



## Arveen Sandhu

### Recent Alumni Award

Arveen Sandhu is a graduate of the BSN Class of 2019 whose impact on nursing, public health, and healthcare policy has been truly remarkable. Since completing her degree, Arveen has taken on leadership roles at Vancouver Coastal Health, most recently as the Regional Practice Initiatives Lead in Professional Practice. In this role, she has championed the advancement of nursing scope of practice, led the creation of clinical policy, and worked to standardize care across the region — all with an unwavering focus on patient-centered, culturally safe care.

Arveen's leadership during the COVID-19 pandemic was nothing short of extraordinary. She played a central role in the development and delivery of large-scale testing and vaccination programs, helping to establish accessible services across urban, rural, and Indigenous communities. Her efforts ensured safe, equitable care during some of our most challenging moments.

She also co-led a provincial initiative to support LPNs working in mental health and substance use, contributing to new competency tools, curriculum development, and meaningful patient engagement. Her work in this space has helped shape a more inclusive and responsive nursing workforce.

Whether designing policies, mentoring teams, or giving of her time to local and global communities, Arveen brings expertise, compassion, and a strong sense of social responsibility to everything she does — all while balancing a Master's program and a young family.

Arveen Sandhu is an inspiring leader and changemaker — wholly deserving of the 2025 UBC Nursing Recent Alumni Award.