

# *touch*POINTS

NURSING NEWS | SPRING/SUMMER 2024



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## TOUCHPOINTS

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Cover Photo: Nursing Student Nadia Lamptey by Paul Joseph



# DIRECTOR'S MESSAGE



The annual Nursing Gala, held as we celebrate Nursing Week (see p.10-11) always provides an opportunity to reflect on our past achievements and upcoming changes.

I am delighted to share that we successfully completed the rigorous accreditation

process of the Canadian Association of Schools of Nursing for our undergrad program, which once again confirms the quality of our curriculum, our faculty and our students.

Nursing research continues to be a core achievement. Faculty and student successes in securing highly competitive research funding supports us in advancing knowledge and innovation in healthcare, and speaks volumes about the expertise of our researchers. Our students continue to shine brightly in their personal and academic achievements, emphasizing the calibre of education they receive and the dedication they exhibit in their studies.

Our electives offer valuable educational experience to support students across the campus, and the demand is astonishing. Over this past year, more than 1,800 students signed up for 32 different sections of these courses (21 of them for the stress and coping course alone!) and each course had a full waitlist as well.

Amidst these achievements, our nursing school has also undergone further expansion to address critical needs in the healthcare system and advance our mission. As of this coming September, we are doubling our Nurse Practitioner Program from 30 to 60 new students each year, preparing highly-skilled advanced practice nurses to meet the urgent need for primary care providers. This will make our program the largest NP program in Canada.

Our faculty continues to grow as well to accommodate these successful expansions. See page 6 to learn more.

I am profoundly impressed with the strides we have made as a nursing school and excited about the opportunities that lie ahead. Together, let's continue to inspire excellence, foster innovation, and make a meaningful difference in the lives of our students while influencing policy and enhancing the health of our communities.

Elizabeth Saewyc, PhD, RN, FSAHM, FCAHS, FAAN, FCAN  
Professor & Distinguished University Scholar  
Director, School of Nursing

## Byte-sized Brilliance: our faculty online

Alum and Assistant Professor at UBCO **Carla Hilario** published an op ed for *Maclean's* magazine: "Let's talk about the mental health of young immigrant and refugee men."

**Dr. Bernie Garrett** discussed with CBC News how health scams can pose not just a monetary but also a health risk.

**Dr. John Oliffe** and postdoctoral fellow **Dr. Paul Sharp** launched **In Good Company**: a website and podcast to support men in talking about their mental health with friends.

C. Hilario Op Ed



Bernie on CBC



In Good Company



# The Big Picture

## A First look at the 2023 BC Adolescent Health Survey

Every five years since 1992, thousands of BC students from grades 7 to 12 have taken the **BC Adolescent Health Survey** (BC AHS). The survey was developed by the **McCreary Centre Society** and overseen each cycle by UBC School of Nursing's **Dr. Elizabeth Saewyc**, who has been co-principal investigator of the survey along with McCreary's executive director and UBC Adjunct Professor **Dr. Annie Smith** for nearly 20 years. The survey is administered in public schools province-wide by public health nurses and nursing students. In 2023, 38,500 young people completed the survey. The first report from the 2023 BC AHS, **The Big Picture**, shows the latest information and looks back at trends over the past ten years (and sometimes the past 30 years). The report shows the profile of BC youth aged 12 to 19 continues to diversify, and over the past five years, their health and well-being has gotten better in some areas, but worsened in others.

This invaluable research tool provides data about the variety of issues that influence young people's health: from nutrition, sleep, exercise and extracurriculars, friendships and supportive family and school relationships, safety, bullying and discrimination, mental health, substance use, injuries and concussion, sexual activity, social media use, economic challenges, and access to health care. This first report provides a broad overview of the many questions in the survey.

In the coming months and years, Dr. Saewyc, Dr. Smith, and researchers in various fields will draw on this survey data to develop more detailed reports, which will focus on various topics or reference more localized regional data. Ultimately, like the data collected in previous years, the results from this survey will inform health and school policies, programs, and health systems.

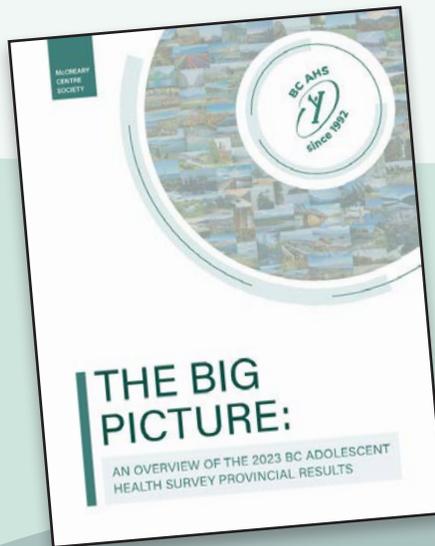
What are some of the highlights? Since the last survey was in 2018, before the COVID-19 pandemic, this latest survey gives a sense of how the pandemic might have influenced young people's well-

being. The survey found poorer mental health, more self-harm, and young people feeling less hopeful for their future than teens were five years ago, but these declines were still better than what teens reported 30 years ago. In 2023, youth were less likely to get enough sleep, and felt less safe at school and less connected to their school and community, and they were less likely to have in-person friends. More students reported discrimination, although cyberbullying had declined in the past five years. There were also some trends that showed mixed results; for example, far fewer young people reported ever having sex, but those who were sexually active were less likely to use condoms or contraception than five years ago.

