Dr. Dawn Stacey joins us as the official respondent for the PechaKucha series. As the Research Chair in Knowledge Translation to Patients at the University of Ottawa as well as co-chairing the Steering Committee for the International Patient Decision Aid Standards Collaboration, Dr. Stacey’s vantage point will allow her to provide wide ranging reflections across the presentations. We look forward to hearing her insights, fresh interpretations, and how these 400 second doses of inspiration add up to something greater than the sum of the parts.

To view recordings of the event: https://nursing.ubc.ca/events/2018/MWLsymposium
FROM ILLNESS TO INSPIRATION
After 104 days in hospital due to mental health issues and a surgery that left her in a coma, Anita wanted nothing to do with the medical system. Then she discovered that as a patient partner she could influence change. Since 2017, Anita has been involved in 10 committees/research projects and has no plans on slowing down. She discovered her passion for working in mental health, reducing stigma, and making a difference in the lives of others.

ENGAGING OLDER MEN IN PHYSICAL ACTIVITY
This presentation highlights key findings from a qualitative research study using PhotoVoice methods. This research extends the knowledge base around intersections among older men, physical activity, and masculinities; and provides a glimpse of the diversity of older men and the need for physical activity programs that are unique to individual preferences and capacities.

PATIENT POWER: GUIDING PRIMARY HEALTH CARE TRANSFORMATION
Transforming the way the primary health care system operates requires input from those whom it is meant to serve: individuals, groups and populations. To date, measuring patient experiences lags behind. More attention needs to be paid to capturing patients with complex intersecting health and social problems that result from inequitable distribution of wealth and/or underlying structural inequities.

ADVANCING THE PATIENT VOICE
After her husband’s unexpected hospital death just eight days after successful surgery in 2008, Carolyn Canfield rose above tragedy to learn about safety and changing culture for better experiences for patients and for health care workers. Her contributions exemplify the value of partnerships that integrate patient expertise with care providers’ vigilance, proficiency and accountability.

EQUIPPING HEALTH CARE FOR EQUITY
Our research has shown that equity promoting care requires trauma and violence informed approaches, cultural safety and harm reduction and that such care improves patient outcomes. Our team has mobilized this knowledge for diverse health care contexts through innovative online modules and practice tools.

HERE TO STAY: THE STILL HERE PROJECT
This year’s addition to The Still Here Project highlights the photographs and stories of 22 gay and bisexual men living with HIV whom have struggled with suicide. Through their efforts, we hope to further the conversation about mental health and suicide.

TAKING STEPS TOWARDS COMMUNITY CONNECTION: PHYSICAL ACTIVITY PROGRAMS IN THE DTES
Warrior Women’s Wellness Program is a Trauma and Violence Informed Physical Activity Program created by and for pregnant and parenting women in Vancouver’s DTES. This presentation will include how community-based research informed the program, the highlights and the lessons learned.

Powered by PechaKucha speakers each have exactly 20 slides x 20 seconds (6mins 40sec) to tell their story. When the presenter is ready to go, the 20x20 begins—there is no stop or go back. That’s part of the fun!

afternoon
Symposium 2018