



Donna Paradowski

2024

**Erickson Kline Moerike
NP Preceptor Award**

Donna Paradowski draws on her decades of experience as a nurse and family practitioner to run her own independent practice. She applies patient-centred, trauma-informed and culturally sensitive health care to a spectrum of patients from newborns to the elderly. She maintains an interest in women's health, including hormone replacement therapy and contraception management, but Donna has a wealth of additional experience from working in northern and rural regions, which she gladly shares with her students.

For example, Donna's background includes running a high-risk foot protection clinic where she honed her expertise in treating conditions which are integral to chronic disease management. Her work in a decentralized Primary Care Network (PCN) model in Edmonton taught her the importance of collaborative care towards achieving positive patient outcomes and has greatly influenced her practice and informed her desire to advocate for similar models of practice in BC. She is an exemplary nursing leader, mentor and health care provider whose lengthy career has undoubtedly epitomised the role of the nurse practitioner in BC.

Her genuine concern for her patients in caring for them from cradle to end-of-life and her ability to mentor new staff while taking on preceptor students at her clinic, make Donna not only a daunting yet excellent role model for NP students but they also make her emphatically deserving of this recognition.