Another area with mixed results was substance use. Although there was an overall decline in youth who had ever tried alcohol, tobacco or cannabis compared to five years ago, among those who had tried each of these substances, more of them reported they had tried them for the first time at age 12 or younger. When a reporter wondered whether the legalization of cannabis might be the cause of youth trying cannabis earlier, Dr. Saewyc expressed her doubts. Pointing to the similar trends in the survey for alcohol and tobacco use, she noted, "These two have been legal for much longer than cannabis (although still not legal for adolescents). If this change were due to cannabis legalization, it should only show up as a trend for cannabis, not for both alcohol or tobacco."

The 2023 BC AHS offers a further look at protective factors that are helping some young people navigate the challenges of our current world, especially how supportive relationships can help buffer some of the risks. The results provide data to support public health nurses, schools, governments, parents, and young people themselves to take action to promote their health and well-being.

For more of this overview, click or scan the icon below.



Students were invited to add comments at the end of the survey. Some of these punctuate *The Big Picture* and some of those comments have been transformed into lyrics. Watch the Youtube video developed by young artists.



Download the PDF of *The Big Picture*.

# Up

Was born abroad



Can speak a few words of Indigenous language



Has caretaking responsibilities



Identifies as a gender and sexual minority



Household includes grandparent



Disordered eating behaviours



Bereaved (by overdose & violence)



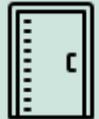
Likelihood of self-harm



Tried restricted substance before age 13



Experienced sexual abuse



# Down

Engaged in sexual activity



Vaped, smoked tobacco, drank alcohol, or used cannabis



Of European heritage



Eats healthily



Gets at least 8 hours of sleep



Feeling hopeful for the future



Satisfied with quality of life



Manages stress



Planning post-secondary education



Positive overall health rating



"Cute" icons by Icons8

# Introducing New Faculty

Please welcome these new members to the School of Nursing faculty. Their expertise and enthusiasm is sure to enrich our academic community and contribute to our continued success.

## NEW ASSISTANT PROFESSORS

Trevor Goodyear  
Angela Russolillo  
Jenny Auxier

## NEW ASSISTANT PROFESSORS OF TEACHING (NP PROGRAM)

Jillian Harding  
Jon Neufeld  
Shannon Rooney

## NEW LECTURERS

Caitriona Buckley  
Sara Vajihollahi  
Melanie Guidon

These new colleagues will be joining the team after the publication of this magazine, so their stories and photos will be featured in upcoming Touchpoints. Meanwhile, readers are invited to explore details about all our faculty on Nursing's "Our People" webpage.



# Recognizing Dr. Suzanne Hetzel Campbell



Dr. Suzanne Hetzel Campbell at the Nursing Gala in 2023.

**Dr. Suzanne Hetzel Campbell**, professor at UBC's School of Nursing and director of the school from 2012 to 2016, will be retiring in August.

Suzanne's transformational leadership in simulation has been characterized by her commitment to being a role model and nurturing innovative simulation approaches with her collaborators. Her commitment to building capacity in simulation is evidenced by facilitating faculty development workshops, mentoring new and seasoned authors, encouraging them to share their simulation designs in her award winning textbook, and encouraging inter-professional simulations led by nurses. She is very active on X (formerly Twitter), so you can keep up with her future projects by following her on social media.

Suzanne's vision and dedication during her tenure as director, especially her expertise in simulation education, has helped shape our school into the innovative learning environment we have today. We extend our heartfelt thanks and best wishes to Suzanne as she embarks on the next chapter of her journey—as an active Professor Emeritus.





# Convocating Class of 2024

PHOTOS BY ALEKS MITIC



## 2024 marks 35 years for the UBC School of Nursing Class of 1989!

It was only five years ago, on July 13, 2019, that the UBC School of Nursing, Class of 1989, celebrated their 30th reunion with 48 members of their graduating class. While the class intended to celebrate at 25 years, they made the decision to delay the reunion when the graduating class experienced the sudden loss of classmate **Diana Gamage**. They remembered her fondly as they gathered at the Pinnacle Hotel at Lonsdale Quay in North Vancouver, BC.

The group had a wonderful dinner, and a slideshow of memories from their time at UBC that was prepared by **Mitchel Erickson** who said, "It was wonderful to catch up with old friends and share personal memories as well as learn of everyone's nursing career to date."

The variety of career trajectories of each classmate speaks to the diversity of professional contributions to healthcare that a nurse can make. Many went on to graduate school and worked in several countries showing the true global reach of UBC School of Nursing alumni, while others worked in the Vancouver movie and television industry as healthcare experts ensuring accurate representation.

## Reuniting Class of 1989



The following day, a small but mighty group of the classmates gathered for a hike to the Lynn Headwaters on the Northshore. The trek scenery reminded all of the privilege we share living in or visiting the Lower Mainland.

