

February 2023

Dear Health Science Students,

Congratulations on your acceptance to your Faculty of Health Sciences...what an exciting time in your life!

Before entering your new program and your future clinical practices, it is mandatory that you have an immunization review at UBC Student Health Service. This is required in order for you to take part in clinical practice. SHS can provide all of your vaccinations and lab tests for you during your appointments with us.

Please note, the cost of an immunization review and required vaccines completed at UBC Student Health Service is covered within your university fees. (UBC Student Health Service will also indicate to you if there are any recommended vaccines, which are at your own expense.)

Your responsibility prior to your appointment is to complete the following:

1. Locate your childhood and adult immunization records, including at least two Covid 19 vaccine doses (required), and bring them with you to your appointment. This is mandatory!

If you do not have your records at home, then contact the Public Health Unit of your childhood home, your family physician, or a travel clinic you have visited, who will have records for you. If you have had immunizations in British Columbia, also try Healthgateway.gov.bc.ca

Note: If your records are in a language other than English, please have them officially translated prior to your appointment with Student Health Service.

Paper copies are preferred to virtual ones

2. Phone UBC Student Health Service at 604 822-7011 and press 0 to book your appointments for your Immunization Review. Student Health is located at M334-2211 Wesbrook Mall in the UBC Hospital. You will require **two appointments, two to three days apart.**

We would like to advise you to **book your appointments as soon as you receive this notice**, in order for your review to be initiated prior to beginning your clinical rotations.

The following is a list of vaccines that will be reviewed and are necessary to have.

Tetanus/diphtheria and Pertussis:

- **Required** - Childhood series of 5 doses (or 4 if the 4th dose is administered after your 4th birthday) or an adult series of 3 doses (at 0-1-7 months apart)
- **Required** – A Tetanus booster within the last 10 years after your 18th birthday.
- (Note: A Tetanus vaccine with Pertussis is highly recommended. This is \$39 and is not covered with your university fees. You can claim this with the AMS student health plan.)

Covid-19 Vaccine:

- **Required** – Two doses (minimum) of any Health Canada approved Vaccines. (Pfizer-BioNTech comirnaty/bivalent, Moderna Spikevax/bivalent, Novavax Nuvaxovid, Astra Zeneca Vaxzevria/Covidsheid). Boosters are highly recommended.
- Or one dose of Jansen

Polio:

- **Required** - Childhood series of 5 doses (or 4 if the 4th dose is after your 4th birthday) or adult series of 3 doses (at 0-1-7 months)
- Recommended – Adult booster dose

Measles, Mumps and Rubella:

- **Required**- Two **documented** doses of MMR.
- Please note that **SEROLOGY IS NOT ACCEPTED** by Health Authorities

Chicken pox:

- **Required**-Serology proving immunity (anti-VZV IgG) **OR** two doses of VZV vaccine if negative serology.

Hepatitis B:

- **Required**-Childhood or adult series of three **documented** doses
- **ALL Hep B** serology:
 1. Hepatitis B surface antigen (HBsAG)
 2. Hepatitis B core antibody (anti-HBc)
 3. Hepatitis B surface antibody (anti-HBs) – a quantitative value.

Tuberculosis screening:

- **Required**-TB skin test is required within 6 months of the start of your clinical placement, regardless of history of BCG.
The TB skin test must not be done within 4 weeks of MMR or VZV vaccine
- If you have had a previous positive skin test, a chest x-ray will be required ***within one year of the start of your clinical placement***. We can arrange for this, but if you choose to have this done prior to your appointment at Student Health, please bring a report of this x-ray.
- If you have a positive skin test we will refer you to BC-CDC TB Control. You will be required to forward us a copy of their recommendations.

Your specific faculty will have set deadline for these appointments to be completed. If they are not booked in time your ability to attend clinical practice will be impacted.

We look forward to seeing you here at Student Health Services in the near future. Please **remember to book your appointments as early as possible!**

The Nursing Team at UBC Student Health Service