



From prison to plate:

How connections between men in federal custody and Indigenous families impacts food security, food sovereignty and wellbeing

Kelsey Timler, MSc

DATE: Wednesday, Sept. 20, 2017

TIME: 1-2pm

VENUE: Room T206, UBC Nursing, 3rd Floor - UBC Hospital



An organic garden in a federal prison in British Columbia (BC) employs incarcerated men who grow and harvest produce that is subsequently donated to the Tsilhqot'in First Nation of central interior BC. Research on the impacts of this garden highlights the substantial benefit on participating men, as well as the potential to draw on Tsilhqot'in community strengths and priorities to expand program impacts on both community food security and food sovereignty, and increase healing and holistic wellbeing for both the men and communities. Drawing on critical social justice theories and the principles of food sovereignty, findings from this ethnographic thesis research and next steps for knowledge translation will be discussed.

Kelsey Timler has a background in medical anthropology and professional cooking, interests which have combined to create an enduring passion for food and the ways that growing, cooking and eating food together can create and sustain safe and equitable spaces for social justice to take hold and flourish. She works as a Research Manager on Work 2 Give Research, a program of research focused on a unique prison-community partnership that exists across British Columbia. She completed her Master's of Science in Population and Public Health in 2017. Kelsey is a white settler, born in Calgary but more at home in the mountains and oceans of the Northwest Coast.