Many thanks to the organizing committee, which included **Mitchel Erickson, Rachel French DeMejia, Colleen Jeffery, Carol Rochford, and Bruce Gamage**.

1989 UBC SON REUNION PLANNING COMMITTEE

# Caitlin Botkin, MSN 2024

## Following My Curiosity: A Meandering Educational Journey



I'm **Caitlin Botkin** (she/her) and I am honoured to have this opportunity to share my educational journey. I have been living, learning, playing, and raising my kids on the traditional and unceded territory of the xʷməθkʷəyəm (Musqueam) people for the last six years. As a Dutch settler, I have lived on Turtle Island my entire life and strive to raise my children in a way that honours and respects the land we live on.

I value holding space for people's experiences and emotions and I have had the privilege to do this as both an emergency nurse and a registered midwife. I love learning in all its forms, particularly from people who are passionate about what they are teaching. I am naturally curious and communicate almost entirely in questions when I am trying to understand a concept.

I enjoy baking, gaming with my family, and I rarely show up to class without a crochet project to keep my hands busy and my brain engaged. My favourite place to be is curled up with a good book, blanket and warm drink on a rainy day, but I also love walks in the forest and along the ocean.

### Why did you choose to study Nursing at UBC?

Six years ago, my family and I moved into family housing at UBC for me to pursue my midwifery degree. Going back into an undergraduate healthcare program after a decade of practicing as a registered nurse was an eye-opening experience. I had forgotten the span of emotions that come with clinical placements and the many factors that can influence your success. Halfway through my midwifery degree, the Covid-19 pandemic hit, further highlighting the challenges of learning in healthcare environments. I decided to pursue my MSN to explore how healthcare students are being supported in their clinical education despite workplace shortages and widespread burnout.

Be curious, ask questions, and spend time learning from passionate people.

### What has made your time at UBC memorable?

Being open to new learning opportunities changed my educational and professional trajectory. At the end of my second semester, my ethics professor, **Dr. Drew Clark**, asked me if I was interested in a directed study with **Trans Care BC**. It was in this course that I discovered a passion for research and knowledge translation. This led to me working as a nurse educator job at Trans Care BC, changing my thesis topic, and planning to begin my PhD in September.

With the support of my co-supervisors **Dr. Clark** and **Dr. Helen Brown**, I did a qualitative research study for my thesis project: **Support of Lactation Induction in Transgender, Two-Spirit, and Non-Binary (TTNB) People**. Completing this research was both more labour intensive and more rewarding than I anticipated. When I saw that people had actually answered my survey, I burst into tears while sitting at my computer. As I went through

our findings and saw the rich and personal experiences that participants shared, I was humbled by the trust they placed in our research team. It was a pivotal moment in my professional life and I have a hard time finding the words to describe how this impacted me.

### What have you learned that is most valuable?

My time at UBC has changed how I relate to the world. In the midwifery program, I witnessed another side of the healthcare system, one that was grounded in informed choice and individual values. Through interactions with clients, fellow students, preceptors, and faculty, I began to question previously held assumptions. I embraced a relational and individualized approach to care, grounded in principles of decolonization and intersectionality. The faculty in the MSN program supported me to refine these principles into the theoretical positioning that underpins my work and research.

I have always been curious and I love learning new things. My time in the MSN program ignited this passion and gave me space and time to immerse myself in learning. I developed new research skills and became a much stronger writer by exploring the same concepts in multiple classes. Receiving feedback from different faculty helped me develop a writing style that incorporates my own style and is appropriate for the audience I am writing for, whether that audience is academic or clinical.

*This interview is excerpted from UBC Applied Science's Rising Stars series. Click or scan the link below for Caitlin's full Q&A.*

CAITLIN BOTKIN AND UBC APPLIED SCIENCE



# Paige Rains, BSN 2024

## D.C. & H.L. Knigge Scholarship in Nursing Awardee

**Paige Rains** (she/her) is the recipient of the **D. C. & H. L. Knigge Scholarship in Nursing**. This scholarship has been endowed by D.C. and H.L. Knigge for undergraduate students entering third or fourth year Nursing. The awards are made on the recommendation of the School of Nursing.

*Paige graduated with her BSN this spring, but found time in her busy schedule to offer her thoughts on this award, her student experience, and the nursing profession.*

For as long as I can remember, I have always known I was going to pursue a career in healthcare. I have many family members who work in healthcare and grew up surrounded by nurses, doctors, and dentists who inspired and encouraged me. Two of my aunts actually graduated from nursing at UBC Vancouver, so I feel very honoured to follow in their footsteps and graduate from the same program. I also found a passion for healthcare in the various work and volunteer positions I have pursued. From medical missions in Mongolia, to being a technician at a dental clinic and at two different ophthalmology clinics, I have had the opportunity to explore numerous healthcare settings and roles, which ultimately led me to nursing.

What's special about nursing, and what truly drew me to the profession, are the profound connections nurses are able to form with their patients. I have never been able to provide quite the same level or depth of care in other healthcare positions as I have nursing, which I think is what makes it such a fulfilling career. Nurses are positioned uniquely to provide comprehensive physical, psychological, and social care for their patients; to care and advocate for them in their most vulnerable moments; as well as educate, support, and motivate them. This makes nursing a challenging career but also an incredibly rewarding one that I look forward to dedicating myself to for many years to come.

