility in British Columbia, 1845-1910." This paper stems from the DS she completed on nursing history in the spring of 2021 and her ongoing research on this topic. Earlier in the year, Ismália received a **2022 Killam Teaching Assistant Award** for her dedication to teaching excellence at UBC.

CHEYENNE JOHNSON, Adjunct Professor, received the **2022 YWCA Women of Distinction Award** for efforts in advancing measures to treat substance use addiction and harms. Cheyenne also helped establish the Addiction Nursing Fellowship to prepare nursing fellows to work clinically in the field of addiction.

MADELEINE KĒTĒSKWEW DION STOUT, who is an honorary professor and longtime research collaborator with UBC Nursing, has received a further [honorary degree from Western University.](#)

UBC School of Nursing's PhD student **KERRY MARSHALL** has been selected as a **2022-2023 Killam Doctoral Scholarship Awardee** for her proposal, *Social justice in nursing education: A critical inquiry using discourse analysis*. Her supervisors are Dr. Vicky Bungay and Dr. Lydia Wytenbroek.

Two three-year **CIHR Postdoctoral fellowship** awards have been awarded. **DR. SHEILA NOVEK** is working on [An ethnographic exploration of user engagement in long-term care](#) with supervisor Dr. Alison Phinney. **DR. PAUL SHARP** is working on [The BuddyUp mental health e-intervention: Engaging men through social connection and mutual help](#) with supervisor Dr. John Oliffe.

MSN student **KYRA PHILBERT** has been recognized by the Canadian Association for the History of Nursing (CAHN/ACHN) with the **Dr. Margaret Allemang Scholarship in Nursing History**. In addition, Kyra has been awarded a **UBC Public Humanities Seed Grant** to present her drag-burlesque piece 'Nurse Angélique', a reimagining of the story of Marie Joseph Angélique as a modern Covid 19 nurse, on the Vancouver campus. In this artistic work, Kyra is specifically playing with the wonder/surprise of Blackness in Canadian nursing. Dr. Lydia Wytenbroek and Dr. John Oliffe co-supervise Kyra, who is completing the Master's thesis *Nurse Angélique: Revisioning French Catholic Nursing History as an Ethical Intervention in Contemporary Nursing Practice*.

KELSEY TIMLER received **Community-University Engagement Support** (CUES) for her project "Food justice for women on parole: A participatory action community partnership."

Henry David Currey In Memoriam



Dave Currey at the 2018 Gala

Friend of the School and 2015 Donor Partnership Award winner Dave Currey passed away on May 24, 2022 at age 95. Dave's UBC degree was in Agricultural Engineering, which led him to a successful career running Ronco Pole Structures and Princeton Wood Preservers. Dave contributed generously to nursing in recognition of the chosen career of

both his wife Birgit and his daughter Ingrid. In 2012, he made a \$1M donation to UBC for student awards, including the Birgit and Ingrid Currey Award in Nursing.

Raymond Thompson In Memoriam



Ray Thompson

Raymond M. Thompson, who was the first male UBC School of Nursing faculty member, passed away on June 17, 2022. After working as a clinical nurse or instructor in his native Nova Scotia, London (ON) and Toronto, Ray joined the School in 1972 as an Assistant Professor and retired in 2001. He was passionate about the role for nurses in promoting health and preventing illness and injury. His forte was the teaching of community (public) health nursing in both classroom and clinical settings to students enrolled in the baccalaureate and master's programmes. To this day, former students, retired faculty members and nurses based in the community and other settings have admiration for and fond memories of his compassion, knowledge, attention to detail and wonderfully quick wit.

Student Spotlight

Leah Shin, BSN

Coming into nursing has allowed me to pursue more leadership positions and explore more avenues of healthcare that I previously would not have considered.

Read the full Q&A with Leah and other Nursing Students at: apsc.ubc.ca/spotlight



The Gateway Building Spring/Summer Update: Breaking Ground

Excavation and the provision of new utilities has started for the new health science Gateway building which will house the UBC-V School of Nursing on the fourth and fifth floors. In December, the architects Perkins and Will won a prestigious national architectural design award for this new building, *Canadian Architect Magazine* awarded a Canadian Architect Award of Excellence for the design, and it was featured in the magazine's December edition. The new building is planned to open in the summer of 2024.



Excavation at the site



Left: Looking north across University Boulevard



Right: Looking west across Wesbrook Mall at University Boulevard - June 2022

In May, UBC Health announced that The UBC Gateway Health Building will also house a team-based primary care teaching clinic. The clinic will better equip students to carry the requisite knowledge, skills, and values into their future practice. The collaborative, inter-professional, team-based patient care acquired in the clinic will ultimately enhance patient and caregiver experience and improve the health of people in British Columbia.

2022 Nursing Gala

A Celebration of UBC Nursing



The 2022 Gala awardees: Top - **Leah Lambert**, Recent Alumni Award; **Kulmindar "Mindy" Kaur Johal**, Alumni Award of Distinction; Bottom - **Amy Low** (and not pictured: **Dr. Victor Omelchenko**), Erickson-Kline-Moerike Nurse Practitioner Preceptor Awards; **Rianna Mitchell**, Award for Excellence as BSN Preceptor; and **Debbie Johannesen**, Alumni Recognition Award.

May 10, 2022 marked the second online UBC Nursing Gala, which took place over Zoom. Once again Fred Lee, Director of Alumni Engagement at Alumni UBC, was Master of Ceremonies. Director Elizabeth Saewyc and Dean James Olson offered words of welcome, news, and celebration of this past year's activities at the UBC School of Nursing. The gala provided an opportunity for the dean to announce that Elizabeth had been reappointed to a second term as director of the School.

Elizabeth reviewed the highlights of the past year, including an update on the construction of the award-winning Gateway Health Building—bringing attention to the inclusion of high-fidelity simulation suites that will assist in preparing students for their practice. The building is on schedule to be completed by the Summer of 2024.

Kris Gustavson and Dr. LeeAnne Currie, co-chairs of the Nursing Alumni Committee, presented the Alumni Recognition Awards. Elsie Tan presented the Award for Excellence as BSN Preceptor, and Elizabeth presented the two Erickson-Kline-Moerike Nurse Practitioner Preceptor Awards.

Attendees observed a moment of reflection during a brief video memorializing alumni and friends of the School. After the gala formally concluded, many stayed online to talk with each other and engage with the exceptional community that the Nursing Gala continues to celebrate each year.



In order to add to the festivities, packages were sent to each awardee.



For details about the awards and a link to the recording of the event, please visit: <https://nursing.ubc.ca/about/recognition/list-gala-award-recipients>



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