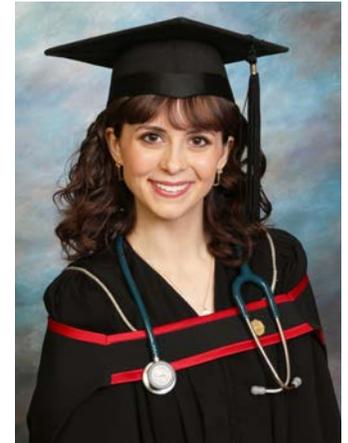
Like many, I experienced some imposter syndrome going through the nursing program as it could be very demanding at times and was a huge step academically and professionally. I think being one of the youngest, starting the program at 19 years old with only two years of post secondary behind me, contributed to this feeling as I felt like I wasn't as experienced as many of my peers. There were times where I questioned if I was cut out for nursing or if I was doing a good enough job. However, receiving this award midway through the program was validating as it reassured me that I was in the right place and gave me the confidence boost I needed that reaffirmed my dedication to nursing. I am incredibly honored and humbled to have received this award in support of my nursing career. This award greatly contributed to my certification as a registered nurse and went towards my registration fees with the BCCNM and the NCLEX.

The most rewarding aspect of my nursing education was the clinical experiences. UBC offers clinicals in numerous specialties that other schools don't. I have talked to nurses from other programs and provinces who didn't get the same clinicals, such as pediatrics or maternity, so I feel grateful that I got to explore so many different

specialties with UBC. I will never forget assisting during the first birth I had ever seen at Peace Arch Hospital or completing mental status exams at the Forensic Psychiatric Hospital. These were truly unique and formative experiences that have made a lasting impact. Having clinicals in many different hospitals and specialties was such a privilege, and I know having such diverse clinical experiences will inform and improve my care no matter which specialty I pursue.

I will very shortly be starting my career as a registered nurse on the general surgery unit at RCH, where I completed my preceptorship. General surgery was the perfect fit for me because I love the wide variety of patients we get on the unit, from people in their late teens to their late 90's, as well as the wide variety of clinical skill opportunities there are. You really get a little bit of everything on the unit which is exactly what I was looking for. I see myself staying on the general surgery unit for many years but I would love to explore teaching roles as a clinical instructor or preceptor as well.

I really admired my clinical instructors and preceptors throughout the program and I hope I can be a valuable teacher for other nursing students like they were for me.



There are countless directions you can go with a degree in nursing so I am open to anything and excited to see where my nursing journey takes me.

Out of all of my mentors throughout this program, I would have to say my preceptors on the general surgery unit at RCH had the greatest impact on me. From the moment I met them they were both so kind, encouraging, and supportive. They made me feel very welcome and comfortable on the unit which allowed me to feel confident in taking on more responsibilities as a preceptorship student. My preceptors sought out every clinical skill they could for me to try and were always there for me when I needed them. They were a major reason I decided to apply to be an RN on the unit and they have inspired me to pursue teaching roles in the future.

# A Celebration of Nursing At the 2024 Nursing Gala

What better way to spend a sunny afternoon than deepening past friendships and establishing new ones at the 2024 Nursing Gala? Faculty, staff, students, alumni and emeriti gathered at the **Robert H. Lee Alumni Centre** on May 16, 2024 to celebrate excellence in nursing and nursing education in honour of Nursing Week.

**Elder Thelma Stogan, Elder Arthur Stogan, and Felecia Stogan** opened the event with words of welcome and a traditional song. **Dr. Elizabeth Saewyc** hosted, and although **Dr. James Olson**, Dean of Applied Science, could not be present in person, his pre-recorded message was received warmly by the attentive audience of 103 gala guests.

After Elizabeth provided an overview of the many reasons for celebration at the School of Nursing, it was time to present awards, including, in 2024, an extra: the UBC Alumni Builder Award, bestowed by **Alumni UBC** on past co-chair of the Nursing Alumni Committee, **Kris Gustavson**. Presenting awards were **Dr. Nassim Adhami, Dr. Elisabeth Bailey**, and class of '89 alum and award donor, **Dr. Mitchel Erickson**.

The evening continued with more refreshments, connections and laughter.

## 2024 UBC SCHOOL OF NURSING ALUMNI AWARDS

**Recent Alumni Award** | Megan Johnstone

**Alumni Recognition Award** | Jackie Denison

**Award of Distinction** | Janie Brown

## 2024 UBC ALUMNI BUILDER AWARD

Kristyna Gustavson

## 2024 UBC SCHOOL OF NURSING PRECEPTOR AWARDS

**Erickson Kline Moerike Nurse Practitioner Preceptor Award**

Donna Paradowski

Harvinder Kaur Sihota

**Award for Excellence as a BSN Preceptor**

Gurleen Dhaliwal

Ivee Galsim



Back Row R to L: Kris Gustavson, Harvinder Sihota, Ivee Galsim, Gurleen Dhaliwal, Elizabeth Saewyc.  
Front Row: Megan Johnstone, Donna Paradowski, Janie Brown, Jackie Denison.



Photos by Oliver Mann

# Emerging Media Lab Spring Showcase

## Nursing Project Gets AI Treatment

Associate Professor of Teaching **Ashley Scott** has a passion for technology, and readily admits he's not an expert in designing or building technological tools. However, his extensive pedagogical knowledge helps him to conceive innovative ideas for use in the classroom, which the **Emerging Media Lab (EML)** can then bring to life.

The EML is an experiential learning space at UBC where faculty, students and staff from all disciplines collaborate with industry and the community, using technology to create tools and techniques to take learning to the next level. Ash recently attended as a panelist at the EML Spring Showcase to share a project developed in partnership with **Dr. Fairleth McCuaig**. Panelists were united in their assessment of the EML: It not only offers experiential learning to those students who are using emerging media to create and develop technologies—it also benefits the students whose ways of learning are enhanced by those technologies. This is a resource that needs to be scaled up!

The showcase featured a project that Ash, as principal investigator, proposed to the EML: to develop a **Virtual Reality Tool for Nurse Practitioner (NP) Students**. At the showcase, Ash introduced the problem with a short explanation about Objective Structured Clinical Examinations, or OSCEs. Before they can work as an NP, students who have completed their program must pass a Provincial OSCE so they can register with the BC College of Nurses and Midwives. Ash says,

"We do our best to prepare them for this high-stakes examination by having OSCEs throughout their program, but other than working from a piece of paper and practicing with other students who know the same scenarios, there isn't a real way for students to have a realistic practice of this type of assessment.

"We have virtual reality scenarios," he points out, "but even though they look realistic, they are highly scripted and the student's experience is often interrupted by boxes popping up saying 'I don't understand what you're asking. Did you want to say this instead?'"

Ash had this problem in mind when the breakthroughs in large language models exploded in the news. He began to wonder if this resource could be leveraged to create a more realistic experience for students preparing for their OSCEs. So, he presented his idea to the EML.



Ashley Scott presents at the Emerging Media Lab Spring Showcase

At the showcase, Worklearn students **Victoria Lim**, **Jerry Wang** and **Graydon Strachan**, otherwise known as the Nurse Practitioner Virtual Reality Tool Team, gave a brief overview of the project, which began in September of 2023 and is still under development. Their goal was to create a prototype that allows student NPs at UBC to engage in interactive consultations with lifelike virtual patient avatars to prepare for their OSCEs. In fulfillment of that goal, they have created one OSCE scenario which contains the patient brief, examinee instructions, metahuman avatars and the ability to provide results in the form of an OSCE score. To see their impressive project, jump to 48:22 at the link below.

Ash is blown away by the ability of the students in the lab to transform his ideas into reality and is very much looking forward to continuing the Nurse Practitioner VR Tool project. He offers this advice to others who have been fostering an idea—or even if they haven't. "Really think about how you can interact with the EML. Emerging technologies push the boundaries of what we can do in our classrooms, so don't let your ideas drop to the back of your mind the way I have always done—create a proposal and submit it to the EML." You won't be disappointed.



# PeP Retires

## Clinical Assessment Tool Transitions to New Platform

Graduates of the School of Nursing since 2009 will remember PeP. It was new, it was innovative, and it was digital; a platform developed by **Dr. Bernie Garrett** based on his research that moved the School from paper to a portable e-portfolio system, garnering awards and fans along the way. A uniquely novel aspect was the inclusion of professional reflection communications and documentation within the application.

Through its various iterations, as outlined in the timeline below, it remained an in-house programmed application. PeP was scalable and improveable over the years so that it has remained a valuable tool for clinical assessment long after other campus-wide systems have been replaced.

Bernie has since moved out of the field of educational scholarship, but recently noted "I am amazed it is still going strong today, and although it looks quite a dated format these days, it has certainly stood the test of time and served us very well. I was also quite surprised to see that my old voiced PeP training videos are still up there! We have certainly had our money's worth out of it, and it is a testament to the design and programming skills for all those who helped develop it. I will miss seeing the inclusion of interactive reflective journaling built into the system, which in my view, is still not well handled in modern systems. However, I very much look forward to seeing a modern replacement take us into the next era of clinical practice education."

For the School, the next era begins with Pebblepad, a commercial e-portfolio platform which is being modified especially for our BSN and MN-NP clinical practice courses. Various faculty are designing

workbooks that reflect their requirements for how students will demonstrate competencies. Initially, these workbooks will mirror PeP to enable a smooth transition, but the possibilities for the future are significant.

The School is the first unit at UBC to use Pebblepad, potentially paving the way for its adoption in other practicum-based courses. The transition project has been a team effort, with leadership provided by Associate Professor of Teaching and Lead Learning Designer **Ashley Scott** and Project Manager **Ellen Siu**, in collaboration with the pedagogy team—**Dr. Fairleth McCuaig**, **Marlene Burrows**, **Sheila McBurney**, and **Debbie Mann**—and the technical team—**Natalie Chambers**, **Shazeen Hasham**, and **Vlad Petchkovsky** from the **Clinical Practice Placement Unit** with input from **UBC IT** and many others from the School and the wider university. Ashley says that he is "extremely grateful to everyone involved for their commitment to enhancing our students' experience and shaping the future of their practice education."



Pebblepad BSN e-portfolio

**2004 - 2006**  
Moving records from paper to personal digital assistants  
Research by **Dr. Bernie Garrett** earns UBC Spencer Award for Information Technology and Innovation 2007.

**2006**  
Prototype for clinical competence assessment developed & evaluated  
Bernie, **Catherine Jackson** publish and present their prototype at national and international conferences.

**2006 - 2007**  
Practice e-Portfolio (PeP) is developed in-house  
Director **Dr. Sally Thorne** agrees to supplement TLEF to fill a gap in available tech, developing a full web-based clinical portable e-portfolio system.

**2007 - 2008**  
Faculty Team led by Bernie and Catherine  
Joining the team: **Dr. Maura MacPhee**, **Lynne Essen**, **Enid Muirhead**, **Bev Valkenier**, **Barbara Boyle** and **Helga Marshall** for BSN and **Gloria Joachim** for NP.

**September 2009**  
PeP officially launched  
In-house PeP development team led by IT manager **Alex Etesami** with programmers **Brian Leung**, **Dan Helmer**, **Amar Khangura** and **Cameron Smithers**.

# Our Amazing Alumni

## M. Anne Wyness (BSN Hons. '65)



Anne Wyness, BSN '65

**Anne Wyness** is an excellent example of how to make the most of the opportunities retirement affords.

Graduating with honours from the UBC School of Nursing with the BSN class of '65, Anne began her employment at UBC as an assistant professor in 1973 and retired in 2002 as an associate professor emeritus.

Throughout her years at UBC, Anne's teaching and scholarly work focused on the care of patients and

their families in high acuity settings, particularly the neurosciences. At the graduate level, she taught educational processes in nursing. A leader in the development of the CNA Certification Programme, Anne held the first joint appointment between the School and the Department of Nursing at Vancouver General Hospital. In the field of HIV/AIDS education, her collaborative work with colleagues in nursing, medicine, social work and pharmacy advanced interprofessional learning at UBC and across Canada.



Shoppers inspecting the display in the meat side window of Reid's ca. 1925-32, before the canopy was installed.

Following retirement, telling the story of her family's business, **James Inglis Reid Ltd.**, became a significant project. Expanding on previously acquired research skills, she consulted countless sources to gain insights into the business itself, changing times in Vancouver, and her family's experiences in Scotland and Vancouver. Throughout this project, she drew on a treasure trove of business records and artifacts now part of the collections at the **City of Vancouver Archives** and the **Museum of Vancouver**. *The Larder of the Wise: The Story of Vancouver's James Inglis Reid Ltd.* is the outcome of her endeavours.

Anne's grandfather, James Reid, arrived in Vancouver from Scotland in 1906 and in 1908 established his iconic store with the famous hallmarks of "We hae meat that ye can eat" and "Value Always." Following his retirement in 1945, the business was carried on by her father, Gordon Wyness, until it closed in 1986. Situated at 559 Granville Street for most of its time, Reid's was a fixture in Vancouver's downtown shopping district and became an important part of Vancouver's heritage.



This view of Reid's, ca. 1975, is similar to how the store appeared six years later, when options about the future of the business and the possible sale of its Granville Street Property were being seriously considered.



**It was an elegant, old-fashioned market, sawdust on the floor; big old-fashioned butcher blocks lining each side; beautiful slabs of marble serving as counter tops, and butchers...at least six of them serving with a smile. It was beautiful.**

Merle Ellios, *Honolulu Star-Bulletin*, 1977

(Excerpted from p. 147)

Customer view when they entered Reid's, 1943. To meet Department of Health regulations, fewer cured products were displayed over the years, and refrigerated counters were installed.

To generations of Vancouverites, Reid's was a gathering place, particularly for those of Scottish ancestry. Customers from inside and outside Vancouver were drawn by the store's cured and smoked bacons and hams, expertly prepared sausages and black puddings, freshly baked meat pies and scones all made on the premises using recipes and artisanal techniques passed down for decades. A haggis made by Reid's took centre stage at many Burns Night Suppers in the city, the province and beyond.

As a fellow emeritus **Dr. Joan Anderson** put it, "Anne's work is not only a riveting narrative about her family's business but also provides an outstanding contribution to our understanding of the construction of Canada, and to the history of Vancouver. The story resonates with the experiences of immigrants today, who come to Canada with their hopes and aspirations."



Gordon Wyness giving Joan Seidl, curator of history at the Museum of Vancouver, ca. 2002, a lesson in the correct way to string hams, even the mock ones used in the James Inglis Reid Ltd. display at the museum.

Photo credits from *The Larder of the Wise: The Story of Vancouver's James Inglis Reid Ltd.* Vancouver, B.C. Canada; Figure.1, 2020.

Exterior of store 1925-1932 on page 51:  
Museum of Vancouver H991.457.23

Exterior of store ca 1975 on page 134:  
unknown photographer COV-s511---:CVA 780-786

Interior of store 1943 on page 90:  
W.J. Moore photo Museum of Vancouver H991.457.24

Gordon Wyness at the Museum on page 148:  
Museum of Vancouver, courtesy of

Wyness Video



The Museum of Vancouver has created a permanent display commemorating this history, as well as a video interview in which Anne briefly tells the story of the shop, accompanied with images from her book. Scan or click the QR code to view.

# KUDOS

These represent a sample of the many awards and other accolades received by faculty, emeriti and adjuncts since January. For more, please visit our "News" and "Our People" webpages at nursing.ubc.ca.



**Agnes Black** | **2024 Nursing Leadership Award** The award is sponsored by the **Canadian Nurses Association** and is part of the **Canadian College of Health Leaders National Awards program**.



**Dr. Vicky Bungay** | **Canadian Institute of Health Research (CIHR) Peer Review Award** for outstanding performance in three consecutive project grant competitions.



**Dr. Suzanne Hetzel Campbell (et al)** | **American Journal of Nursing Book of the Year** First Place in the Maternal-Child/Neonatal Nursing category for *Core Curriculum for Interdisciplinary Lactation Care*



**Dr. Kristen Haase and Sarah Crowe** | **SFU-UBC Implementation Science Scholars**  
The inaugural cohort of IS Scholars comprises researchers from Simon Fraser University and the University of British Columbia, representing various facets of health research.



**Dr. Lillian Hung** | **Associate Professorship** UBC School of Nursing is proud to promote Lillian to the next rank in the professoriate stream.  
See page 6 for more changes to faculty.



**Dr. Shahin Kassam** | **World Health Organization (WHO) Technical Advisor** Shahin will be providing consultation on a global healthcare provider curriculum focused on refugee and migrant care.



**Dr. Lydia Wytenbroek** | **AMS Just Desserts Award** The Alma Mater Society awards this distinction at the recommendation of undergraduate and graduate student societies, to members of the UBC community who have shown outstanding passion and work in the spirit of service for students throughout the year.

## STUDENT KUDOS

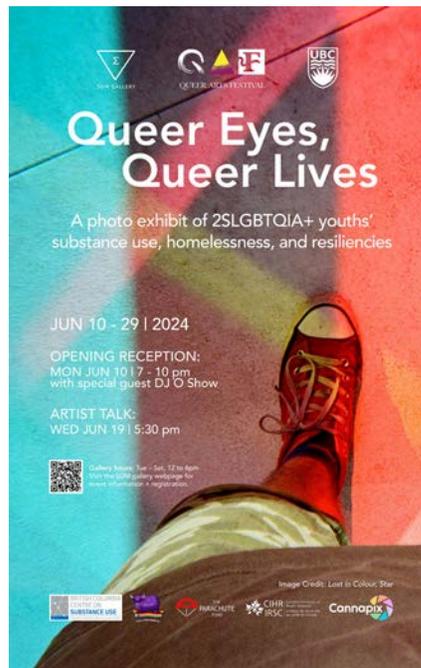
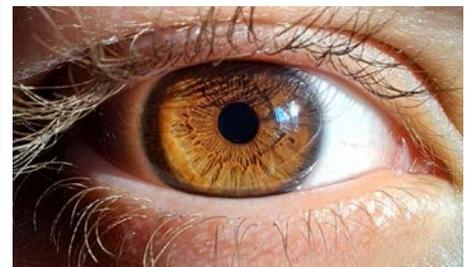
PhD trainees **Bukola Mary Ibitoye** | **IMPACT Salary Award**, **Catherine Liao** | **Karen Takacs Award**, and **Claire Pitcher** | **BC History of Nursing Society Award**.

Two BSN students received **2023/24 Premier Undergraduate Scholarships**: **Gwen (Hui Jie) Farm** | **Carl Bradford Robertson Scholarship**, and **Alexander Stolz** | **Sherwood Lett Memorial Scholarship**.

# Queer Eyes, Queer Lives: A photo exhibit of 2SLGBTQIA+ youths' substance use, homelessness, and resiliencies

This exhibition, which ran from June 10 to 29, 2024 as part of **Vancouver's Queer Arts Festival**, showcased photography from over 60 2SLGBTQIA+ youth who participated in UBC research studies on drug use. These young artists, aged 14 – 29, have created a body of work that largely centres around identity, substance use, housing, and mental health. The results are powerful and challenging, providing a visual snapshot of how 2SLGBTQIA+ youth grapple with these issues. Participation in these research studies was confidential and the artists consented to these photographs being shared, with many adopting pseudonyms or fake names.

Coordinated by university researchers **Christian Barborini** and **Trevor Goodyear**, together with the **Substance Use Beyond the Binary Youth Action Committee**, *Queer Eyes, Queer Lives* offers a visual reflection of how 2SLGBTQIA+ youth in Vancouver are building homes and lives of substance for themselves despite overlapping injustices faced. *Queer Eyes, Queer Lives* is generously supported by the **University of British Columbia**, **Cannapix**, the **Canadian Institute of Health Research**, and **British Columbia Centre on Substance Use**.



Photos clockwise from top left: Untitled by **Billy**; **Doorways** by **Xavier**; **Hoops** by **Kyrie**; **Mesmerized** by **Micah**; **Lauren's Weed Tray** by **Lauren**; **YAC logo** by **Sophie McKenzie**; **Lost in Colour** by **Star** forms the backdrop for the exhibition poster; **A Bag** by **Edgar**.



# Refreshing an Accreditation Process

## MHLP Student Experience - Jordan Quinlan



As part of her practicum in the [Master of Health Leadership and Policy in Clinical Education](#), **Jordan Quinlan** developed customized manuals that will be used across all **Provincial Health Services Authority** (PHSA) sites to ensure their practices align with Accreditation Canada's infection prevention and control standards.

Clinical Education students complete a practicum where they have the opportunity to apply the healthcare and leadership knowledge they've gained over the course of the program to a real-world setting. Program Director [Dr. Cheryl Segaric](#) meets with students one-on-one early in the year to identify students' interests and then proposes various practicum options. Jordan, a clinical nurse educator, shared their experience of this process with us.

**“Cheryl asked me if I would be interested in working on this accreditation project because of my past experience with quality improvement initiatives.”**

Jordan had previously initiated a weapons screening project at St. Paul's Hospital in Vancouver to improve safety for staff and patients in the emergency department making this practicum a natural choice.

### A NEW APPROACH TO ACCREDITATION

For her practicum, Jordan and fellow student **Cheryl Surya** worked with the PHSA Accreditation Refresh team and the infection prevention and control team to develop customized manuals that are reflective of each of the PHSA sites. This large portfolio includes **BC Women's Hospital, BC Children's Hospital, BC Cancer, BC Mental Health & Substance Use Services and Correctional Health Services.**

Under the previous system, each team lead would have to review up to 70 pages of standards and documentation to determine what elements of the accreditation process specifically applied to their program. Thanks to Jordan's work, team leads can now refer to each customized manual that includes the information most relevant to them.

**“When it comes time for accreditation, team leads will benefit from this condensed format that only contains content that applies to their practice and program. The new manual lists out exactly what topics they need to find evidence for.”**

### GROWING AS A LEADER

Jordan says that the practicum enabled her to slow down and apply learnings from her MHLP coursework.

**“This process illustrated to me the difference between being a point-of-care professional and a leader.”**

“In my work in emergency rooms, I thrive in an environment that depends on efficiency and getting things done quickly. This practicum required me to embrace a slower process – to identify stakeholders, do an environmental scan, conduct research and get people on board to share information and contribute ideas.”

She says she pulled on strategies of change management that students explored in the business and leadership courses that make up about 40 per cent of the curriculum.

**“I recognized that what was an urgent priority for me in this work was not an equivalently urgent priority for others. I invested the time in meaningful conversations with staff to find out what they valued, what had been a challenge on prior assessments and then build a common ground for this new framework.”**

## TAKING THE STRESS OUT OF ACCREDITATION

For many healthcare professionals, the accreditation process is perceived as a stressful and disruptive process. Jordan hopes that the new approach will help staff see the accreditation process as a valuable opportunity to improve safety and patient outcomes.

The work done by the MHLP students for the infection control and prevention standards represents the first of the new set of manuals PHSA is planning to develop.

PHSA will use the learning from the process to guide the work on other standard areas.

## LOOKING AHEAD

Jordan came to the MHLP in Clinical Education with more than a decade of experience working in emergency departments across the Lower Mainland, both in point-of-care roles and as an educator.

She is committed to helping newly trained emergency nurses find their niche in the professional world, believing that much can be done to create healthy, safe workplaces where nurses and other healthcare professionals can practice without burnout.

**“There’s this mindset out there that emergency departments aren’t sustainable places for people to work over their careers. I don’t believe it has to be that way. There’s such value in having people who want to continue working in this department.”**

She hopes to leverage the new leadership skills she’s developed over the two-year part-time MHLP in Clinical Education to move into roles where she can create psychologically safe workplaces and support healthcare workers – which will ultimately translate to better patient-centred care.

“I am excited to explore how I can use this program to make a difference,” says Jordan.

**“I have a lot of opportunities with my ongoing work on safety and violence initiatives, but I want to move this to a regional level to identify ways to support our healthcare workers – there are so many opportunities to improve patient outcomes and create better workplaces.”**



REPRINTED FROM UBC MHLP NEWS & EVENTS

# Announcing Two New Labs and One New Centre



Capacity, The Centre for Research in Community Engagement and Gender Equity, led by Dr. Vicky Bungay, has officially become a centre at UBC, joining the 18-year-old Stigma And Resilience Among Vulnerable Youth Centre ([Dr. Elizabeth Saewyc](#), Executive Director) and the Wellstream Canadian Centre for Innovation in Child & Youth Mental Health & Substance Use ([Dr. Emily Jenkins](#), Scientific Director), which obtained centre status in 2024.

In addition, two new labs launched over the last few months: the Healthy Outcomes by improving Patient and providers Experiences, or HOPE Lab, led by [Dr. Farinaz Havaei](#), and the Leadership, Excellence, and Research in Nursing Education, or LEaRN Lab led by [Dr. Nassim Adhami](#), [Dr. Elisabeth Bailey](#), [Carla Ferreira](#) and [Ashley Scott](#). All these centres and labs serve as hubs for research, education innovations, collaboration, and support, further enhancing our ability to address pressing health policy and healthcare challenges, and support nursing educators and nursing students. Click or scan the codes to visit the websites.



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